



CONNECTIONS

Spring 2015

A publication for alumni and friends of Carolinas College of Health Sciences
part of Carolinas HealthCare System



**DON'T MISS
HOMECOMING 2015-**

*Celebrating 75 Years of
Healthcare Education and
25 Years as a College!*

ON THE COVER

Elinor Caddell (NUR '44) and Elizabeth "Kit" Sluder (NUR '93) have something very important in common this year: both were part of the school's first class of nursing students – Elinor starting her nursing education at Charlotte Memorial Hospital School of Nursing when the hospital opened, 75 years ago, and Kit embarking on hers 25 years ago at the brand new CMHA School of Nursing (later, Carolinas College of Health Sciences). Both of these amazingly accomplished alumni have also been honored as Carolinas College Distinguished Alumni. (See full list of past recipients on page 11.)

With Carolinas HealthCare System celebrating its 75th anniversary and Carolinas College celebrating its 25th anniversary - Elinor and Kit are the perfect pair to represent the unique celebratory year of 2015!

CONNECTIONS

Connections is a publication of Carolinas College of Health Sciences, part of Carolinas HealthCare System.

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Ruthie Mihal

PRESIDENT'S NOTE

Greetings, Alumni and Friends of Carolinas College and Charlotte Memorial!

There has never been a year as exciting as the one we've embarked on. You noticed it on our cover and you'll see it throughout the pages of this magazine: It's our birthday! Actually, it's two birthdays.

It's Our 75th Birthday!

We are 75 years old this year as measured by the birth of Charlotte Memorial Hospital (CMH) and Hospital Authority (CMHA), which opened its doors in 1940. CMH, the magnificent "Million Dollar Hospital," rose from the legacy of humble St. Peter's Hospital, causing quite a stir among Charlotteans who were aghast at a hospital so far from downtown, and with such an outrageous pricetag! CMH administrators wasted no time getting a School of Nursing up and running. After all, in those days, nursing students formed the bulk of the nursing workforce on weekends and holidays! The first class was recruited in 1940 and began classes in 1941. World War II was being waged, and many of those first students were cadet nurses receiving a US Army stipend while in school and preparing to head to war upon graduation. Three from that class, including Elinor Caddell (on our cover), are still with us today! CMH added education programs in allied health fields like medical technologist, radiologic technology, and surgical technology, but closed its school of nursing in 1967 as the community college movement gained momentum.

It's Our 25th Birthday! But in 1990, with a nursing shortage looming and a desire to control its own workforce destiny, Charlotte Memorial opened a new school of nursing, this one founded on the 2-year associate degree model. CMH's allied health programs subsequently joined the college and new programs were added.

We're Ready to Celebrate! Milestone birthdays are meant to be celebrated, and so we shall! Homecoming Weekend (October 9/10) is for all CMH/CCHS alumni, and consists of a not-to-be-missed weekend jammed full of fun and friendship. Join us in celebrating 75 and 25 years of unparalleled success in educating the region's best healthcare providers! Join us in celebrating you, your class, and your commitment to extraordinary patient care. Join us for the icing on our birthday cake: alumnus Tammie Heintzman is creating a commissioned musical piece to commemorate the event, and each attendee will receive a copy!

I hope to see all you dear readers in October as we rock our two biggest birth dates ever!

With warmest regards,



Ellen Sheppard, EdD, President



Ellen Sheppard EdD

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PROGRAM NEWS

School of Clinical Laboratory Sciences Program Update



Kelly Shirley

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“Histologically Speaking” is a common phrase utilized in the world of histology. This is certainly true for our busy histotechnology program. In

2013, the School of Clinical Laboratory Sciences expanded, adding a new post-baccalaureate histotechnology program and graduating its first students in December 2013. After submitting a comprehensive self-study to NAACLS, we hosted an accreditation site team and were gratified that their findings resulted in a perfect report citing no deficiencies and no recommendations. Then in quick succession we... achieved full initial program accreditation (October '14), graduated the second group of histotechnologists (December, '14), started the third class (January '15), and welcomed our new histotechnology education coordinator,

Tracy Walling (March '15). The newly accredited histotechnology program is the perfect companion to our long-running successful medical laboratory science program. Congratulations to 2013 graduates Ariana Miller, Dontavious Mobley, Michael Voulgaris and Paige Waymer, and to 2014 graduates Erika Caceres, Linsey Etz, Kevin Hayes, and Scott Kramer.

Recognition is also deserved by recent medical laboratory science (MLS) graduates Corey Beane, Brian Childers, Camrie Dooley, Greyson Hardin, Pender Ibach, Bryan Lackey, Jena Tisdale, Brent Foster, Cam Barco, Xandi Hamilton, Andrea Jones, and Katherine Normile. All twelve passed the ASCP National Board of Certification Exam on the first attempt and are working as laboratory scientists.

In 2014, we celebrated new additions. Melissa Jackson (MLS blood bank faculty, MLS Class 2009) and her husband Nick welcomed their new daughter Lexi Page. Lexi surprised everyone by arriving over two months early, but a year later she is thriving and bringing much joy to her new family. In Melissa's absence, I had the privilege of teaching blood bank again and enjoyed it

greatly; however, I will admit I was very glad when Melissa returned from leave. Congratulations to Cynthia Bean (MLS chemistry faculty, MLS class 1981), she is a first-time grandmother to granddaughter Kendall Tilley.

Change is coming! In 2015, CMC opened a new lab at the airport center. The CMC microbiology department in its entirety is moving to the new location, along with molecular, tissue typing, cytogenetics, and reference chemistry/hematology. After the move, the CMC hospital lab will be restructured to include cross training in hematology and chemistry as one department. All lab teammates, students and faculty will be trained in LEAN principles. The faculty and I are evaluating how this change will affect the structure of the medical laboratory science curriculum and are working to restructure our block teaching to respond to this new training environment. Stay tuned for more information on this transformation.

Remember to make time for your family and take time for yourself. Keep in touch!

Radiation Therapy Program Update

The Radiation Therapy faculty congratulates the Class of 2014 for their performance on the ARRT national



Lee Braswell

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certification exam. All graduates passed the exam on their first attempt with an average score of 89%. The national

average score for the 2014 cohort was 83%. In addition, one of our graduates scored in the highest percentile nationally. Once again, congratulations to all, your hard work paid off.

In partnership with Levine Cancer Institute, the Radiation Therapy program at Carolinas College hosted its 2nd Annual Student Discovery Event in the Levine Cancer Institute's (LCI) conference center. The event provided individuals with an interest in radiation oncology-related careers the opportunity to hear from those in the profession and to tour the state-of-the-art facility at LCI.

Dr. Michael Kelley, radiologist, and Dr. Michael Haake delivered valuable continuing education presentations for the event. Gail Satterfield, department administrator, with several of her staff members and CCHS radiation therapy students, provided support for the tours. Thanks to everyone who provided support for the event!

School of Nursing Update



Debbie Blackwell

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Happy spring 2015. I hope that all of you are enjoying the new year and the new opportunities that can bring for you. In the last alumni newsletter, I announced

that Dr. Sherri Marlow, previous associate dean for the School of Nursing, had accepted a role at our sister college, Cabarrus College of Health Sciences. While the School of Nursing was interviewing for a new associate dean, Trish Campbell, nursing faculty member, served as the interim Associate Dean. I want to thank Trish for the tremendous job she did in that role for four months until the new associate dean was on board.

In May 2014 Catherine (Cathy) L. Holton, RN, MSN, CNE, became the new associate dean. Cathy has been a nurse for 27 years and a nurse educator for 19 years. For some of you, her name may be familiar. Cathy was employed by Carolinas HealthCare System (CHS) for 20

years, with 15 years of that time at CCHS as a faculty member (clinical and classroom) in Fundamentals, Maternal-Neonatal Nursing,

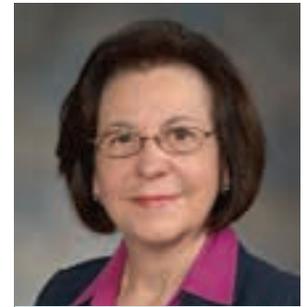
and Behavioral Health Nursing. Cathy left CCHS in 2009 to take a full-time faculty role at Central Piedmont Community College (CPCC). In 2011, Cathy was promoted to CPCC's Director of Nursing Education. While there, Cathy received the prestigious 2013 CPCC Administrator of the Year Award. Last fall, Cathy started her doctoral studies in educational leadership at Wingate University. She has three children and in November became a grandmother. The School of Nursing is very excited to welcome Cathy back to Carolinas College in her new role.

On a bittersweet note, the college and the School of Nursing said goodbye to Brenda Vasquez, RN, MSN, who retired in December 2014 after 40 years with CHS, 24 of that at the college. Employed by Charlotte Memorial Hospital in 1974,



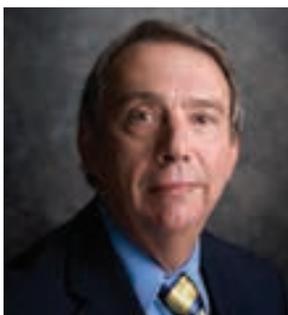
Cathy Holton

Brenda was a staff nurse and an assistant nurse manager for two years. She was later promoted to instructor of Education and Staff Development for the hospital and then coordinator of that department. In 1990, Brenda transferred to the new school of nursing (known then as the CMHA School of Nursing). Brenda helped obtain North Carolina's Board of Nursing approval for the school and was an integral part of the first SACS accreditation. Brenda's expertise has been extremely valuable to the school as she chaired the nursing curriculum committee for five years and was instrumental in the development of three levels within the curriculum. During her tenure, Brenda also served as faculty advisor for the Student Nurses' Association for over 20 years, always promoting active political involvement. We wish Brenda much happiness and joy in this new chapter in her life.



Brenda Vasquez

Radiologic Technology Update



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We congratulate the 2014 Radiologic Technology graduates for once again achieving a 100% first-attempt pass rate on the 2014 ARRT certification examina-

tion! Each year the level of exam difficulty increases and our graduates continue to rise to the challenge. Our program graduates have achieved a 100% first-attempt pass rate for 29 of 30 consecutive years! Additionally, it should be noted that all 16 graduates of the Class of 2014 have been hired and are working in the Radiology

profession! Four of the graduates were hired by Charlotte Radiology as mammographers, 1 is a radiographer at a Columbia SC hospital, and the remaining 11 are radiographers within Carolinas HealthCare System.

