



Carmel Family Physicians
CAROLINAS HEALTHCARE SYSTEM
DEPARTMENTAL PROCEDURES

Dear Patient,

Thank you for choosing Carmel Family Physicians for your health maintenance needs.

We do our best to provide comprehensive medical care, which includes the Preventive Health Maintenance exam that you are scheduled for today.

A Preventive Health Maintenance Exam is defined as:

The CPT guidelines indicate the use of these codes for face-to-face visits provided by a physician or other qualified health care professional “promoting health and preventing illness or injury. Preventive medicine counseling and risk factor reduction interventions will vary with age and should address such issues as family problems, diet and exercise, substance abuse, sexual practices, injury prevention, smoking cessation, dental health, and diagnostic and laboratory test results available at the time of the encounter.”

We understand that you may want to discuss issues regarding your health other than the preventive services listed above. This may include chronic medication refills or a new problem or injury. Please know that we will do our best to provide that diagnostic office time to you when possible. Please be aware that these services may not be considered part of your health maintenance benefit and may be reported separately when performed. Your insurance carrier may choose not to cover these services on the day of your physical exam, therefore, you may be billed separately and a co-pay or deductible may be required.

Insurance plans change yearly so it is important for you to understand your individual insurance plan and benefits. Each carrier processes claims differently.

The following labs will be done as part of your routine physical exam. Please verify with your insurance that these labs are covered prior to your visit:

CPT code: 80061	Lipid panel (triglycerides, HDL, LDL, Cholesterol)
CPT code: 80050	General health panel
	- CBC (85025)
	- TSH (84443)
	- CMP (80053)

Attention Medicare Patients:

Medicare does not pay for a routine physical. The IPPE is a comprehensive health assessment that is covered yearly. If you have not received and filled out the appropriate paperwork in advance and have any chronic or acute issues to discuss, we recommend addressing those today and rescheduling your IPPE.

Patient Signature

Date