



June 2014

*I speak to the black experience, but I am always talking about the human condition.*

~ Maya Angelou (1928-2014)

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## PRESIDENT SHEPPARD RECOGNIZED BY BUSINESS JOURNAL

Congratulations to Carolinas College's President, Dr. Ellen Sheppard, who is the recipient of an outstanding local award for her leadership and contributions to Charlotte! The Charlotte Business Journal will recognize Dr. Sheppard at its 18th Annual Women in Business Awards on **June 3**. The ceremony acknowledges outstanding businesswomen from the region who have made significant contributions to their professions and to our community during the past year.



President Ellen Sheppard

## STUDENT OF THE MONTH



Christi Milledge

Congratulations to Christi Milledge, the Student of the Month for June. Christi demonstrates leadership, caring, excellent communication and teamwork as a member of the Student Ambassador organization. During final exams Christi found time to create appreciation gifts for the graduating Student Ambassadors. Christi recruited new members, organized the presiding ambassador's to make welcome calls to new incoming students, and gave a brief training to them prior to the phone calls and new student orientation. She is a valued member of the Student Ambassadors organization. Christi's organizational and communication skills made it possible to have a flawless orientation.

## 6 STUDENTS NEEDED FOR PAID 1-DAY PROJECT

The Carolinas Poison Center (CPC) has contracted with the American Association of Poison Control Centers (AAPCC) to participate in a Centers for Disease Control and Prevention (CDC)-supported project to pilot a nationwide influenza phone line called "Flu on Call." Students will be paid \$12.50/hour for training and the one-day project. Game? Watch your student email for information.

## FROM THE REGISTRAR'S OFFICE...

The fall 2014 Online Registration Information and Course Listing will be published and emailed to all students by **June 4** and will also be posted on the college's information portal. Online registration for nursing, radiologic technology, radiation therapy, surgical technology and CRIBN students (only) will begin **June 16**. General studies (including pre-nursing and pre-radiologic technology) program students will be able to register beginning **June 23** and open online registration will continue through **Aug. 22**. Please remember that you will need to meet with your academic advisor prior to registering in SONIS for the fall semester. To call your advisor, dial 704355.5043, select option one, say his/her name. You'll be connected and can leave a message.

If you intend to graduate this December, submit your Application for Graduation to the registrar. The deadline to apply is June 27, 2014. The application can be found on the information portal under the Admissions/Registrar/Graduation Support section. Details you need about graduation, including the deadlines and the Application for Graduation,

**CCHS Hours of Operation**  
Mon - Fri, 7:30 a.m. - 4:30 p.m.

**CCHS Computer Lab Hours**  
24 hours a day, 7 days a week  
via student badge access

**Computer Lab Staff Support Hours:**  
Mon - Thurs, 8 a.m. to 7:30 p.m.  
Friday, 8 a.m. to 4:30 p.m.  
Saturday, 11 a.m. to 2 p.m.

**AHEC Library & Study Rooms**  
Medical Education Building (MEB)  
Mon - Fri, 8 a.m. - 5 p.m.  
Badge access to MEB and to  
the 2nd floor study  
rooms is available 24/7.

**AHEC Special Hours:**  
Closed June 9 (8 to noon) and  
June 16 (all day).

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## OUTSTANDING EDUCATOR AND DISTINGUISHED ALUMNUS

Each year the college's Board of Directors selects one educator and one alumnus for recognition among all those nominated. Announcing the 2014 recipients...



Kelly Shirley  
2014 Outstanding Educator

**Kelly Shirley**, MAEd, MLS(ASCP) SBB, Clinical Laboratory Sciences Director and faculty, was nominated for excellence in the classroom, deep commitment to student success, and passion for high quality patient care through laboratory excellence. She received her undergraduate degree in biology and chemistry from Appalachian State University and is a graduate of Mercy Hospital School of Medical Technology. She began her Medical Technology career as a generalist in the Mercy Hospital clinical laboratory and began working for Carolinas HealthCare System in 1986 in the Carolinas Medical Center Blood Bank. Kelly became an instructor in the School of Medical Technology in 1988 and received her Specialist in Blood Banking in 1991. In 2005, she earned her Masters in Education from the University of Phoenix. Kelly became the director of the School of Clinical Laboratory Sciences in April 2010. Kelly is married to a Charlotte firefighter and they have two sons; one in college at NC State and one in dental school at Virginia Commonwealth University.

**Susan Poston Stricker**, BS, RT, graduated from the Charlotte Memorial X-ray program in 1960 and in 1965 was named program director. She led the program until her retirement in 2007. Each of the current rad tech faculty was her student. Susan joined the program in the era of dark rooms and wet film, and retired having led it through accreditation and the transition to digital images. Since retiring, Susan's been an active alumnus and serves on the CCHS Development and Scholarship Committee. She and husband Jack reside in Waxhaw and enjoy gourmet culinary adventures and spending time with their numerous pets. Carolinas College is proud to recognize Susan Poston Stricker as its 2014 Distinguished Alumnus.



Susan Stricker  
2014 Distinguished Alumnus

## CATHY HOLTON RETURNS TO THE SCHOOL OF NURSING



Cathy Holton

Catherine (Cathy) L. Holton, RN, MSN, CNE became the new Associate Dean for the School of Nursing on May 5. Cathy has been a nurse educator for 19 years and a nurse for 27 years. She was employed by CHS for 20 years with 15 years at Carolinas College of Health Sciences as a faculty member (clinical and classroom) in fundamentals, maternal-neonatal nursing and behavioral health nursing. Cathy transitioned to a full-time faculty role in 2009 at CPCC for 2 years before she was promoted to director of nursing education in 2011. Most recently, Cathy received the prestigious 2013 CPCC Administrator of the Year Award. Please welcome Cathy as she returns to the college in her new role. Her office is room 102.

## MLS STUDENT WINS HONORS

CCHS is very proud of Brian Childers, Medical Laboratory Science student and recipient of the Dr. Richard Earley Award for Outstanding Scholarship in Clinical Laboratory Science. At the awards banquet in April, Brian was recognized by the North Carolina local section of the American Association of Clinical Chemistry for his dedication, professionalism, and academic excellence exhibited while in the MLS program at Carolinas College. Way to go Brian!