Our Level 1 students are in the second semester and are fully engaged and doing remarkably well in their academic and clinical experiences. It is reaffirming for us on the faculty to see them enthusiastically embrace the complexities and challenges of our profession.

The Class of 2015 (Level 2 students) are rapidly progressing toward the May completion of their formal Radiography education. With limited time remaining in their last semester, we are very proud of them and impressed by their skills and knowledge. We are confident that next year at this time, they will be our "credentialed professional colleagues."

We are awaiting a site visit this spring

from our accrediting body, the Joint Review Commission on Education in Radiologic Technology. The program faculty has spent many hours preparing for this very meaningful visit which reoccurs every eight years. We are confident it will go very well.

The tradition of excellence and success that continues to characterize the students and graduates of Carolinas College can be attributed to the skill, commitment, and teamwork of the college staff, faculty and leadership. Of course the achievements, competence and professionalism evident in our graduates would not be possible without the steadfast dedication of our clinical partners. As the program faculty prepares for the re-accreditation site visit, we will continue to provide graduates who deliver the best possible patient care and who will be professional colleagues of whom our alumni will always be proud!

School of Surgical Technology Update



Kali Simien

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I hope this issue finds you in good health and full of positivity! I am always proud when I reconnect with our alumni and hear the amazing

things happening in your lives. Be sure and check out the profile of Jessica Womble in the "Grads on the Go" section; Jessica was on campus 2009 - 2010.

Our current students are in their final semester, which includes three full clinical days a week and the goal of completing 120 surgical cases. The class spent the majority of their first semester at the

Carolinas Surgical Skills Center located at CMC-Mercy. In that lab setting, students practiced the surgical scrub, gowning, gloving and conquered the table/mayo setup within the 12 minutes required during the practical exam. The simulated OR is a tremendous asset; today's hospital OR is simply too busy to provide a positive learning experience for new students.

Students have enjoyed rotations at One Day Surgery, CMC-Mercy, CMC-Pineville, and CMC-University. They have assisted with the sterile processing of instruments and visited other departments in the hospital such as the blood bank, histology, and radiology. Our program could not be successful without the help of our wonderful preceptors! Many of our preceptors are CCHS graduates and have the expertise to guide the students through all aspects of the surgical day. They are such a vital element to our educational program; Gardenia Davis and I personally thank every one of them!

Did you know there is a state assembly of surgical technologists in NC? In September, I attended the North Carolina State

Assembly (NCSA) annual meeting that was hosted in Concord, NC. The theme of the meeting, "Learning Today, Soaring Tomorrow," included a warm welcome from the president of the Association of Surgical Technologists (AST), Roy Zacharius. Over 100 surgical technologists and students from across North Carolina were educated on the latest techniques in urology, GYN, and bariatric surgery. We were updated on proposed NC legislation requiring certification as a condition of employment for newly-practicing surgical technologists. The NC legislative committee has moved networking efforts within the NC Senate with a goal to educate the public about the field of surgical technology. Nationally, eight states require education and certification as a condition of employment: Idaho, Indiana, Massachusetts, New York, New Jersey, South Carolina, Tennessee and Texas. Most recently, Washington, Virginia, Colorado and Illinois require surgical technologists to be registered. Will North Carolina be next? I will keep you updated as we work toward this goal!

Continue to take pride in your profession, and keep in touch!

GRADS ON THE GO!

SURGICAL TECHNOLOGY

Jessica Womble graduated from the surgical technology program at CCHS in 2010. Before enrolling, she waited tables in Lincolnton and tutored students in math while pursuing an Associate of Arts from Gaston College. She was unsure about her future, so she began to research options and by chance, found the Surgical Technology program at CCHS. Jessica says, "It sounded really cool and like something that would be extremely interesting." She had always considered healthcare, but wasn't sure if she could handle it and thought that attending CCHS would be a great way to find out.

Jessica loved the class size at CCHS and how close she became to her classmates. She especially liked having the same instructors throughout the program. Jessica remembers that both of her instructors were very passionate about teaching students, about the operating room, and about student success. After graduating from CCHS in 2010, Jessica continued her education at Queens University of Char-

lotte, where she made the Dean's list and received a Bachelor of Science in Nursing.

Jessica describes her experiences as a CCHS Surgical Technology student: "On the first day of clinical, I felt both nervous and excited. After a couple of surgeries, I knew I was going to love it. I remember one of my classmates passed out and was really nervous about whether she was going to make it through the program, but she was fine and still loves the OR to this day. The OR was awesome; it exceeded my expectations. CCHS gave me a great foundation to work with and I saw some of the coolest things I've ever seen!" After a few years working as a surgical technologist, Jessica realized she wanted more patient contact. Working as a surg tech allowed her the flexibility to work and go to nursing school. Her managers and co-workers were supportive and encouraging while she journeyed through the nursing curriculum. Jessica loves being a nurse and assuring her patients that she'll be their advocate during a procedure and take care of them as if they were her own family. Jessica believes that all healthcare providers have that kind of caring spirit. Of working in the OR at CMC-University,

Jessica says, "Doing something different everyday keeps your job from getting boring." She can float between specialties and with

her surgical technologist training, she can perform in either the RN or scrub role when necessary. She works with many teammates who have been in the same OR for 20-plus years and still love their jobs, which, she says, "Is a pretty awesome thing!"

In her spare time, Jessica loves traveling, festivals, music and crafts. She recently attended a Fleetwood Mac concert in DC, which entailed traveling for 7 hours with her fiancé and three dogs, only to find that the group had added a Charlotte tour date, which she also plans to attend; she's truly a devoted fan!



Jessica Womble

Surgical Technology '10

MEDICAL LABORATORY SCIENCES



Ryan Blanton

Medical Library Sciences '06

Ryan Blanton (MLS 2006) grew up in Charlotte and graduated from the University of North Carolina at Chapel Hill with a BS degree in Biology. He

began his laboratory career in the central specimen processing area of Carolinas Medical Center where he enjoyed learning about the lab tests and the complexity of laboratory science. Wanting to further his knowledge and expand his role in the laboratory, Ryan applied to and was accepted into the Carolinas College post-baccalaureate medical technology program (now the medical laboratory science program). Ryan excelled in the program and was offered a position in the CMC hematology department two months before graduation. Although Ryan's favorite subject was microbiology, he began working second shift in hematology in the afternoons after class. By graduation, he was fully trained and immersed with his colleagues and enjoying the science of hematology. Shortly after graduation, Ryan passed his national board exam and became a full-time hematologist at CMC.

After a year in the hematology lab, Ryan's desire for further academic growth led him to move to Washington, DC, and enter graduate school at George Washington University. His love for microbiology prevailed and he graduated in 2009 with a Master's of Science in Public Health Microbiology and Emerging Infectious Diseases. While in graduate school, he worked for two labs in the Washington, DC, area. Said Ryan, "It was apparent from the first day that the education and training I received at CCHS was far superior to that of my colleagues." Although he was hired for only one area, his managers quickly found Ryan's training to be very valuable to the team and expanded his role to cover all areas of the laboratory. In less than 2 years, he was promoted to lead tech, which usually requires a minimum of 10 years of experience.

After completing the master's degree Ryan worked as an infection preventionist at Wake Forest University Medical Center. Said Ryan, "With the knowledge I gained from my public health degree and my experience in acute care hospital labs, the fit was perfect." Infection preventionists collect, analyze and interpret health data to track infection trends, plan appropriate interventions, measure success and report relevant data to public health agencies. Ryan comments about the CCHS medical technology (MT) program, "The didactic phase of training provided a solid foundation to allow MTs to transition into many other roles within the clinical setting." Ryan became certified in infection control

within three months of starting the position.

Again, Ryan's passion for learning led him to enroll in the online MBA program at East Carolina with an expected completion in the fall of 2015. He currently lives in Winston-Salem and works for Premier, Inc., as the national director of safety solutions. He enjoys the traveling this position requires and meeting and helping clinicians. He is part of interdisciplinary teams involving environmental services, laboratory, nursing and physicians. "It is great to see that no matter where you go, healthcare workers are always striving to do what is best for the patient."

In his free time, Ryan uses his airline miles to travel with friends to exotic places – often for up to three weeks at a time. In the past year, he has vacationed in Cabo San Lucas, Puerto Vallarta, and Cancun. Ryan comments that "even though it was hard going to class from 7:00 to 3:30 each day (during medical technology school), it was well worth it and life-changing!" He gives a shout out and thank you to all the staff at Carolinas College and his MT (MLS) instructors: Cynthia Bean, Cyndie Hobson, Kimberly Yarborough and Kelly Shirley.

The MLS faculty are very proud of Ryan and his accomplishments, "We knew from the day we met Ryan that his intelligence and abundant energy would take him far in life."

RADIATION THERAPY

Linlee Khiaothongkhoun, 2011 alumna, was selected as the 2014 Outstanding Clinical Educator by the radiation therapy graduating class of 2014. She was one of the nominees for this honor in 2013 as well. Linlee graduated from the radiation therapy program at Carolinas College in 2011 and has been working at Levine Cancer Institute's radiation oncology department for the last three years. Always challenging students to learn and develop as healthcare providers in a professional, caring manner, she has consistently received the highest marks

on her instructor evaluations. Students often comment on how much they learn from her and enjoy working with her. Linlee has also volunteered her free time to meet with middle school and high school students to tell them about careers in healthcare, particularly imaging and radiation therapy, and to encourage them to reach for their dreams! Congratulations, Linlee, on a job well done.



Lee Braswell, Program Director; Linlee Khiaothongkhoun, RT(R)(T); Mary Parkman, Clinical Coordinator; Gail Satterfield, Department Administrator

Carolinas College T-Shirt Finds Its Way To Uganda

BY KEVIN O'CONNOR

MEET RICHARD

It had been a hot humid day, and when I went out on my evening walk, I didn't expect anything more than humidity. However, less than 100 metres from my house, on a road junction, what should I come across but a man wearing a "Carolinas College of Health Sciences" t-shirt. The man's name, I later learned, is Richard. You may think there is nothing very surprising in that. But Richard (28 years) is not from Charlotte nor from North Carolina. Indeed, he is not even American, and has no idea in which country North Carolina is. But then how many members of Carolinas College of Health Sciences know anything about Richard's home country?

