Family and Community Support Office of the Brain Injury Association at Carolinas Rehabilitation

Brain Injury Support Group Network

Support groups for individuals with brain injury resulting from head trauma/traumatic brain injury, stroke, aneurysm, tumor, anoxia (lack of oxygen), and other causes and their families.

Updated: 11/06

What is a Support Group Network?

The purpose of a support group network is sharing with and supporting one another, meeting others dealing with similar life circumstances, working together to increase the public awareness of brain injury and learning about helpful resources.

Support Group Networks include:

- Learning about life after brain injury
- Group Discussions
- Meeting other people
- Recreational and social activities
- Sharing ideas
- Giving and receiving information

Contact the Family and Community Support Center of the Brain Injury Association of North Carolina at Carolinas Rehabilitation at 704-355-1502 or Toll Free at 1-800-634-2256 extension 51502 for more information on any of these support groups or for information on support groups in other areas of North and South Carolina.

We can also provide assistance with establishing a support group in your community.

A Few Support Group Networks

Contact 704-355-1502 for other groups in North and South Carolina

CHARLOTTE AREA BRAIN INJURY ASSOCIATION
MEETINGS: 1st Tuesday of the Month
TIME: 6:30pm – 8:00pm
LOCATION: Carolinas Rehabilitation
CONTACT: Sally Rickard
704-355-2620 or 704-355-1502

UNION COUNTY BRAIN INJURY SUPPORT NETWORK
MEETINGS: 1st Monday of the Month
TIME: 7:00pm – 8:30pm
LOCATION: Union Regional Medical Center/Outpatient Center, Monroe, NC
CONTACT: Peggy Philbrick
704-355-4354 or 704-355-1502

LAKE NORMAN AREA BRAIN INJURY SUPPORT NETWORK
MEETINGS: 4th Monday of the Month
TIME: 7:00pm – 8:30pm
LOCATION: Lake Norman Regional Medical Center
Mooresville, NC
CONTACT: Sylvia Whitmire
704-224-6069

CONCORD AREA BRAIN INJURY/SPINAL CORD INJURY SUPPORT NETWORK
MEETINGS: 3rd Monday of the Month
TIME: 7:00pm-8:30pm
LOCATION: Forrest Hills United Methodist Church
CONTACT: Gayle Pittman
704-888-4110
Margaret Love
704-784-2503

Call to verify meeting time, day and location as these may change.
Brain Injury Facts

- Every 23 seconds, someone in the United States sustains a Traumatic Brain Injury (TBI). TBI occurs from a blow or jolt to the head. Leading causes include falls, motor vehicle/traffic crashes, and assaults.

- Every 45 seconds someone in the United States has a stroke. Stroke can happen to children, adolescents, young and older adults.

- In the United States the overall incidence of brain tumors is more than 14 per 100,000 people.

- Up to 1 in 15 people in the United States will develop a brain aneurysm most commonly detected in those ages 35 to 60.

- Anoxic brain injuries occur when there is a lack of oxygen supplied to the brain. Cardiac arrest, near drowning, electrocutions are a few examples of what may cause this.

BRAIN INJURY ASSOCIATION OF NORTH CAROLINA (BIANC)

BIANC is involved with Brain Injury Prevention, Education, Research and Advocacy, and is an affiliate of the national Brain Injury Association of America. Website: www.biausa.org

Tax deductible donations and memberships help fund BIANC. All donations, memberships, memorials and gifts are graciously welcomed.

Raleigh, NC
Triangle Family and Community Support Office
1-800-377-1464
Website: www.bianc.net

Charlotte, NC
Family and Community Support Office at Carolinas Rehabilitation
704-355-1502 or 1-800-634-2256 ext 51502

Greenville, NC
Eastern Family and Community Support Office
1-800-697-3115

Asheville, NC
Family and Community Support Office at Community Care Partners Outpatient Program
1-866-890-7801