Brian Childers

## PHI THETA KAPPA (PTK) NEWS

Thanks to the participants who made the May 22 blood drive a success! Final numbers are pending but at least 16 pints of blood were donated. The next induction ceremony will be on **June 12**. Invitations have been sent to 60 potential new members. Details are on the PTK page of the college's information portal. PTK t-shirts are available for purchase, \$9.90; please see Cathey Miller in room 252 to get yours today.

### Coming Events:

**June 6:** PTK Meeting, 11 a.m., room 151. All members PTK are encouraged to attend; very important business to discuss.

**June 12:** PTK Induction Ceremony.

**June 18:** Volunteering at The Men's Shelter of Charlotte, 5:30 - 7 p.m. Sign ups located on PTK's page on the information portal.

## WE COULDN'T HAVE DONE IT WITHOUT YOU!



FR, L-R: Sally Ware (Chief Marshall), Alisha Blinck, Heather Darnell, Shanelle Lemon-Mushatt & Ashley Jagielnicki. BR, L-R: Courtney Britton, Emily Olds. Not pictured: Hallie Sanchez

Congratulations to the 75 nursing, radiologic technology, and surgical technology students who graduated on May 2. Additional thanks to the eight students who were selected to serve as graduation marshals (see above). Special thanks to Sally Ware who served as the chief marshal and carried the college flag in the processional. Marshals are selected on the basis of outstanding academic achievement. The commencement

speaker was Connie Bonebrake, Senior Vice President and Chief Patient Experience Officer for Carolinas HealthCare System.



Mason Smith, ST; Adam Cannon, RT (in background); Elizabeth Southerland, ST; Kathy Stallard, ST, prepare to walk in the graduation processional in May 2014.

## IT WAS A SPECIAL NIGHT...



Members of the Nursing Class of May 2014 receive their caps/pins.

completing a probationary period in their training; they received pins upon graduation. Both were unique to their school of nursing, and easily identifiable in the hospital environment. The caps/pins were a significant source of school pride. During the 1980's most hospitals stopped requiring that nurses wear caps and the tradition faded.

A few years ago, the mother of one student requested a small, private capping ceremony for her daughter and the tradition was reborn at CCHS. It is a voluntary event that has grown with each graduating class. This year, 200 students, friends and families assembled in the Suzanne Freeman Auditorium to celebrate. Students honored nurses who had influenced their career path by inviting them to cap/pin them. Students also received Florence Nightingale lamps to commemorate the evening and they were lit prior to the recitation of the Florence Nightingale Pledge. Virginia Stuart Cloer, Class of 1951, was there to light the first candle.

Special thanks to intermediate nursing students, Becka Blanchard, Christi Milledge, Kayla Lowe, John Willoughby, Lindsay Helms, Lisa Brians, Mandi Raines, Nicole Lemmons, Vicki Blaney, and Kim Mitchum for volunteering their time and energy to make this a success.

Nursing students graduating in December should begin thinking now about participation in this meaningful celebration and who they might want to invite to cap or pin them!

On the evening of May 1, 28 graduating nursing students participated in a capping/pinning ceremony which has become a Carolinas College tradition. Historically, students of hospital-based nursing programs were awarded their caps as a rite of passage after



School of Nursing Alumnus Virginia Stuart Cloer, Class of 1951, lights a ceremonial candle.

# THANK YOU



Back Row, L-R: Bryan McLaughlin, Amanda Proffit, Taylor Kauffman, Michelle Kemp, Rebecca Blanchard. Front Row, L-R: Rhoda Rillorta, Ashton Pope, Hannah Shelton, Christi Milledge, Lexi Clemmons. Not Pictured: Alisha Blinck and Kathy Hadley

CCHS Student Ambassadors returned early from spring break to assist with new student orientation. They made phone calls to new incoming students, helped with registration, gave tours, and lead the ice breaker sessions. They also shared their experiences and life around the college. Without their helping hands and passion for Carolinas College, we couldn't have pulled it off!

**Interested in being a Student Ambassador?** Student ambassadors play a vital role in the admissions process by helping out with recruiting, new student orientation, information sessions, and graduation. If you would like information about becoming a student ambassador, please see Rhoda Rillorta in room 168 or email her at [Rhoda.Rillorta@CarolinasCollege.edu](mailto:Rhoda.Rillorta@CarolinasCollege.edu).



### How Did We Do During New Student Orientation?

Your opinion matters! We want to know how new student orientation went for you. Did we answer your questions? Was content covered in a timely manner? Please complete the New Student Orientation Survey sent to your CCHS email. Your feedback is important to us. Participation initiates change and is appreciated!



At left: Students participate in an ice breaker presented by the Student Ambassadors.

## TST CLINIC IS BACK!

After months of delays due to a national shortage, the TST Clinic is back in business! TST is the Tuberculin Skin Test, part of CHS's safety plan for all patients, employees, and students. An annual TST assesses likely exposure to TB, so you can get the care you need. A TST is required during your birthday month or you can opt to get the test as much as 90 days in advance of your birthday. Free TST's are available at CCHS and at the Employee Health Office in the Annex Building across from the CMC ED. TST's will be administered in the college lobby on **June 30, 10:45 to 11:30 a.m.** If you are unable to take advantage of this, visit the Employee Health office in the CMC Annex Building for your free TST, M - F, 7:30 - 4:30.

## TEAMMATE SPOTLIGHT (A student-requested monthly feature.)

Brenda Vasquez began her career as a registered nurse in 1974 upon graduating from the University of North Carolina - Charlotte. She initially worked on a medical/surgical unit at Charlotte Memorial Hospital (currently Carolinas Medical Center) as a staff nurse and then as the assistant nurse manager. In 1976 she became an instructor in the education and staff development department. In this role, she provided educational presentations for the staff of this 750-bed medical center; developed a six-month internship program for new graduate nurses and then a preceptorship program that was implemented throughout the entire hospital, which is still in existence to this day. In addition to these projects, Brenda developed a competency-based orientation program for all newly hired nurses that incorporated the model developed by Dorothy Del Bueno, a renowned leader in nursing education.