So, let's cut to the chase and ask a simple question - why is Richard wearing a Carolinas College of Health Sciences t-shirt?

Richard is from the East African country of Uganda. He lives in a suburb of Uganda's capital city, Kampala, just a few hundred metres away from Lake Victoria. Lake Victoria is a world away from Lake Norman but equally or even more impressive. While Lake Norman is touched by 3 different counties, Lake Victoria is bounded by 3 countries: Kenya, Tanzania and Uganda. Richard has a small business frying fish (Nile Perch) balls. The fat in his frying pan looks pretty ancient, and it has obviously splattered on his t-shirt, which, despite reading "Health Sciences," looks like a decidedly unhealthy piece of clothing.

THE USA'S SECOND-HAND CLOTHES

The reason Richard is wearing this t-shirt is that most Ugandans wear imported second hand clothes, as do many people in poor third world countries. Used shirts, blouses, trousers, caps and much other clothing reach Uganda in huge bales from first world countries. The used clothes often start out in the USA, donated as closets are cleaned. Second hand clothes which are faded or stained are often labeled "Africa A" and "Africa B." Used clothing is Uganda's sixth largest import from the USA. For other countries, the rank is even higher. For Tanzania, for example, it is the largest import, and for the Democratic Republic of the Congo, it is the fourth largest. Once in Africa, the bales of clothes find their way along a chain of wholesalers until they end up with small retailers in thousands of trading centers around Uganda and other African countries. Such second hand clothes are known in Uganda as mivumba. Richard bought his Carolinas College t-shirt for 5000 Ugandan shillings (US \$ 1.87) in Owino Market, the main market for mivumba in Kampala.

Is there not something a little unsettling about the first world's cast-offs being worn by the poor in the third world? Some would say the clothes are being dumped. But, on the other hand, in these environmentally conscious times, this flow of second-hand clothes can be viewed as an important form of recycling. Technically speaking, they are an example of reuse, not recycling. However, clothing that's at the end of its useful life does get recycled into a variety of secondary products—from rags to insulation to paper, to name a few.

RICHARD – LIMITED INCOME, BUT STILL PROUD

Richard sells his fish balls for Ug Sh 200 (7 cents) each, which may not make him the most profitable international chef, but his taste in t-shirts is outstanding. He chose this t-shirt, amongst the many thousands available at Owino Market, because, as he said, "he liked the writing." While he knows little about its origins, Richard still wears his Carolinas College t-shirt with pride.

If you graduated from CCHS between 2009 and 2013, ask yourself: "Where is MY CCHS #1 t-shirt?" It might just be on Richard at this moment, in Uganda.

Kevin O'Connor is a British freelance journalist and volunteer athletics coach. He has been resident in Uganda for 20 years. His book "Ugandan Society Observed" is available from Amazon.



The CCHS Board Celebrates 2 New Directors & 1 Member Emeritus

Carolinas College, a wholly owned subsidiary of Carolinas HealthCare System, is also fully incorporated under the laws of the state of North Carolina, with governing bylaws, corporate officers, and a board of directors. Board members serve for three year terms, but with no term limits imposed by the bylaws, members are often invited to serve for multiple terms. For instance, board chair C. Marcus Harris has served on the board since its inception in 1993. Though new board members are rare, since the last issue of Connections, three notable member changes have occurred.



Dr. Mary Nolan Hall

Senior Vice President
of Carolinas HealthCare System

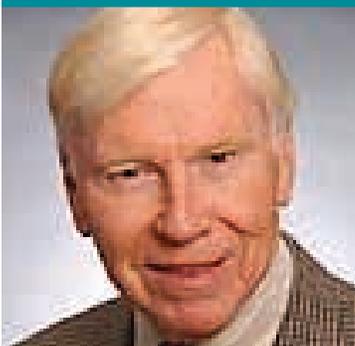
Dr. Mary Nolan Hall is a Senior Vice President of Carolinas HealthCare System and is the Chief Academic Officer for the System. She is responsible for all academic programs including undergraduate and graduate medical education, continuing medical education and nursing and allied health programs. She is a Clinical Professor of Family Medicine at the University of NC at Chapel Hill and until recently was the Chair of Family Medicine and the Director of Charlotte Area Health Education Center (AHEC). She received her undergraduate degree from the State University of New York in Binghamton and her medical degree from Cornell University Medical Center. She completed her residency in family medicine at the Medical University of South Carolina in Charleston, SC, and fellowships in faculty development at MUSC and at the University of NC at Chapel Hill. Dr. Hall has been with CHS for over two decades. She replaces Dr. Jim McDeavitt on the board, who moved Houston to join Baylor University's Medical Center.

Barbara Busey is the owner of training and consulting firm, Presentation Dynamics, where she has been training, speaking, coaching, and writing about the dynamics of how people present themselves since 1990. She has designed and conducted workshops and coaching sessions in the areas of presentation and communication skills, business and social dynamics, personality and team dynamics, image and executive presence consulting, and writing skills, but her flagship offering is The Compelling Speaker, a powerful workshop on effective presentation skills. Through effective educational programs, Barbara helps business owners grow their businesses and improve their lives. With a master's degree in speech communication from Georgia State University and a bachelor's in journalism from the University of Georgia, she has over 35 years of communication experience in the corporate world, in academia, and as an entrepreneur. Her book, *Stand Out When You Stand Up—An A to Z Guide to Powerful Presentations*, won an Eric Hoffer Book Award in the Business Category. Most recently, she won the Cicero Award, a national speechwriting award, for a speech she wrote for a local executive called "Shift Happens."



Barbara Busey

Owner/Presentation Dynamics



Bob King

Of counsel, Moore & Van Allen
Member Emeritus

Bob King, of counsel with the prestigious law firm Moore and Van Allen, with whom he practiced for several decades, was a founding member of the CCHS Board in 1993. He served ably and actively until 2014 when he became the board's first member emeritus. Bob has been lauded for many civic and humanitarian contributions to the Charlotte community, in particular the growth and development of the Dowd YMCA, yet he often said, "Of all my community involvements, I most enjoy serving on the CCHS Board of Directors!"

2014 Outstanding Educator

Kelly Shirley, MA Ed, MLS(ASCP), SB

Each year one of the college's many talented educators is recognized as its Outstanding Educator. The current honoree is Kelly Shirley, Director and faculty member of the School of Clinical Laboratory Sciences.

Kelly's career in healthcare and education began in 1984 as a medical technology student at Mercy Hospital in Charlotte. She'd graduated from Appalachian State University with degrees in biology and chemistry the previous year and wanted to apply that knowledge to something particularly meaningful. After graduating and working as a tech for two years she accepted a blood bank technologist position at Carolinas Medical Center, and later was promoted to lead blood bank technologist, thereby assuming responsibility as an immunohematology instructor. Kelly transitioned to a faculty position at Carolinas College of Health Sciences when the medical technology program (now medical laboratory science - MLS) became part of the College in 1998. While in that position, she earned a master's degree from University of Phoenix with a concentration in curriculum and technology. In 2011, Kelly assumed the program's leadership role, in addition to teaching responsibilities. Kelly models the use of innovative classroom methods and instructional technology and is quick to help others learn new teaching methods and technologies. For several years she carried the unofficial title "Technology Coach" for many allied health faculty. Her students respect and admire her, often stopping by to chat, get advice, and a bite of chocolate - which she always has to share! Her students describe her as an effective, caring, and humble educator/leader who gives her team members and her students credit for the programs' successes.



Kelly sets high goals for herself and helps others achieve by consistently focusing on quality performance. She led the MLS team through a phenomenally successful program accreditation review in 2012. For the last nine years - that's 18 graduating cohorts - all graduates have passed their board certification on the first attempt. The program also often celebrates 100% graduation rate for all entering students. The consistent 100% placement rate of graduates further indicates how well Kelly leads her faculty in preparing students to be "first-choice" hires within Carolinas HealthCare System (CHS) and elsewhere.

In response to a local and national need, Kelly accepted the challenge of quickly developing a histotechnology (HTL) education program in 2012. Within six months, Kelly's team recruited a nationally recognized program coordinator, developed the curriculum, negotiated development of a student laboratory, and solicited and accepted student applications. A subsequent accreditation review resulted in a perfect "no recommendations" review -- an unheard of accomplishment for a new program!

Highly respected within her professional association, Kelly's currently serving in an elected statewide office. Her students benefit from the collaborative relationships she's built with the Carolinas Laboratory Network.

Kelly is married to a Charlotte firefighter and they have two sons, one in college at NC State and one in dental school at Virginia Commonwealth University.

YEAR Outstanding Educator

1995	Renee Hyde
1996	Janie McCloskey
1997	Colleen Masterson
1998	Sara Masters
1999	Linda Horton
2000	Delores Maxwell
2004	Suzanna Thornton
2005	Rebecca Troxell Boeschel
2006	Mildred "Millie" Alexander
2007	Janie McCloskey
2008	Sara Masters
2009	Carla Cozzen
2010	Karen Miller
2011	Susan Patterson
2012	Trish Campbell
2013	Michele Pfaff



Fun Fact:

Kelly married spouse Tony in a hospital!
Says Kelly "You can't let circumstances get in the way of a good decision."

2014 Distinguished Alumnus

Susan Stricker, BS, RT(R)

Susan Poston Stricker graduated from the Charlotte Memorial Hospital's School of Radiography in 1960. It was a 15-month diploma program structured on the apprenticeship model. X-rays were developed in chemical trays in darkrooms. As a science relatively new to medical care, radiography was mysterious and definitely not for the fainthearted. But Susan, a native of Davidson, was intrigued by combining science with healthcare, and of studying something little understood by the general population.

After graduating, Susan worked for five years as a radiologic technologist at Charlotte Memorial. One of her not-so-fond memories is of so infuriating a young cardiac resident with a minor error she made, that he literally chased her out of the hospital. Thankfully for generations of future radiography students, she returned the next day. That resident was Dr. Francis Robicsek, who would become one of the most renowned cardio-thoracic surgeons in the world.

In 1965 Susan was asked to direct the program from which she'd graduated. She rolled her sleeves up and set about developing it into one which would be envied throughout the region. Those were tumultuous times, years of unrestrained hospital growth alternated with years of recession and personnel cuts. A low point was the year the hospital flooded and the program - then located in its basement - lost all student files and much of its equipment and resources.

