

## **Genetic Testing offered at Charlotte OB/GYN**

The goal of our practice is to ensure that you receive optimal care and attention to improve your chances of having a healthy pregnancy, and of course, a healthy child. Recent advances in genomic technology allow our patients to receive genetic counseling and testing at affordable prices. Here at Charlotte OB/GYN, we offer the following genetic testing, which is an important part of family planning and prenatal care:

**First Trimester Screen** – for chromosome abnormalities, including Down syndrome

- Performed between 9 weeks and 13 weeks and 6 days gestation

**Carrier testing** – recommended for pregnant women or anyone planning a pregnancy

- This test is a screening for patients who may have a family history/unknown/no family history of a recessive genetic disease.
- Can be performed at any time before or during pregnancy

**Cell-free DNA** – recommended for pregnant women who are 35 and over, however, can be given at any age during pregnant

- This test is a screening of the baby's DNA for certain conditions
- Usually performed after 10 weeks gestation

**These tests are elective but recommended by your provider.**