In 1980, Brenda was promoted to coordinator of education and staff development. In this role Brenda was responsible for coordinating the orientation, training, continuing education and management development for the nursing staff. During her time in this role she was also given responsibility for supervision of patient educators who provided diabetes education and education for patients with sickle cell anemia.

In 1990, Brenda received her Master's degree in Nursing and began teaching at Charlotte Mecklenburg Hospital Authority School of Nursing which is now known as Carolinas College of Health Sciences. As a full time nursing faculty, Brenda has taught adult health nursing and has enjoyed the blending of classroom education with clinical instruction. She finds great delight in promoting caring behaviors and holistic nursing as she facilitates students' learning in the clinical area. She has one daughter, Emily, who is currently working on her PhD in medical and sociological research. She is married and she and her husband enjoy traveling and have made many trips to Europe and South America.



**Brenda Vasquez, MSN, RN**

## WELCOME ABOARD!



**Carol Vardian, RN**

The Department of Continuing Education (Nurse Aide Program) welcomes two new PRN instructors:

**Carol Vardian** retired a month ago after 42 years as a registered nurse in long term care. She is from Buffalo, NY and loves to read, garden, exercise and play with her three grandchildren.

**Rachel Chapman** is a 2012 CCHS SON alumnus and worked several years as an LPN before going back to school to become a registered nurse. Rachel is working on her BSN and plans to complete in 2015. She has two teenaged sons and they all do homework together! She loves live music and goes to lots of concerts.

The department is thrilled to have their expertise in long term care and they are excited to share their passion for the geriatric population with the nurse aide students. Welcome!



**Rachel Chapman, RN  
CCCHS Class of 2012**

## OPEN FORUM WITH PRESIDENT SHEPPARD

CCHS students have many opportunities for input into college decision making: service on college committees, end-of-course surveys, suggestion board (across from classroom 161), SGA opinion polls, etc. One of the most significant is the bi-monthly President's Forum. Attend, and let your voice be heard! Dr. Sheppard will be available Thursday, **June 26**, room 137, 2 - 2:45 p.m. Unable to fit this into your schedule, no problem! Stop by her office (Room 110) or shoot her an email: [Ellen.Sheppard@CarolinasCollege.edu](mailto:Ellen.Sheppard@CarolinasCollege.edu).



**Doug Frankenburg MS, RT(R)**  
Director  
Radiologic Technology

## FROM THE RADIOLOGIC TECHNOLOGY PROGRAM DIRECTOR

The summer semester is upon us, and the faculty and I find ourselves reflecting back on the recent graduating class. We are VERY proud of our recent graduates all of whom passed the ARRT Board examination on the first attempt! This extends the record of our RT program to 29/30 years in which RT graduates passed the ARRT examination on the first attempt. We are now honored to welcome the class of 2014 to our profession as registered radiographers.

Our Level 1 students are now fully “immersed” in the summer semester of transition, and we are fully confident that they will competently and effectively move into their “senior” Level 2 status as summer becomes fall! We are also excited and anxiously awaiting the arrival of our new Radiologic Technology “Class of 2016” in August.

My sincere gratitude to Lucy, Cathey, and Jodie: the *absolutely amazing* professionals who enable our program to achieve such great success, and our students to reach goals that they may never have envisioned. It is a great privilege to be part of a group so dedicated, so skilled, and SO good at what they do! On behalf of the Radiologic Technology program I wish all of the students “spending the summer with us at CCHS” the very best!

## FROM THE BUSINESS OFFICE

**Financial Aid** - If you are planning to use federal student aid (Pell Grant, Work Study, Federal Student Direct Loans) for the 2014 - 2015 academic year starting in the fall, now is the time to complete your 2014 -2015 Free Application for Federal Student Aid (FAFSA). This can be completed online at [www.fafsa.ed.gov](http://www.fafsa.ed.gov). You will need information from your 2013 federal tax return in order to complete the FAFSA. Be sure the Federal School Code for CCHS (031042) is listed.

**Financial Aid Refund Checks** - Checks will be available starting on **June 10** at 10 a.m. in the business office (room 208). Your CCHS Student ID must be presented to pick up checks.

**New Students** – The following steps must be completed and funds received before your refund check can be generated.

- ☞ Signed award letter must be returned to the business office.
- ☞ Federal Direct Loan MPN.
- ☞ Online loan entrance counseling at [www.studentloans.gov](http://www.studentloans.gov).

## STUDENT NURSES ASSOCIATION (SNA)

Happy summer from the SNA! THANK YOU to all who ordered t-shirts and purchased treats at our recent bake sale. Proceeds will go toward a scholarship for a graduating senior next fall.

The next general member meeting is Thursday, **June 12** from 10:30 - 11:30, room 161. The featured speaker will be Kim Blount, MSN, RN, CCRN, Critical Care Clinical Nurse Specialist and Program Coordinator of the Journey Program. The Journey Program is a critical care residency program that provides “on the job” training designed to bridge the transition from student nurse to professional bedside critical care nurse. Through didactic classroom activities, state of the art simulation lab scenarios, and bedside precepted experiences, new graduate nurses gain confidence, knowledge and skills. If you are interested in hearing more, please join us.

Considering joining SNA? Membership is a one-time fee of \$10. Interested in being on the SNA Board? Great! The Community Service Chair position is still available. Email Ashton Pope (SNA President) at [Ashton.Pope@cchsmail.org](mailto:Ashton.Pope@cchsmail.org) for more information.

## STUDY HEALTHCARE QUALITY WITH A CHS VICE PRESIDENT THIS SUMMER

CCHS is offering **Special Topics: Transforming Quality Care** this summer, and it’s not too late for you to join in. It’s a series of three 1-credit elective classes and you can still get in on two of the three topics by enrolling now. Class meets Thursday afternoons and every other Friday afternoon for a hands on field experience. The topic on June 5, 6, and 12 is **Measuring, Inspiring, and Verifying Quality Care**. Later in June the class learns about **Transforming Healthcare Delivery & Delivering Quality Care to the High Risk, High Utilization Population**. These are topics too new for textbooks, but which CCHS students have access to through the college’s relationship with Carolinas HealthCare System. To register for either or both of the remaining topics, contact Joy Godwin or the college registrar, Sue Roux.