By the time she retired, after 47 years in the field, Susan had earned a bachelor's degree in health studies from Western Michigan University, had been a member of both state and national societies of radiologic technologists, and had both hosted and served on accreditation site visits. She'd led the program through milestones such as

- Full accreditation
- Transitions from wet film processing in a dark room up through digital imaging
- Incorporation of advanced modalities like mammography, CT, and MRI
- Construction of an energized student laboratory at the college
- Degree granting status
- 22 consecutive years of graduates' 100% first time registry pass rates
- Achieving – for her program – the coveted “highly selective” designation

Upon Stricker's 2007 retirement, students, alumni, colleagues, friends, and teammates started a fully funded, endowed scholarship in her honor. The silver

bracelet presented was inscribed with words that describe her rich legacy: “For the Lives You've Touched.”

Since retiring, Susan's been an active alumnus, attending meetings, presenting the Susan Stricker Scholarship each year, serving on the Development Committee, and actively supporting the alumni phoneathon - with both her gifts and her presence. In 2014 she attended every night of the phoneathon, encouraging nervous students as they made their first calls.

Susan and spouse Jack, a member of Pennsylvania Sports Hall of Fame, live in Waxhaw and enjoy gourmet culinary adventures and spending time with their numerous pets. Carolinas College proudly recognizes Susan Poston Stricker as its 2014 Distinguished Alumnus.



Distinguished Alumni

2004	Elizabeth “Kit” Sluder	Nur '93
2005	Elinor Caddell	Nur '44
2006	MK Brennan	Nur '96
2007	Tim Ludwig	Rad Tech '94
2008	Jeff Reece	Nur '97
2009	Tracy Jezierski-Harrelson	Med Tech '92
2010	Louise Moss Ansley	Nur '51
2011	Virginia “Ginny” Cloer	Nur '51
2012	Nate Huggins	Nur '96
2013	Eunice “Sooky” Hoffman	Nur '51

NOMINATIONS FOR 2015 OPEN NOW!

Nominate a favorite CCHS instructor for consideration as the 2015 “Outstanding Educator” or a classmate for consideration as the “Distinguished Alumnus” – or both! Submit your nominations, which can be found online (www.carolinacollege.edu/Alumni/AlumniForm), or simply send your hand written nomination to **Ellen Sheppard/CCHS/1200 Blythe Blvd./Charlotte NC, 28203**.

RADIOLOGIC SYNCHRONICITY!



The Crookes Tube, used to deliver X-rays in the late 1800s, is on permanent display at Carolinas College.

The odds were smaller than finding a needle in a haystack. Perhaps smaller even than finding a needle in all of North Carolina. But for reasons that can't be understood or explained, a synchronicity of events occurred at Carolinas College of Health Sciences in 2014 that defied explanation.

First a flashback to the mid-sixties: A formal radiologic technology (X-ray) training program had just opened at Charlotte Memorial Hospital. The first program director (Susan Stricker) had been appointed. Her first task: Assemble a reference collection. The X-ray field was fairly new. X-rays had become a formal field of healthcare just 60 years earlier and few print materials were available. One which existed was a well-regarded opus on patient positioning, written by Dr. Leroy Santé at Saint Louis University. That book was the first one ordered by Ms. Stricker as she began to assemble a collection and it weathered much use, as well as the infamous CMC basement flood of the 80s.

Jump to 1996 when Stricker's program became part of Carolinas College. The Santé book and a few dozen others – too precious to be discarded, but clearly not state of the art – were relegated to a corner cabinet in a rarely-accessed resource room at the college. Like most outdated materials

in a modern learning environment, little attention was paid to it, other than occasionally wondering, "Should we throw this out?"

Fast forward to 2002. Joe Bowers, then a senior administrator with Carolinas HealthCare System, but whose start in health care was as an X-ray tech, gave the college an antique Crookes Tube. The Crookes Tube, an early tool for delivering X-rays for medical purposes, consisted of a 10-inch glass bulb with adjoining glass tubes. Years before, Joe had saved it from the discard pile at a prominent Chicago hospital. Loving the history behind it, President Ellen Shepard grabbed the stack of old imaging books – merely to serve as props for the Crookes Tube. It, and the books, became a display in the lobby's "heritage cabinet."

Fast forward again, to 2014. A first semester nursing student from Gastonia was passing time in the lobby, waiting for class to begin. He noticed – then studied - the stack of books. With a surprised look on his face he headed for the Dean's office. "You know those books out there under the Crookes Tube?" he asked. "I think my great-grandfather wrote one of them."

Ray Lupse is this student. He is a recent graduate of the University of North Carolina at Chapel Hill with a degree in biology. Following graduation, he was unable to immediately find a job. His love of science combined with his personal exposure to healthcare led him to explore careers in healthcare. After shadowing a physician assistant, he zeroed in on what he believes is a calling. "Nursing is a great fit; I was looking for a career that allowed close relationships with patients and used my love of science." He chose Carolinas College because of the school's reputation, the relationship to Carolinas HealthCare System, and the exceptional clinical facilities. But it's the synchronicity of Mr. Santé's legacy with Ray's selection of CCHS that makes this story remarkable! Ray Lupse is the great grandson of Dr. Leroy Santé – who'd never traveled east of the Mississippi! One can only ponder all the "what ifs" that ultimately led this young North Carolinian to find his great-grandfather's text on display at his nursing school!

Dr. Santé earned his Doctor of Medicine degree from Washington University in Saint Louis in 1913. He interned at Saint Louis City Hospital from 1913 to 1914 and at the Saint Louis City Dispensary from 1914 to 1915. He joined the Saint Louis City Hospital as a radiologist in 1919, at the same time becoming an instructor in radiology at Saint Louis University. In 1928, Dr. Santé founded and served as the first chairman of the Department of Radiology at Saint Louis University, serving until 1960. He was a Fellow in the American College of Radiology (ACR) and was awarded the Gold Medal, ACR's highest honor, in 1959 for his distinguished and extraordinary service to the discipline of radiology. He was the author of numerous academic articles and textbooks and generally recognized as a leading radiologist of his time.

Dr. Santé's textbook, *Manual of Roentgenological Technique* (1943), is displayed in the lobby of Carolinas College of Health Sciences. That's where Ray Lupse stumbled upon it. He later added, "While cleaning out my mother's garage a few weeks ago, I found one of my great grandfather's radiology books. That's what prompted me to take a look at the college's Crookes Tube. I was shocked to see another of Dr. Santé's books displayed there. It was a bit transcendent, seeing my family's history in the medical field still being recognized today – and so far from where my great-grandfather lived or practiced. This certainly confirms that Carolinas College is the right place for me."



Ray Lupse, CCHS Nursing Student, holding his great-grandfather's seminal work on the use of X-rays in health care, which he was startled to find on display at Carolinas College.

Learn more about Dr. LeRoy Santé, here: <http://radiology.slu.edu/index.php?page=history>

a year with CCHS

2 Early spring was the perfect time for Amanda Graves and Becky Bosch to deliver the 20 blankets CCHS staff and students had made for patients at Levine's Children's Hospital.



1 CCHS again had a running team in the Cupid's Cup fundraiser, though breakfast afterward was as popular as the run.



3 The College loves the Class of 2014's parting gift: a refinished courtyard deck and new outdoor furniture to adorn it.



4 Spring graduation provided a chance for some scholarship donors, like Lou and Jackie Pfeiffer and Elinor Caddell, to watch "their scholar" walk across the stage.



7 All August graduates, both the Medical Lab Scientists and Radiation Therapists, passed their certification exam on the first attempt.



5 18 intrepid students and staff took the Icebucket Challenge to raise awareness of ALS.



6 In partnership with Carolinas Medical Center's departments of Quality and Patient Safety, CCHS offered a summer elective focusing on prevention of hospital-acquired disease. Lectures were delivered by infection prevention specialists.



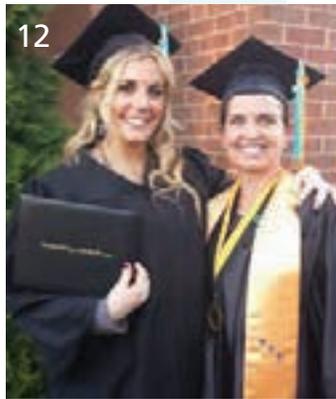
8 New students started their CCHS journey in late summer and the Student Ambassador Corps - all 15 of them - gave up their final week of summer to ensure it was a great experience.



9 October brought the annual scholarship reception when endowed scholarship donors, such as Betty Anderson, got to meet their scholars for the first time

10 Fall festival, always a student favorite, featured a pumpkin decorating contest.

11 December graduates were treated to a reception provided by thoughtful individuals like Nancy Watkins (staff), Judy Perrell (NUR '64), and Ginny Cloer (NUR '51).



12 Both capping and graduation brought bittersweet farewells for classes of nurses and MLSS who'd bonded so tightly.

13 The end of 2014 brought the retirement of Brenda Vasquez who'd been with CCHS since it opened as a college in 1990, pictured here with Joy Godwin and Steve White.



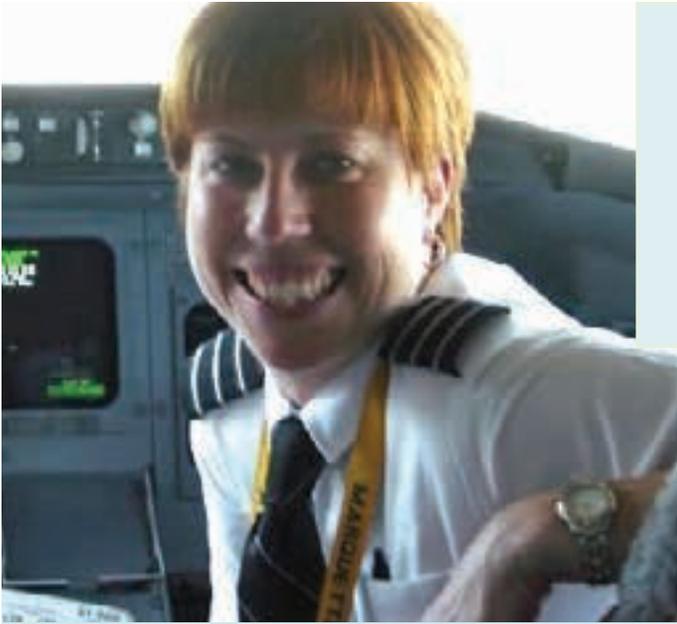
15 January always features "Composite Photos Days."

14 CCHS helped raise awareness of Heart Health by going red on February 22.



16 Though winter's brief in Charlotte, it can pack a wallop. Several days of class and the biannual "Day at the Legislature" were scuttled due to snow.

Poster Presentation Grows Into a National Publication's Feature Article



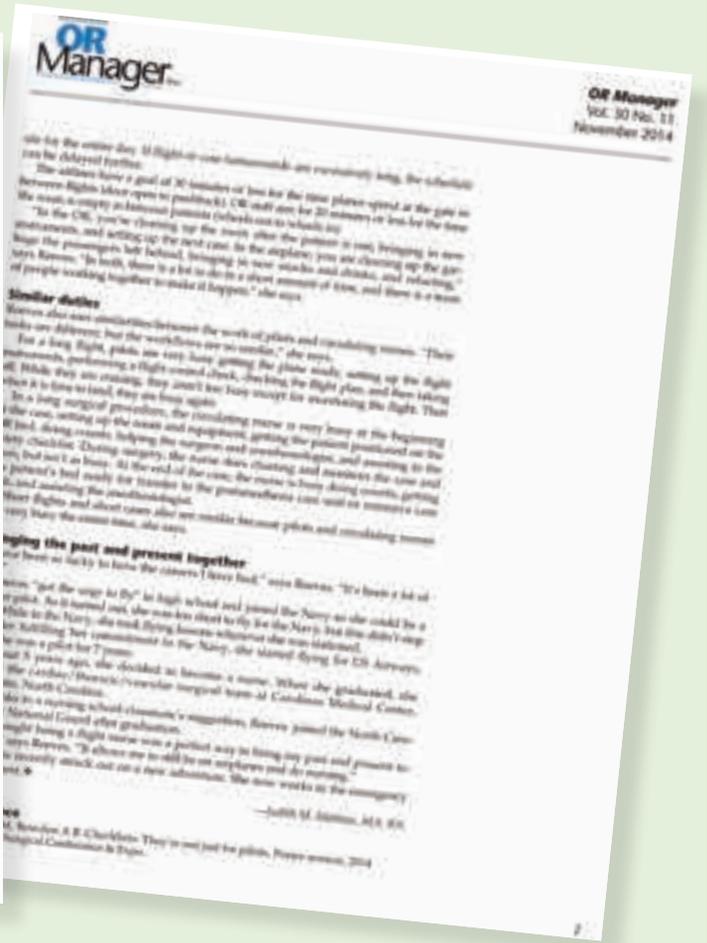
Lisa Reeves was a pilot with US Airways prior to Nursing School.

Congratulations, Lisa, for your important work in a field where even small improvements save lives, for being selected for a national poster presentation, and for being featured in a national publication!

Lisa Reeves (NUR 2011) was pleased that her poster had been selected for presentation at the 2014 annual conference and surgical expo of AORN (Association of Operating Room Nurses) - the most important professional body for OR nurses. The poster session, "Checklists: They're not just for pilots," provided a chance to visit Chicago in the springtime, but more important, to share with professional colleagues her premise that the theory and tactics of a pilot's pre-flight checklist can – when applied to surgery – reduce error and enhance patient safety. She knows whereof she speaks! Before attending CCHS and working at Carolinas Medical Center as a perioperative nurse, Lisa had performed safety checklists for 15 years as a Navy veteran airline pilot. Her theory was sound, important, and extremely relevant in an era when patient safety is the highest priority. So yes, Lisa was pleased to be in Chicago sharing her observations with OR nurses from across the country. She'd expected, and was pleased with, the serious attention given to her poster by many OR nurses and managers attending the conference. What she didn't expect, however, was to capture the attention of Judy Mathias, the clinical editor of a significant national trade publication: *OR Manager*. Ms. Mathias was fascinated by the similarities of flight and surgery checklists, and concurred with Lisa's conclusions for improving surgical outcomes through enhanced checklists. She was also impressed by Lisa's rich background in aviation, education, and the military. Judy decided on the spot to feature Lisa, and Lisa's checklist hypotheses, in the



November 2014 Issue of *OR Manager*. The 6-column, two-page article entitled "Former pilot applies aviation skills to perioperative nursing," contains a thorough synopsis of Lisa's presentation as well as a brief biography of Lisa's experiences in the US Navy, as a commercial pilot for US Airways, and as an OR nurse. Today Lisa is a flight nurse with the NC National Guard and has joined the CHS emergency department team.



CCHS Photos Will Entertain for Hours

SMUG MUG: Hundreds of photos are on our photo sharing site at SmugMug. Perhaps some of you and your classmates! You can download photos for free, or purchase copies directly from the SmugMug site. To find our site, go to the college website, www.carolinascollege.edu, and on the left sidebar where you see "Connect with CCHS," click on the square smiley face, Viola!



YOUTUBE: There are dozens of CCHS videos on YouTube, for your viewing pleasure or to download. Again, start with the college website (www.CarolinasCollege.edu) and in the left side bar, click on the YouTube icon. You'll be at the college's own channel.



FACEBOOK: Throwback and current photos plus alumni news are posted on the Alumni Association Facebook page. Like us at "Carolinas College Alumni Association" to get updates about twice a week. Also "like" the college's fb page at "Carolinas College of Health Sciences" and the alumni travel page at "CCHS & MSON Alumni Travel."

THE LAMP & CCHS YEARBOOK: Finally, walk down a memory lane of CMH/CCHS vintage annuals 1946 – 1997 via the NC Digital Heritage Collection. Start at the college website, www.CarolinasCollege.edu, click on "Alumni" then "Historic Yearbooks," then your graduation year.



Meredith Hirsch

*Nursing Faculty and
CCHS Alumnus (NUR 2000)*

Meredith Hirsch received the Cato Scholarship for Excellence in Healthcare Education, to assist in pursuing a Nurse Practitioner degree and credential from Duke University.



Catherine Holton

Associate Dean of Nursing

Catherine Holton, former CCHS behavioral health instructor, returned to CCHS in the spring of 2014 as the Associate Dean of Nursing and was also awarded the college's Cato Excellence in Healthcare Education scholarship to assist in her pursuit of a doctorate in education from Wingate University. (Holton is pictured with alumna Elinor Caddell, NUR '44).



Dr. Ellen Sheppard

CCHS President

CCHS President Dr. Ellen Sheppard was selected by The Charlotte Business Journal as a "Top Woman in Business" for 2014. Pictured here with Board chair Marc Harris, Dean Bradshaw, and spouse Bob.



Dr. Jane Binetti

Nursing Faculty Member

Jane Binetti earned a doctorate (DNP) from Duquesne University. Here, Dr. Binetti (left) celebrates Panthers' success with Kristy Williams at a CCHS luncheon.



Susan Thomasson

Director of Continuing Education

Susan Thomasson became a reviewer for the national Flipped Education Conference - 2015, in the area of higher education/professional development. "Flipped Classroom" refers to the in vogue practice of delivering course content outside the classroom, usually via online delivery, thereby freeing up class time for practice, discussion, and case studies. Additionally, Susan presented Massage Therapy for Self-Care at the Integrative Chaplain Certificate Program Conference. (Susan pictured here teaching Phlebotomy.)



Mary Parkman

Radiation Therapy Instructor

Beverly Martin

Radiation Therapy Instructor

Beverly Martin and Mary Parkman, Radiation Therapy instructors, both completed additional degrees: Mary, a master's from Pfeiffer University, and Beverly a bachelor's from Adventist University.



Dr. Lori Bequette

Provost

Dr. Lori Bequette, Provost, was selected as a certified peer reviewer for Quality Matters, a national organization dedicated to continuous improvement of online course design. In this role she will review and assess the quality of online courses offered at colleges and universities throughout the US. Dr. Bequette (left) is pictured with alumnus Midge Adams (NUR '13).



Dr. Hampton Hopkins

Dean of Student Affairs

Dr. Hampton Hopkins, Dean of Student Affairs, was selected to present at Carolinas HealthCare System's annual CHS Diversity Conference. He also became an accreditation reviewer.



Cathy Borysewicz

Nursing Faculty

Cathy Borysewicz earned full certification as a Healing Touch Practitioner and Instructor, representing the completion of numerous levels of coursework and hundreds of hours of practical application of her skills. She is one of only eight Healing Touch certified practitioners in North Carolina and one of only 130 in the nation.



April Davis

Nursing Instructor

On a quiet Monday evening while many were home preparing dinner, nursing instructor April Davis was instead using her extensive CPR training and quick critical thinking skills to bring life back to a YMCA patron who'd fallen, unresponsive. A story in the local paper lauded April's courage in stepping in and making a difference - ALL the difference- for one person and his family!



Lee Braswell

Radiation Therapy Program Director

Lee Braswell, Radiation Therapy program director, in partnership with Levine Cancer Institute, conducted a retrospective study comparing results of Intensity Modulated Radiation Therapy (IMRT) with Volumetric Arc Therapy (VMAT) on head and neck tissue, and presented the results at Duke University in October.



Kim Bradshaw

Dean of Administration and Finance

Kim Bradshaw, Dean of Administration and Finance, was invited by the Southern Association of Colleges and Schools' (SACS) Commission on Colleges to serve as a peer reviewer. In this role, Dean Bradshaw will have the opportunity to serve on peer review teams assessing accreditation criteria compliance at college throughout the southern region.

RECOGNITION WELL DESERVED



Jillian is pictured receiving the Spirit of Excellence award from program director Lee Braswell.

Jillian May is Tops in the Nation

In 2014, 883 radiation therapy students graduated from 92 accredited programs across the US and sat for the certification exam. **Jillian May**, a CCHS alumna, achieved the top score in the nation! All graduates in the class passed the exam on the first try for the fourth consecutive year, and as a whole, the class scored in the top 8% of the nation. Jillian's scoring at the 100% percentile among all testers in the US is a testament to her intelligence and knowledge of the field, to the college's strong program, and to the phenomenal clinical experiences our partnership with Levine Cancer Institute provides. Jillian had also been the winner of the Spirit of Excellence award at her August graduation, an award which recognizes both academic and clinical expertise. She is working in her field at the Medical University of South Carolina.