## STUDENT GOVERNMENT ASSOCIATION (SGA) UPDATE



You asked for it, you got it! A frequent suggestion from the student body to SGA was additional seating in the courtyard. SGA members heard you and have purchased Adirondack chairs and a matching table as the 2014 Class Gift. These new accommodations will be placed in the area near the gazebo where the drink machines used to be. SGA is happy to provide this comfortable conversation space for students, faculty and staff to enjoy and would like to thank you for your support of the fundraisers which make these class gifts possible each year. Said President Sheppard in accepting the gift, "The tradition of leaving a class gift, something that will enhance CCHS for years to come, is inspiring and so much appreciated. This new seating area is a lovely addition to our culture of relaxed collegiality. Thank you!"

On another note, SGA is ready to embark on a new year. Watch your email and the monitor in the lobby for updates on

the election of new officers for 2015. SGA serves the college as the voice to administration and would welcome all. One way you can relay suggestions/comments is by utilizing the SGA bulletin board on the 100 hallway. Let SGA know how things are going...good or bad. Anything that makes the college better is welcome.

In conjunction with the elections, SGA is planning a "Get to know you" session and complimentary hotdog lunch in the courtyard...stay tuned for further details. Stop by...get to know who your class representatives are. SGA is excited to serve you!

**Current SGA Representatives:** the next planning meeting is scheduled for Monday, **June 2**, noon to 1 p.m. in room 211 at which the upcoming elections will be discussed. Pizza lunch to be provided. Please RSVP to [Joy.Godwin@CarolinasCollege.edu](mailto:Joy.Godwin@CarolinasCollege.edu).



## YOU ASKED, WE LISTENED

You asked for...	And so...
Toilet seat covers. Flexibility in cleaning the student refrigerators. Opportunities to know faculty better. Better snack food selection. More areas for quiet study. Work out facility. Just one call during Emergency Testing.	They are now installed! The new system is voluntary with self-scheduling. Newsletter now includes Spotlight feature. Just visit Avenue C! AHEC library now 24/7 for study. LiveWELL classes now open to students. See page 7. We've learned that if you respond to the first call (answer or press a key), calling ceases.

## CONGRATULATIONS!



Dr. Jane Binetti

Two nursing faculty received their Doctorate of Nursing Practice (DNP) degree in May 2014. Michele Pfaff, RN, DNP, was granted her degree from Gardner Webb University and Jane Binetti, RN, DNP received her degree from Duquesne University. Congratulations Dr. Pfaff and Dr. Binetti on this tremendous accomplishment.



Dr. Michelle Pfaff

## STUDENT SUCCESS CENTER

### Success Tip of the Month: Interdependence is a Secret to Success

We all want to be independent, but successful students know it often “takes a village” to achieve academic goals. As a student, your village is comprised of your instructors, advisor, fellow students, friends and family, and your other academic support resources such as peer tutoring. Introduce yourself to your instructor early in the semester to initiate a personal relationship; get to know your advisor as well. Develop relationships and exchange contact information with classmates for mutual support; consider finding a dedicated study buddy or group. Communicate with family and friends about your class and study schedules; enlist the support you need to be successful. Visit the Student Success Center or contact Nancy Watkins to discuss academic issues and find out about the peer tutoring program.

**Condensed Summer Semester** - If you are taking a full-semester course in the summer, you know the summer semester is shorter than the fall and spring semesters, increasing the need for strong organization and consistent weekly and daily study plans. Take advantage of any review sessions offered for your course(s), and be prepared to make changes at the first signs of difficulty. If you wish, see Nancy Watkins to discuss your plan for success.

**Interested in part-time/PRN employment with CMC?** Talk to Jacquelynn Williams, CHS Human Resources Recruitment Specialist. She'll be on campus **June 2**, 10 a.m. to noon, and is available at 704.631.0314 or Jacquelynn.Williams@CarolinasHealthcare.org. Ms. Williams usually visits the college on the first Monday of each month.

Many of the materials distributed by vendors at the fair are available in the Student Success Center. Come by and have a look through the file cabinet for information about programs you may be interested in.

## LIVWELL EXERCISE CLASSES - FREE FOR CCHS STUDENTS

LOCATION	Day of the Week (all month)	DAY/TIME	FEE	CONTACT
Your CCHS enrollment qualifies you for FREE participation in LiveWell Fitness Classes! ∞ All Classes listed are held at the CHS LiveWELL Building at 801 East Blvd. ∞ From the new Tijuana Flats restaurant on East, head toward South Blvd. It's before the Greek Orthodox Church, on the right. Park in the back or on East. Badge required. ∞ Enter from the back parking lot using your ID badge. Multipurpose workout areas are visible as soon as you enter.	<u>Mondays</u> Zumba Kick Boxing	5 - 6 p.m. 6 - 7 p.m.	Free to CCHS students and CHS teammates. Badge required.  All classes are led by highly qualified, experienced instructors. Exercise flooring is safe, cushioned material. Bring your own water, towels, and yoga mat. Other materials specific to the class are provided (weights, hoops, etc.)	Livewellevents@carolinashealthcare.org or 704.446.1645.  Park on East Boulevard or in the lot behind the LiveWell building. Enter through the door at the rear of the building. ∞
	<u>Tuesdays</u> Total Workout <b>New</b> Cardio Funk with Q!	5 - 6 p.m. 6 - 7 p.m.	5 - 6 p.m. 6 - 7 p.m.	∞ Some CHS units and some professions now require “fitness testing” as part of the hiring process. They want to assure your lifting and bending abilities meet the job specifications. Not sure you can easily lift 50 pounds? Start bending & lifting now!
	<u>Wednesdays</u> Body Sculpt Yoga	5 - 6 p.m. 6 - 7 p.m.		
	<u>Thursdays</u> Pilates Socacise	5 - 6 p.m. 6 - 7 p.m.	5 - 6 p.m. 6 - 7 p.m.	∞ Call Carol Tyndall 704.446.1645 Spaces very limited.
	“Quick Fit” Small group training with Jeremy Sinclair	Mon & Wed 4:30 - 5:10 p.m. OR 5:20 - 6 p.m.		

## COMPLIANCE CORNER - CLABI BUNDLE

Starting **June 1**, Carolinas HealthCare System will implement a new protocol aimed at reducing bloodstream infections in all adult inpatient units. The Central Line Associated Bloodstream Infections (CLABI) Bundle calls for:

- ☞ Hand hygiene before manipulating any intravenous line.
- ☞ Daily assessment of need for the central line and documented line care. A call must be made to the care provider to remove it if the line is thought to be unnecessary.
- ☞ Change of transparent central line every seven days and PRN with use of a Biopatch.
- ☞ Primary infusion sets will be changed every 96 hours if continuous, and every 24 hours if intermittent. Disconnection of tubing is to be avoided. Secondary tubing is treated the same way depending on whether it is continuous or intermittent. A new sterile cap should be replaced after each intermittent access.
- ☞ Needleless adaptors are changed every 24 hours with TPN, prior to blood sampling for cultures, and after blood products.
- ☞ All Luer ports or hubs on a patient with a central venous line must have a CuroCap, which has a 70% isopropyl alcohol saturated spongy foam. The saturation of the cap disinfects the access ports in three minutes. All other hubs require alcohol or Chloro-prep scrub for 15 seconds.
- ☞ A daily Chlorhexidine gluconate (CHG) bath is required on all patients with a central line and must be documented under “ADL Hygiene.”

## CONTINUING EDUCATION OPPORTUNITIES

### Choosing the Right Vacation (Webinar)

**June 24**, Noon to 1 p.m. Participants will learn how to budget for your vacation, choose a vacation everyone can enjoy, and tips for packing and planning. Sponsored by CHS Employee Assistance Program, 720 East Blvd. **Free** for CCHS students! Advanced registration is required and space is limited so please call 704.355.5021 to register. CHS' EAP is designed to help you and members of your family with all types of issues - marital conflicts, job stress, emotional, alcohol and drug problems, and difficulties with children. Whatever the problem, if you need help, call CHS' EAP for a private appointment or to register for a class.

### CCHS Admissions Information Sessions

**June 10 & 24**, 4 to 5 p.m. Have friends who want to know more about CCHS programs? Contact Joy Godwin at the front desk or call 704.355.5051 to sign up for the session of your choice. Check posted schedule for room locations. For more information on our Medical Laboratory Science or Histotechnology program, contact Kelly Shirley, Program Director, at 704.355.4275.

### BCLS for the Healthcare Provider

**June 4 & 18**, 8 a.m. - 1 p.m. Cost \$60. Textbook included. This course is designed for professional rescuers or students required to have professional rescuer certification for their healthcare program of study. The course provides information on adult and pediatric CPR, two-rescuer scenarios, use of the bag-valve mask, foreign-body airway obstruction (conscious and unconscious), AED, special resuscitation situations, and other cardiopulmonary emergencies. Questions about course information or requirements should be directed to Christy Dull at 704-355-5699 or Christy.dull@carolinashealthcare.org.

### BCLS Online - Part 1

Cost \$22.00 (Online payment required - cannot register via brochure.) Access the American Heart Association website by typing in the web address (<https://www.onlineaha.org/index.cfm?fuseaction=main.registration&login=redirect>); choose BLS Online - Part 1. The course takes approximately 1 hour. The test has to be completed in one sitting. Print the Course Completion Certificate to bring to Skills Check Part 2 (see below).

### BCLS Online Skills Check - Part 2

**June 4, 11, 18 & 25**, 1 - 3 p.m. Cost \$25.00. You must bring the Part 1 Course Completion Certificate (Passing) to Part 2. Be ready to check off on all BLS Skills. Complete skills check (Part 2) within 60 days of completion of online BLS (Part 1).

### Healing Touch Level 1

**July 11 - 12**. Sign up now for this workshop! Explore the human energy system and its relationship to mental, physical, emotional, and spiritual health. You will also learn a variety of hands-on techniques to reduce pain, relieve stress, refresh mentally, and improve well-being. **Registration Fee:** The registration fees include the course notebook and the Level Technique Cards.

**Student Fee** \$295.00 (Must document at least 20 hours of classroom/education per week per HTP.)

## CATHY BORYSEWICZ EARNS HEALING TOUCH CERTIFICATION



Cathy Borysewicz

Congratulating Cathy Borysewicz, Carolinas College nursing faculty member, on becoming one of only eight Healing Touch Certified Practitioner/Instructors in North Carolina, and one of only 130 in the nation. This achievement represents completion of 6 levels of education in classes as far away as Boulder, CO. Level 6 of the Healing Touch Program is the Instructor Training level and is open to applicants who are Healing Touch Certified Practitioners (HTCPs). HTCPs have completed the previous 5 levels of education and successfully sought certification. Healing Touch Practitioner status is awarded after successful completion of Levels 1 through Levels 5 of the Healing Touch Program. Practitioners can then choose to seek certification which includes additional requirements beyond program completion and the passing of a national certification exam. Following acceptance into and completion of the Level 6 Instructor Training, the candidates meet additional requirements including co-teaching and solo teaching in at least 5 Level I classes. Certified Instructor status is awarded to candidates after all their materials are reviewed by the certification panel of the Healing Touch Program. There are currently 8 instructors in the state of North Carolina and 130 Healing Touch Certified Practitioner/Instructors in the nation.

## WOW! THESE FOLKS ARE AMAZING!

Part of a culture of excellence is recognizing others. The following CCHS students or teammates were recognized recently:

### Students:

**Nursing:** Amanda Bowen, Megan Erwin, Tamarcus Kornegay, Christi Milledge & Kelsey Whitley

### Faculty/Staff...

**Academic Affairs:** Janice Bellamy & Kathie Park

**Administration:** Ellen Sheppard

**Nursing:** Tracey Hayes, Dana Mangum

**Student Services:** Joy Godwin

**Values in Action Awards** were given to Suzanna Thornton, Kimberly Yarborough, Cynthia Bean, Kathie Park, Susan Thomasson, Janice Bellamy, Joy Godwin, Rhoda Rillorta, Doug Frankenburg.