McDowell Dubbed a Hero

Student **Dana McDowell** was awarded the Badge of Courage by Safe Kids of Charlotte-Mecklenburg and Safe Kids Gaston County in July. On a firecracker-hot day in July Dana and her mother were shopping in Gastonia when they noticed an infant alone in a closed, parked car. They ran to a shop at the mall and asked the owner to call 911. What could have been a horrible catastrophe was avoided and Dana was recognized for her heroism and willingness to get involved when a child's life was at stake.



Carolinas HealthCare Nursing Accolades

Daisy Awards (national award for outstanding nursing) were received by **Kelly Thomas**, **Caitlin Rogers** (pictured) and **Paul Hayes**, all Nursing, 2010. The Daisy Award is national recognition for outstanding patient care. The CHS Notable Nurse recognition was accorded to **Peter Dombrowski** (NUR '11) and **Casey Kreuziger** (NUR '08). "Notable Nurses" are featured in a CHS publication and online, and are recognized at a luncheon held in their honor.



All CCHS Departments Reach Tier I Status

At Carolinas HealthCare System, receiving Tier I status is the highest indicator of teammate engagement and satisfaction. CCHS has been an overall Tier I unit for each of the last 6 years, but in 2014, for the first time, every single CCHS department was recognized with the Tier I designation!



CCHS helps lead CHS and the Hall Division to Community Giving Success

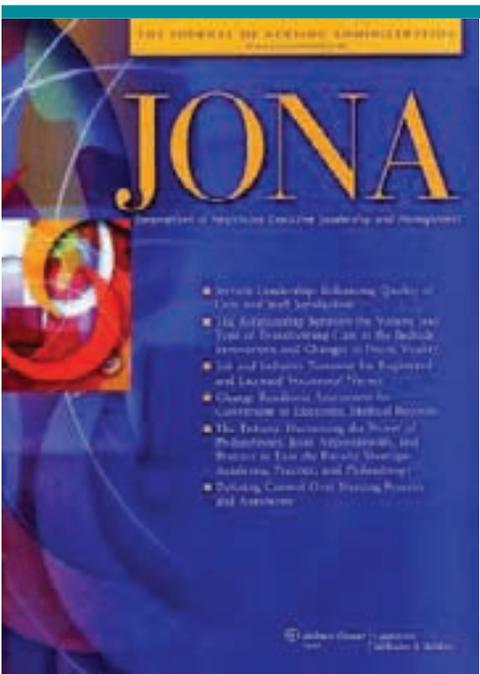
Each year Carolinas HealthCare System invests more than \$1.25 billion in community benefit initiatives that enhance the quality of medical care and life in communities served. A major trust is the employee giving campaign which routinely raises over \$3 Million for non-profits such as United Way, Arts & Culture, and Children's Miracle Network. In 2014 CCHS teammates generosity helped the Hall Division earn special recognition. **Dr. Sheppard** is pictured accepting recognition from **Joe Piemont**, President and Chief Operating Officer for Carolinas HealthCare System.



Petree Honored

In December, **Curtis Petree** (NUR '98) earned the highest distinction afforded nurse anesthetists by the CMC/UNCC CRNA program: an invitation to serve as the commencement speaker. The selection is made by the graduating students, and they are quite discerning! Petree, who'd completed the CMC/UNCC program in 2003, had previously been selected as the "Outstanding Clinical Instructor" in recognition of his strengths as a teacher and advocate for anesthesia students. Through the years, students and administrators agree, he has continued to hone not only his clinical expertise, but also the high regard in which he's held by colleagues, anesthesiologists, faculty, and students. Said a graduating student, "When you see that Curtis Petree is the CRNA you're assigned to, you know it will be a good day. He has high expectations for level of preparation for the case, but also uses every opportunity to teach, encourage, and challenge us."

Curtis Petree is pictured at the December CRNA graduation with Dr. Sheppard.



Two 1998 Alumni Published in Prestigious Nursing Journal

Cyndy Rape, MSN, RN, ACNS-BC, and **Tammy Mann** BSN, RN, both graduates of the nursing class of 1998, were investigators and coauthors of an article featured in the January 2015 edition of the prestigious *Journal of Nursing Administration (JONA)*, entitled "Managing Patients with Behavioral Health Problems in Acute Care; Balancing Safety and Financial Viability."



Dr. Lori Bequette

In early 2015 the college announced the selection of Dr. Lori Bequette (formerly Dr. Lieving) as its new provost. The provost is the college's chief academic officer, responsible for all credit-bearing academic classes and programs and for faculty policies, processes, and effectiveness measures.

Dr. Bequette joined the college in 2006 as Dr. Lori Lieving, bringing with her three degrees in psychology from West Virginia University, including the terminal PhD. She'd also completed a post-doctoral research fellowship at University of Texas Health Science Center. Through her years at WVU she had various roles including research assistant, webmaster, advising assistant, and department assistant for two departments. Since joining CCHS nine years ago she's received successive promotions and served in numerous roles including faculty member, institutional research coordinator, director of general education and learning resources, and – most recently – Dean of Assessment and

General Studies. Lori has chaired committees, shepherded the process of earning SACS approval for online programs, championed online learning, and served as a role model in moving her classes to 100% online delivery. She also refined the college's institutional effectiveness (IE) process and integrated a common core of competencies through the general studies department.

The search process was conducted by a large committee led by radiography program director Doug Frankenburg and nursing faculty member Terri Lynch. CHS Executive Recruitment procured an impressive base of applicants which was eventually narrowed to three strong candidates. Those three met with staff, faculty, students, and alumni, all of whom weighed in with their thoughts. Ultimately, Dr. Bequette was the first choice of both the search committee and the other constituents who participated. Two teammates' comments summarized the thrust of many comments received:

Dr. Bequette joined the college in 2006 as Dr. Lori Lieving, bringing with her three degrees in psychology from West Virginia University, including the terminal PhD. She'd also completed a post-doctoral research fellowship at University of Texas Health Science Center.

"Lori is the best fit. She knows what this position requires; she knows what the programs are about; and she knows the directors of each program. She has a vision for the future of the college; she is easy to approach and work with, receptive to ideas and suggestions from any/everyone, no matter the position. She is young enough to lead the college into the next phase of healthcare and continue the successes that we have achieved through the years."

"Lori is brilliant. She has a bright track record of success here. We would be very, very foolish not to give her this opportunity which she richly deserves."

In the nine years she's been part of the CCHS family, Lori's personal life has taken on new dimensions as well. Five years ago she married Tony Bequette, a fellow West Virginian she'd know in high school and happened to run into in a Charlotte gym seven years ago. Their son Evan is two, and they've just welcomed baby boy #2, Ryan, to their family.

Opportunities for

YOU!

Teach, Tutor, Mentor or Precept

- Precept an Acute Care NP Student (NPs only): Brian.Jefferson@Carolinas.org
- Precept a NP Fellow (NPs only): Elizabeth.Yocom@carolinashealthcare.org
- Precept a Nursing Student: Janie.McCloskey@CarolinasCollege.edu
- Teach Nurse Aides: Sue.Barnes@CarolinasCollege.edu
- Tutor a CCHS student: Nancy.Watkins@CarolinasCollege.edu
- Mentor a CCHS student (all clinical programs): Ruthie.Mihal@carolinashealthcare.org

Continuing Education

Learn about these workshops and more at CarolinasCollege.edu/Continuing Education

- Wound Treatment Associate: Learn wound care skills in this WOCN-approved curriculum
- Basic Phlebotomy: 1-day course boosts your skills and confidence
- IV Therapy: ½-day refresher course
- Healing Touch: Start the journey toward independent practitioner certification
- Specialist in Blood Banking (for current Med Lab Scientists only)
- Learn Nurse Leader & Preceptor Skills
- Half-day to full-day workshops for RNs seeking career growth
- Preceptor Workshop
- Nurse Mentor
- Creating a Healthy Work Environment
- Charge Nurse Workshop
- Climb the Career Ladder

A partnership between UNCC and CHS provides access to an adult-gerontology/acute care nurse practitioner program

(<http://www.carolinashealthcare.org/center-for-advanced-practice-nursing-program>)

and a nurse anesthesia program

(<http://www.carolinashealthcare.org/school-of-nurse-anesthesia>).

CCHS TESTIMONIAL

"I am so grateful for my training at CCHS. It truly made a difference in caring for my husband this last year and because I was able to do all of the things that Home Health would have done, my caring for my husband helped to keep his dignity intact. There are no words for that!"

- Patty Sussman (NUR '13)

SERVING OUR COMMUNITY

CCHS students and staff are deeply committed to the welfare of our communities, to those who need support and reassurance. During the **2014 Day of Service**, students and teammates:

- Made 1,000 sandwiches for Crisis Assistance Ministries
- Screened for PreDiabetes
- Created 300 pencil packs for Charlotte's Classroom Central
- Gave Florence Crittenton Services a spring cleaning
- Cleaned Little Sugar Creek Greenway of debris
- Made cards and comfort blankets for patients at Levine Children's Hospital (even our kids helped out!)



Creating cards for kids at Levine Children's Hospital.



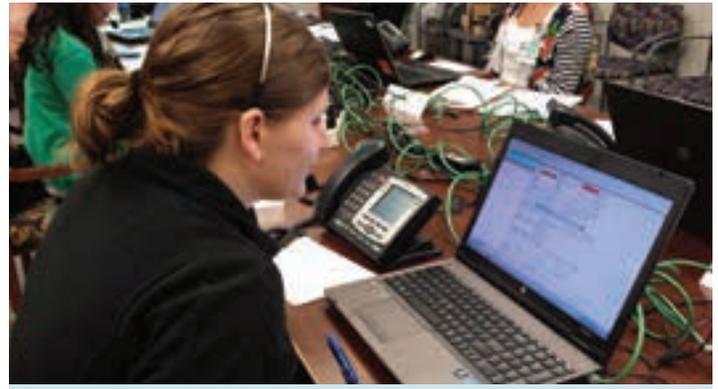
Preparing sandwiches for Crisis Assistance Ministries.



Making blankets for Levine Children's Hospital.



Four of the dozens of CCHS warriors who put breast cancer on warning.



Several CCHS students volunteered for flu pandemic training.