**Key Employee Awards** were given to Michal Singletary and Ann Keathley.

Take time today to recognize those who make your journey easier. The WOW box is in the lobby.

## IMPORTANT DATES TO REMEMBER (Details about each are found elsewhere in this newsletter.)

June 2	HR Rep on Campus SGA Membership Meeting	June 20	Last Day to Withdraw - 7-Week Classes
June 4	BCLS for the Healthcare Provider BCLS Online Skills Check - Part 2 Online Registration Information Available	June 23	Online Registration for Gen Studies (including Pre-nsg & Pre-rad tech Students)
June 6	PTK Meeting	June 24	EAP Webinar - <i>Choosing the Right Vacation</i> Admissions Information Session
June 10	Financial Aid Refund Checks Available Admissions Information Session	June 25	BCLS Online Skills Check - Part 2
June 11	BCLS Online Skills Check - Part 2 7-Week Midterm	June 26	Open Forum with President Sheppard
June 12	SNA Meeting PTK Induction Ceremony	June 30	TST Clinic
June 16	Online Registration for Nursing, Rad Tech, Rad Therapy, Surg Tech & CRIBN students (only)	<b>Save the Date:</b>	
June 18	PTK Volunteers at the Men's Shelter BCLS for the Healthcare Provider BCLS Online Skills Check - Part 2 Full Summer Midterm	July 4	Holiday - College Closed
		July 9	Last Day to Withdraw - Full Summer
		July 7 - 9	Seven-Week Classes Final Exams
		July 11 - 12	Healing Touch Level 1
		July 28	Full Summer Classes End
		July 29 - Aug 1	Full Summer Final Exams
		Aug 1	Graduation

## IT'S A MATTER OF SAFETY...

### Pedestrian Safety

Carolinas Medical Center (CMC) is a busy place with a lot of vehicle traffic. With the walk to and from the MMP, MCP, and Scott decks, we want you to practice good pedestrian safety. First, the designated walking path is the sidewalks along Blythe Blvd. These are well-lit, have the "blue light" emergency phones, and are patrolled by CHS Security. A map of this preferred path is available on the Information Portal in the "Student Resources" section. Second, pay attention to the traffic, especially at the intersection in front of CMC. Drivers may be distracted and not see you in the crosswalk. Finally, walk in pairs, especially at night. While CMC is a safe campus, walking in pairs provides an extra level of safety. Please remember that CHS Security is available to provide an escort should you need one – simply call 704-355-3333.

### Do You Know Where Your Badge Is?

The CCHS Safety Committee wants to share this reminder to all students, faculty, and staff! Please wear your ID badge at all times in this building and while at clinical education sites. The ID badge you were issued as a student at CCHS should be worn above the waist with name and face identifiable. If you forget your badge, go to the front desk for a temporary badge to wear in this building (but just for that day). If your badge is not displayed or improperly displayed, rest assured that members of the Safety Committee will "remind" you. Also, do not loan your badge to someone who is not a student to enter the building. The reasons for this are apparent: We take safety as seriously as we do integrity!

## DEAN'S LIST HONORS

Congratulations to the following students who achieved Dean's List honors for spring semester, 2014. Students must be enrolled in at least six credit hours and possess a semester GPA of 3.50 or better.

**General Studies:** Hannah Berwaldt, Jennifer Fano & Jennifer Pang

**Histotechnology:** Erika Caceres, Linsey Etz, Kevin Hayes, Scott Kramer

**Nursing:** Brittany Barrett, Cierra Baxter, Catherine Beer, Melissa Blackwell, Rebecca Blanchard, Alisha Blinck, Amanda Bowen, Joseph Brawley, Lisa Brians, Kelsie Chavis, Alexandra Clementson, Elizabeth Cook, Jonathan Daigle, Caroline Deaton, Amy DeCoste, Ashby Dellinger, Kelsey Graham, Teresa Greene, Katherine Hadley, Marina Hess, Taylor Heybruck, Asia Holmon, Megan Leak, Judith Lemmons, Jessica Logerfo, Kayla Lowe, Julie Martinat, Kristen Medina, Deirdre Middleton, Christi Milledge, Kimberly Mitchum, Hana Munkittrick, Olivia Myers, Miles Nelson, Anna Osborne, Christine Perzinski, Kara Pevarski, Michelle Pijunovic, Mandi Raines, Valerie Rodono, Hallie Sanchez, Hannah Shelton, Molly Staton, Tracey Stone, Katelyn Sumner, Elizabeth Sutcliffe, Rachel Teague, Micah Testerman, Lillian Turner, Brittany VanDerMeid, Sally Ware, Jody Warren, Lisa Williamson, & Crystal Winans

**Pre-Nursing:** Mary Albright, Brittany Baer, Amy Brooks, Dominique Buckenmeyer, Jackie Cannada, Haley Conner, Marian Cummings, April Davis, Leslie Dorton, Andrea Edwards, Jennifer Edwards, Emilee Escher, Laurel Farley, Misty Helms, Benjamin Hensley, Emily Humphrey, Gary Humphries III, Makenzie Lobdell, Abby Malloy, Taylor McGovern, Emily Michel, Jamie Michetti, Kristen Neal, Ashley Neely, Kelli Norman, Tiffany Ospina, Kara Outlaw, Emilia Pena, Posey Pittman, Kristen Rice, Danielle Roy, Esther Rummel, Brielle Scales, Nicole Schwind, Alyssa Suarez, Erick Todd, Rebecca Toms, Carol Trnavsky & Larissa Winner

**Radiation Therapy:** Terri Flaglor & Jillian May

**Radiologic Technology:** Courtney Britton, Heather Darnell, Daniel Dubick, Jenaleigh Hickey, Ashley Jagielnicki, Michelle Kemp, Shanelle Lemon-Mushatt, & Emily Olds

**Surgical Technology:** Kimberly Clatworthy & Kiara Johnson

**Undeclared:** Ryan Jordan & Stephanie Strobel

## INTERFAITH INITIATIVES: A MEANS TO BUILDING COMMUNITY

In 2013 three CCHS administrators participated in “The President’s Challenge” – a Washington, DC, convening of higher education officials to discuss how colleges might help bridge the cultural chasms that lead to discord and violence. If college students (the theory goes...) learn to respect and honor religious differences, they’ll become adults with those same embracing values. So here’s a baby step: a listing of the June holidays recognized by the world’s major religions. As you peruse it, notice not so much the differences, but how our shared spirituality is simply expressed in different ways.