Other community benefit initiatives during the year included:

- Adopting 30 angels and filling 80 stockings for the Salvation Army's Holiday Cheer program.
- Hosting Charlotte Mecklenburg Schools' Heart of a Champion, in which 2,000 high school athletes were screened for cardiac abnormalities.
- Hosting a Martin Luther King Day luncheon and performance attended by over 200 Carolinas HealthCare System teammates and members of the community.
- Donating over 1,100 hours of service to such community organizations as the Mayor's Youth Employment Program, Explorer's Medical Careers Troop, Hornets Nest Girl Scouts, Men's Shelter, Community Blood Bank, the YMCA, Ronald McDonald House, and the "Share the Warmth" campaign to collect coats for the homeless.
- Participating in flu pandemic training in order to be ready to assist in the event of a flu crisis.
- The entire college dressed in pink in October to support breast health and cancer awareness, in red in February to recognize Women's Heart Health Month, and in blue in December to show our Carolinas Panther Pride.



The college was awash in blue and black on "Support Our Panthers Day." Pictured: Jane Binetti, Kristy Williams, Lynn Jordan, Janie McCloskey



Alumni officers Nancy Day Hill (NUR '67) and Peggy Harrill Cherry (NUR '62) helped with the Salvation Army Stocking Project.



Surg Tech students benefit from contracted access to the Simulated Surgical Center at Carolinas Medical Center-Mercy.

CCHS now offers classes at CMC-Mercy as well as in the Rankin Building. In May, 2014, the Surgical Technology (ST) program began holding labs and clinical experiences in the simulated surgical suite at CMC-Mercy Hospital. Many ST lecture classes will also meet there during summer semester. In the fall when ST clinicals move to hospital operating rooms, their classes return to Rankin Education Center.

Histotechnology, one of the college's newest programs, has been meeting regularly in its new student lab and classroom space at CMC-Mercy since fall of 2013, and in 2015 will hold most classes and labs there. Carolinas College and its students benefit from the outstanding synergy with Carolinas HealthCare System, which allows all parties to benefit from the focus on preparing skilled providers to meet tomorrow's healthcare workforce needs.



Histotechnology students develop skills at the new lab housed at CMC-Mercy.

CCHS TESTIMONIAL

"When I was 11 years old and visiting my newly born cousin, I loved the atmosphere of the hospital and was glued to the window of the nursery, watching the nurses take care of the babies. I vividly remember leaning against the window and thinking, 'That's what I want to do.' From that day on, I knew it was my goal to become a nurse. I was able to start my journey when I was just 17 and here I am now at 20, a nursing graduate. I have reached my dream and can't wait to learn even more. I know I was made for this field and am blessed to be a part of the healthcare team."

- Lexi Ivey (NUR 2014)

They Understand Healthcare Transformation!

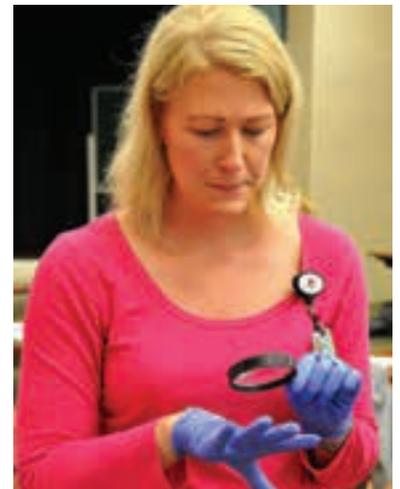


In 2014 seventeen intrepid CCHS students signed up for the first ever Special Summer Topics class: Quality, Patient Safety, and Transformation of Care. For six weeks students learned from Carolinas HealthCare System administrators the how, what, and why of healthcare transformation. The course focused first on how hospitals are now held financially accountable for quality care and patient

For each topic, scholarly readings were assigned and discussed, lectures were presented, and a field experience brought it all to life.

safety in the new world of the Affordable Care Act. Then they tackled how patient care is moving outside the hospital walls to home care, virtual care, and group care. Finally they were introduced to the medical home model which seeks population disease management through emphasis on wellness and preventative care for high utilization patients, even

the homeless and the least compliant. For each topic, scholarly readings were assigned and discussed, lectures were presented, and a field experience brought it all to life. CCHS is proud of its students who want to be on the cutting edge of care delivery. Said one CHS presenter, "I am so impressed! These students have done their homework; they understand complex concepts that allude most of the public, including many healthcare professionals!"



SAVE THE DATE

CAROLINAS COLLEGE OF HEALTH SCIENCES
HOMECOMING WEEKEND
OCTOBER 9 AND 10, 2015



**CELEBRATING
OUR HISTORY**

Please save the date for the Carolinas College of Health Sciences homecoming weekend – celebrating the college’s 25th anniversary as well as Carolinas HealthCare System’s 75th anniversary commemorating the opening of Charlotte Memorial Hospital in 1940.

Festivities will begin Friday evening with a reception, dinner and program at the Marriott SouthPark. Please join us on Saturday for tours of hospital facilities, live music, children’s activities and even more family-friendly fun.

If you have questions, please contact:
Ashli Campbell
Ashli.Campbell@Carolinashhealthcare.org
704-631-1026

* More details and a formal invitation to follow.

For hotel accommodations, contact:
Marriott SouthPark
2200 Rexford Road | Charlotte, NC 28211
704-364-8220

* Mention CCHS for room block.

Marty and Susan McLaughlin

"We became involved with CCHS while our son Bryan was attending the nursing program. Both Susan and I were immediately impressed with the quality of the nursing program and faculty, and with the qualifications and experience these students had accomplished even before switching their careers to nursing. We got to know many of these students through Bryan and found these individuals to be extremely bright, motivated, and compassionate. We decided that this is the type of organization and the type of student that we would like to support through a scholarship.

One Sunday over dinner with our son Bryan, we heard about one of his fellow nursing students (and friend) who had recently been in a bad automobile accident and was hospitalized in the intensive care unit. Bryan told us that one the classmate's biggest concerns was fear that she wouldn't be able to complete her nursing degree due to mounting medical expenses and her inability to work after the accident.

On Monday we decided to call Dr. Sheppard and see if there was a way that we could help this bright, caring, and deserving individual who'd found a way to get top grades while also being a working mother of three small children."

Because of Mr. and Mrs. McLaughlin's generosity, Amanda Bowen was presented the Points of Light Special Gift at the 2014 CCHS Scholarship Reception. She graduated and today is a nurse at Carolinas Medical Center.



Susan McLaughlin, Amanda Bowen, and Marty McLaughlin



Phone-a-thon Success – Inside and Out

So much depends on the generous support of alumni through the annual phone-a-thon campaign. Alumni gifts ensure that CCHS students continue to benefit from scholarships, small classes, superior faculty and a state-of-the-art simulation lab — things tuition alone cannot cover.

The 2014 phone-a-thon was a huge success, raising over \$17,000. With the 2015 campaign just wrapping up, numbers are still being tallied, but all indicators point to another banner year.

The College also depends on its students, faculty and staff because, unlike most colleges, CCHS's phone-a-thon is staffed entirely with unpaid volunteers, and each year that support is outstanding. These volunteers give of their time because they know the importance of vision. They also love talking with alumni and hearing your stories!

alumni contributions in meeting the College's mission and We are so grateful to you, our loyal and generous alumni, for your continued support!

From the Alumni Association President



Will Borders - Alumni President

We are looking forward to making 2015 another great year for CCHS students and alumni! It is an honor and privilege to have the opportunity to serve as president of the Alumni Association for CCHS in the upcoming year. It has also been a pleasure to watch and learn under our past president Patty McCrary as she has exemplified her motivating and caring characteristics in this role to bring about some exciting new changes over the past year such as the Young Alumni Council, the mentor program, and the joint meetings with Mercy School of Nursing. Big thanks to Patty for her service and guidance!

After graduating in 2006 from the Medical Laboratory Science program at CCHS, I have had the opportunity to work in hematology, molecular pathology and currently as a field service representative for Carolinas Laboratory Network. The wonderful instructors at CCHS instilled in me the knowledge and confidence necessary not only to just pass the boards, but to work effectively and with understanding as part of the patient care team. Largely as a result of my valued experience with CCHS, it was an easy decision to stay connected and support the school as an alumnus, which has led from attending alumni meetings to becoming involved with the Young Alumni Council to now serving as your Alumni Association President for 2015!

The Alumni Association and CCHS are especially excited for Homecoming 2015! The planning is well underway for this special occasion. Please stay tuned and keep your calendars open for CCHS Homecoming 2015 which will take place this fall, October 9 and 10.

There are plenty of other opportunities the Alumni Association provides to stay connected with classmates, instructors and the community and we strongly encourage participation with this growing, fun-loving, and connected-to-purpose organization.

2015 Alumni Association Officers:

President
Will Borders (MLS '06)

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Allumni Trip 2014

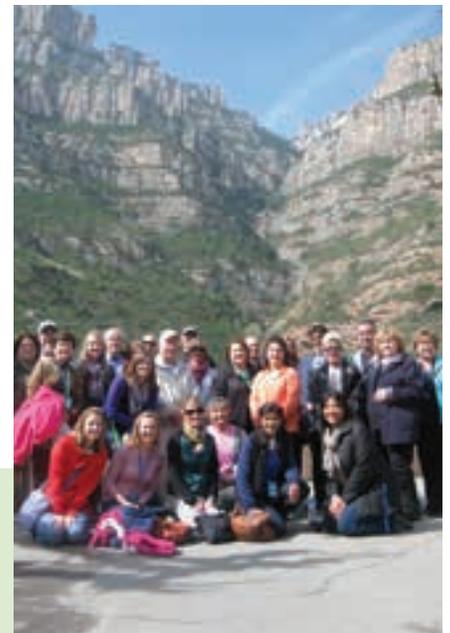
Spain, France and Italy... Oh My!

Last spring, 34 travelers (our largest group to date) set off for the adventure of a lifetime. The 2014 alumni trip started off in Barcelona, Spain, where the group visited iconic sites like Gaudi's Sagrada Familia and Park Güell, sampled delicious Spanish tapas and strolled along Las Ramblas – the most famous boulevard in the city. The tour continued on to Southern France with a side trip to Monte Carlo, then to the Italian Riviera where travelers could explore the fishing villages of Cinque Terre and ended up in beautiful and historic Florence, Italy. New friendships were formed and lasting memories were made. It was indeed an unforgettable trip for all. Many from the group extended their trip for a few more days on Rome.