### Religious Holidays in June 2014

For Native Americans in the Pacific Northwest, June marks Miso’o, the season of Sockeye salmon, which is the most important food source for the coming year. In Arizona, this is also the season of the Hopi Kachina Dances, in which long lines of dancers (representing various spirit-powers) perform in the open plazas of Hopi pueblos.

- ☞ **Tuesday, June 3** - Shavuot [Feast of Weeks] – Judaism. A two-day festival, beginning at sundown, that celebrates the harvest of first fruits and the giving of the Law (or Torah) to Moses at Mt. Sinai. The name Shavuot derives from the Hebrew words for “seven” and “week,” because it marks seven weeks following Pesach or Passover.
- ☞ **Thursday, June 5** - Núr – Bahá’í - The beginning of the fifth month of the Bahá’í year, meaning “light.”
- ☞ **Sunday, June 8** - Pentecost Sunday – Christianity (Western and Eastern churches). A celebration of the Holy Spirit’s descent upon the Apostles following Jesus’ ascension into heaven, Pentecost [which derives from the Latin for “fifty,” because it occurred fifty days after Easter] is often known as “the birthday of the Christian Church.”
- ☞ **Thursday, June 12** - Laylat al-Bara’at or Nisf Sha’bān – Islam. According to Muslim tradition, Allah approaches the earth on this night (the middle day of the eighth month in the Islamic calendar) to call humanity to repentance and grant forgiveness of sins.
- ☞ **Sunday, June 15** - Trinity Sunday – Christianity (Western churches). Marks the celebration of God manifested in three Persons: Father, Son, and Holy Spirit. Also, All Saints – Christianity (Eastern churches). Celebrating the lives of saints, known and unknown, whose prayers and exemplary lives have a positive influence on the lives and Christian faith of others. Western Christian churches celebrate this festival on November 1.
- ☞ **Monday, June 16** - Martyrdom of Gurū Arjan Dev Ji – Sikhism [Nanakshahi tradition]. The first Sikh martyr and the fifth gurū, Arjan (1563 – 1606 C.E.) built the Harimandir (Temple of God) in the town of Amritsar with door facing all four directions, in order to emphasize that the Sikh way was open to all regardless of their socio-economic status. He also compiled the Sikh scriptures known as the Gurū Granth Sahib.
- ☞ **Wednesday, June 18** - Anniversary of Jamyang Khyentse Chökyi Lodrö – Buddhism [Tibetan tradition]. A celebration of the Tibetan lama (ca. 1893 – 1959) whose mastery of several lineages and insights have had a profound effect on numerous currently teaching lamas.
- ☞ **Thursday, June 19** - Enlightenment of Kwan Yin Bodhisattva – Buddhism [Mahayana Pure Land tradition]. A celebration of the enlightenment of the bodhisattva of compassion (a being who vows to attain final, supreme enlightenment in order to save all sentient beings from suffering). In the Pure Land tradition, this bodhisattva frequently accompanies Amida Buddha in icons and other depictions. Also, New Church Day – Swedenborgian Christianity (Church of the New Jerusalem). Annual commemoration of the document The True Christian Religion, by Emanuel Swedenborg, 1770.
- ☞ **Saturday, June 21** Summer solstice - Summer Feast – Native American spirituality. A day to honor the coming and going of the seasons with songs, prayers, and story-telling. Also, Litha [Midsummer’s Eve] – Wicca. A celebration of the consummation of the sacred marriage, in which male divine energy is poured out to serve life.
- ☞ **Sunday, June 22** - Corpus Christi – Christianity [Roman Catholic] - Named for the Latin phrase “Body of Christ.” A festival time when Catholic Christians express their faith in Christ’s real presence in the elements of Holy Communion.
- ☞ **Tuesday, June 24** - Rahmat – Bahá’í - The beginning of the sixth month of the Bahá’í year, Rahmat means “mercy.”
- ☞ **Friday, June 27** - Ramadān begins – Islam. A holy month of fasting and prayer for adult and physically competent Muslims. They abstain from food, water, and sex from dawn to sunset. Ramadān ends on July 27. Also, Sacred Heart – Christianity [Roman Catholic]. A devotional feast during which Catholic Christians reflect on God’s compassionate love, symbolized by Christ’s heart. Also, Anniversary of the Martyrdom of Joseph Smith – Church of Jesus Christ of Latter-day Saints. Recalls the assassination of the prophet Joseph Smith & his brother Hyrum while they were in jail in Illinois, in 1844.
- ☞ **Sunday, June 29** - Ghambar Maidyoshem begins – Zoroastrianism. Celebrates of the creation of water, sowing of the summer crops, and harvesting of grain. Festival continues through Thursday, July 3. Also, Feast of the Apostles Peter and Paul – Christianity (both Western and Eastern churches). Celebrates the two apostles who preached the Christian gospel in Rome. In Eastern churches, festival begins at sundown.

*There is power in diversity  
when diversity is honored.*

### JUNE IS MEN’S HEALTH MONTH

Men are significantly less compliant than women with recommended health practices and regimens. Make June, 2014, when you - or the men in your life – decide that Men’s Health Matters. Students and teammates are invited to a CHS special Men’s Health event on Saturday, **June 21**, 10 a.m. to 2 p.m. at the Stratford Richardson YMCA, 1946 West Boulevard, Charlotte. Refreshments, activities, celebrity speaker J. Anthony Brown. To register: 704-512-3971 or visit [CarolinasHealthCare.org/HealthMatters](http://CarolinasHealthCare.org/HealthMatters)

**ADMINISTRATION**

**PRESIDENT**  
 ELLEN SHEPPARD, EdD  
 ROOM 111, 704.355.5316  
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**PROVOST: JANICE TERRELL, EdD**  
 ACADEMIC PROGRAMS, ONLINE BOOKSTORE; TECHNOLOGY; FACULTY MATTERS, MOODLE  
 ROOM 212, 704.355.4305; JANICE.TERRELL@CAROLINASCOLLEGE.EDU

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**STUDENT SUPPORT SERVICES**

**STUDENT SERVICES**  
 DEAN HAMPTON HOPKINS, EdD

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 HAMPTON.HOPKINS@CAROLINASCOLLEGE.EDU

ENROLLMENT MANAGEMENT, STUDENT AFFAIRS, SONIS

**ADMISSIONS OFFICE**  
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 CHRISANNE RANCATI/JOY GODWIN  
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STUDENT LEADERSHIP, ORGANIZATIONS, SUPPORT

**REGISTRAR: SUE ROUX**  
 REGISTRATION, RECORDS, GRADES, TRANSFER CREDIT  
 ROOM 166, 704-355-6676  
 SUE.ROUX@CAROLINASCOLLEGE.EDU

**STUDENT SUCCESS CENTER**  
 NANCY WATKINS  
 ROOM 213, 704.355.4025  
 NANCY.WATKINS@CAROLINASCOLLEGE.EDU  
 HOURS: MONDAY - FRIDAY, 8:30 AM - 5 PM  
 TUTORING, PLACEMENT, AND STUDENT SUCCESS

**ADMINISTRATIVE & FINANCIAL SERVICES**

**BUSINESS OFFICE**  
 DEAN KIM BRADSHAW  
 SUITE 208, 704.355.5584  
 KIM.BRADSHAW@CAROLINASCOLLEGE.EDU

BUILDING ISSUES; REFUNDS, TUITION/FEES; CASH HANDLING; SONIS

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 MICHAL.SINGLETARY@CAROLINASHEALTHCARE.ORG

SUPPORT: ANN KEATHLEY, 704.355.5486  
 ANN.KEATHLEY@CAROLINASCOLLEGE.EDU

CHS EDUCATIONAL LOAN FORGIVENESS, FEDERAL LOANS, GRANTS & SCHOLARSHIPS

**ADDITIONAL SUPPORT SERVICES**

**CHARLOTTE AHEC LIBRARY**  
 MEDICAL EDUCATION BUILDING, 1ST & 2ND FLOOR  
 704-355-3129

HOURS  
 MONDAY - FRIDAY 8 AM - 5 PM (2ND FLOOR STUDY ROOMS:  
 24/7)

**PARKING, ACCESS CONTROL & ID BADGES**  
 ANNEX BUILDING  
 (BEHIND MEDICAL EDUCATION BLDG, NEXT TO ED)  
 704.355.3111

**COMPUTER LAB**  
 ROOM 153, 704.355.7572

NORMAL OPERATING HOURS\*  
 MONDAY & THURSDAY 8 AM - 7:30 PM  
 TUESDAY, WEDNESDAY & FRIDAY 8 AM - 4:30 PM  
 SATURDAY 11 AM - 4 PM  
 SUNDAY CLOSED

\*EVENING & WEEKEND HOURS SUBJECT TO  
 LAST MINUTE CHANGES; CALL AHEAD

**ON-LINE BOOKSTORE**  
[HTTP://DIRECT.MBSBOOKS.COM/CAROLINASCOLLEGE.HTM](http://direct.mbsbooks.com/carolinascollege.htm)  
 CCHS LOGO STORE:WWW.CAROLINASCOLLEGE.EDU

**EMPLOYEE ASSISTANCE PROGRAM**  
 (PERSONAL & FAMILY COUNSELING)  
 A FREE BENEFIT FOR CCHS STUDENTS  
 704-355-5021

**IMPORTANT DATES FOR SUMMER/FALL 2014**

SEVEN-WEEK MIDTERM .....	JUNE 11
FULL SUMMER MIDTERM .....	JUNE 18
LAST DAY TO WITHDRAW - SEVEN-WEEK CLASSES.....	JUNE 20
SEVEN-WEEK CLASSES END.....	JULY 3
HOLIDAY - COLLEGE CLOSED.....	JULY 4
LAST DAY TO WITHDRAW - FULL SUMMER.....	JULY 9
SEVEN-WEEK CLASSES FINAL EXAMS .....	JULY 7 - 9
FULL SUMMER CLASSES END .....	JULY 28
FULL SUMMER FINAL EXAMS .....	JULY 29 - AUG 1
PROGRAM COMPLETION & AWARDS CEREMONY.....	AUG 1
NEW STUDENT ORIENTATION (CLINICAL).....	AUG 11-12
NEW STUDENT ORIENTATION (NON-CLINICAL).....	AUG 14
FULL FALL & FALL I CLASSES BEGIN .....	AUG 18
REGISTRATION/DROP/ADD ENDS.....	AUG 22
HOLIDAY - COLLEGE CLOSED.....	SEPT 1
FALL I MIDTERM .....	SEPT 10
LAST DAY TO WITHDRAW - FALL I .....	SEPT 19

**IMPORTANT PHONE NUMBERS**

COLLEGE'S MAIN NUMBER .....	704.355.5043
COLLEGE'S MAIN FAX NUMBER.....	704.355.5967
CPR/ACLS/PALS.....	704.355.5699
DISABILITY SERVICES .....	704.355.5585
EMPLOYEE ASSISTANCE PROGRAM .....	704.355.5021
EMPLOYEE HEALTH.....	704.641.0206
STUDENT HOUSING (HOME MANAGEMENT) .....	704.731.8096
HUMAN RESOURCES (EMPLOYMENT).....	704.355.2101
INCLEMENT WEATHER .....	704.446.7854
PRESIDENT'S OFFICE .....	704.355.5316
GENERAL STUDIES & ASSESSMENT .....	704.355.3920
RADIATION THERAPY PROGRAM .....	704.355.6937
SCHOOL OF CLINICAL LABORATORY SCIENCES .....	704.355.4275
SCHOOL OF NURSING.....	704.355.5343
SCHOOL OF RADIOLOGIC TECHNOLOGY .....	704.355.7688
SCHOOL OF SURGICAL TECHNOLOGY .....	704.355.1547
SECURITY (CHS DISPATCH).....	704.355.3333
SECURITY ESCORTS .....	704.355.2093