Stay tuned for photos from our April 2015 trip to Athens and Ancient Greece! You'll see us discovering the heart of Europe's oldest cities, from the Acropolis to the Plaka, island hopping along the Ionian, and exploring the backdrops of Plato and Homer's epics which shaped Western civilization.

SNEAK PREVIEW: in 2016 we'll visit The Jewels of Alpine Europe: Germany, Austria, and Northern Italy.

For details contact Ruthie Mihal at Ruthie.Mihal@CarolinasHealthCare.org or Phone: (704) 609-1542.



Alumni Tour Group at Montserrat



Charlotte Memorial Hospital School of Nursing Classes of 1954 and 1964 with former instructor Elinor Caddell, Class of 1944, fourth from right.

Celebrating Milestones

Each spring, CCHS invites alumni celebrating the 50th or 60th anniversary of their graduation from Charlotte Memorial Hospital to be honored at the College's graduation ceremony. However, 2014 marked the 70th anniversary of the first graduating class of the CMH School of Nursing – the Class of 1944. Our beloved Elinor Caddell, former CMH-SON faculty member, active alum, and the 2005 CCHS Distinguished Alumnus, was a member of the Class of 1944 and in attendance for the festivities along with seven members of the Class of 1954 and six members of the Class of 1964.

The weekend's activities kicked off on Friday, May 2, with a lovely dinner in uptown Charlotte. Some alumni hadn't seen one another since graduation. Some recognized one another

immediately; others took a bit longer but once the stories and laughter began flowing, the years seemed to fade away. Many memories were shared as alumni talked until the wee hours catching each other up on where their lives had taken them since their days at CMH.

Alumni attended the commencement ceremony on Friday evening and were recognized individually by Dr. Sheppard. The weekend continued on Saturday with breakfast and tours at Carolinas Medical Center and an introduction to medical simulation at the College. Congratulations, Charlotte Memorial Classes of 1944, 1954 and 1964 - we enjoyed strolling down memory lane with you.

IN MEMORIAM

The college's deepest condolences are with the family, friends and classmates of our alumni whom we lost since spring 2014.

J. Brady Daniel, MT 1948
Peggy Sigmon Cherry, NUR 1952
Betty Lou Floyd, NUR 1953
Doris Baucom Harrelson, NUR 1954
Martha Elledge Myrick, NUR 1960

Frances Putnam Davis, NUR 1967
Robert "Bob" White, RT 1993
Chad McMillan, RT 1995
Beth D. Hines, NUR 1998
Sarah "Beth" Jarrell Edwards, NUR 2010

HONOR ROLL...

The list below includes those who've given – or pledged to give – without thought of personal gain. The College recognizes, appreciates, and honors the generosity of these individuals. If your gift(s) arrived after March 2, 2015 it will be listed in our next edition. If your gift is not listed or listed incorrectly, please contact Pat Lewis at 704.355.2029 or Pat.Lewis@CarolinasCollege.edu so we can correct the error with our next publication. **Thank you!**

...OF OUR GENEROUS ALUMNI AND DONORS

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EMS	Emergency Medical Science
HT	Histotechnology
MLS	Medical Laboratory Science
NUR	Nursing
RT	Radiologic Technology
RTT	Radiation Therapy
ST	Surgical Technology

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ALUMNI PATHWAYS

Please share what's new in your life with a phone call to Pat (704.355.2029), or email to Ruthie (Ruthie.Mihal@CarolinasHealthCare.org) or a message to <http://www.carolinashealthcare.org/cchs-alumni-contact-form>.

CLASS OF 1947

Carrie Hartsell Campbell (NUR) celebrated 62 years of marriage in April 2014 and will be 91 years old on July 7.

Lila Gilbert Kuenhert (NUR) celebrated her 90th birthday with family and friends. Said Lila, "This had to be the best birthday ever with the Open House given and catered by my own children



Lila Gilbert Kuenhert (NUR)

and many of the grands helped. I could not have imagined what a joy the 90th could bring, including greetings from Carolina College of Health Sciences, former nursing classmates (so few of us left from my class) and friends from across our beloved nation (over 200)!" On another note, her son, Dan Kuenhert, won the election for N.C. Superior Court Judge for Burke and Caldwell Counties on Nov. 4th!

CLASS OF 1948

Wanda McDonald Pospahala (NUR) has moved to an extended care facility in Dallas, TX.

CLASS OF 1950

Mary Ann Seltzer Sanford (NUR) had aortic valve replacement in May 2014.

CLASS OF 1951

Virginia Stuart Cloer's (NUR) beloved granddaughter Jessica Sink succumbed to a recurrence of the cancer that she battled as a child. Ginny's daughter Patricia (Jessica's mother) helped start the toy chest at CMH's Children's Hospital (now

Levine Children's Hospital) when Jessica – then a child – first battled cancer. Before she passed, Jessica mustered the courage and strength to renew her wedding vows in the Duke University Chapel.

Katherine Stewart Townsend (NUR) reports that her lymphoma is in remission.

CLASS OF 1956

Becky Myrick received top honors from First Health of North Carolina at its annual banquet celebrating longevity. First Health, a 4-hospital system in Pinehurst, recognized and thanked Myrick in December for her 55 years of service! Becky started with First Health in 1959 as a labor and delivery nurse at what was then Moore County Hospital. She moved to the corporate education department to find a schedule conducive to completing a BSN and has worked in several RN roles since then. Becky's tried to retire several times but keeps returning. "I love working, but when I tried to retire I missed the patients, the people, and the work in general."

CLASS OF 1957

June Lashmit Booth (NUR) lost her son Neal - then a student at Wake Forest University - to leukemia 29 years ago. Recently Wake Forest remembered Neal with a heart wrenching yet poignant university-wide tribute found here: <http://wakewill.wfu.edu/chastain-story>.

Jane Waggoner Disher (NUR) has moved to the Apartments at Phillips Place in Charlotte. Interested classmates can contact Pat Lewis at 704.355.2029 or pat.lewis@CarolinasCollege.edu for the new address.

Class of 1958

Kathryn Sigmon Campbell (NUR) celebrated 55 years of marriage in 2014 and has eight grandchildren and five great-grandchildren.

CLASS OF 1960

Elizabeth "Libby" Hunter Greene (NUR) married her high school sweetheart, Jim Ebert, on June 21, 2014. The newlyweds live in Winston-Salem, NC.

CLASS OF 1963

Carolyn Caskey Rotman (NUR) reported post-chemo pneumonitis and a terrible cough and congestion last fall, but "left my radiation oncologist's office tap dancing... no evidence of cancer and she considers me in remission." Carolyn reports incredible support from the Class of 1963, "messages which were funny, inspirational, political...and others!" for which she is most grateful.

CLASS OF 1967

Nancy Day Hill's (NUR) daughter Stephanie gave birth to her second set of twins. Baby boy Logan and baby girl Riley join brothers Reece and Ben.

CLASS OF 1990

Julie J. (MLS) continues to shepherd the translation of The Jesus Film into all the world's languages, showing the film throughout the world and starting churches. In 2014 she was instrumental in recording the film in 11 new languages and in the start-up of 10 new churches in Tanzania. Said Julie, "How incredible to see the first live showings I coordinated! We estimate 500 people were at each showing." In March 2015 she was off to Africa again to discuss the 20 African languages in which the Bible hasn't yet been translated and for which there's not yet a Jesus Film. (We do not use Julie's full name due to safety considerations at international borders.)

CLASS OF 1994

Charles Gold (NUR) received his BSN,



Charles Gold (NUR)

passed his CCRN certification and is considering CRNA studies.

ALUMNI PATHWAYS

Tammie Heintzman (NUR) continues to teach nursing for Kaplan and is entering the practicum portion of her master's degree studies. She is composing a special commissioned musical piece for CCHS's 75th/25th anniversary.

CLASS OF 1995

Anita Bishop (NUR) has been a faith community nurse at Providence Baptist Church (in partnership with Carolinas HealthCare System) for 4 years. The church celebrated by featuring her in its newsletter, including this: "Anita Bishop has been our faithful and dedicated Faith Community Nurse here at



Anita Bishop (NUR)

Providence Baptist for 4 years (as of April 1st). She has served this congregation above and beyond the call of duty, so much that CHS uses her constantly as the 'model FCN'." Of her work, Anita says "I truly believe this is what God has called me to do at this time of my life!"

Beate Graeter (NUR) is the clinical manager of CCU & PCCU at Caromont Health and will receive her master's in healthcare administration in August 2014.

Sharon Wittemann MacKinnon (NUR) and her colleagues in the Department of Public Health at UNC-Charlotte published a seminal paper in public health in the Open Journal of Preventive Medicine entitled, "Racial Disparity in Years of Potential Life Lost to Induced Abortion." She presented the work at a conference at Yale. Sharon is completing doctoral

work at UNC-Charlotte in health services research.

CLASS OF 1996

Erica Cirillo Brinkley (NUR) is teaching adult health and holistic health assessment in the BSN program at Notre Dame of Maryland University. Said Erica, "Over the winter I wrote, with help, my first grant for the Who Will Care? Fund for Nursing Education here in Maryland; we were funded for \$200,000!" Erica's daughter Maeve is in first grade.

Nate Huggins' (NUR) Blessed Assurance Adult Day Care continues to grow. In January Nate greeted a crowd that gathered for the grand opening of the new and much larger facility.



Nate Huggins (NUR)

Joy Sells Kieffer (ST) worked briefly as a surg tech and then set her sights on nursing. She earned her RN, PhD & CCTN and is now the chair of nursing at the University of Mt. Olive in Mt. Olive, NC. Joy designed and developed Mt. Olive's online RN-to-BSN program and is building their MSN program for implementation in 2016.

Angel Shaver Pryor (NUR) is enrolled in the DNP program at Vanderbilt University and concentrating her research on the use of acupuncture and magnetism for control of substance abuse and anxiety. She completed her MSN at Vanderbilt, as well, and works at Rowan Regional Medical Center in Salisbury.

John Lindsay (NUR) is in Abu Dhabi,

where he works for the Cleveland Clinic in lead systems support. John completed his BSN at the University of Maryland in 2009 and worked for Johns Hopkins and then Duke University Health System before accepting the UAE post in 2015.



John Lindsay (NUR)

Matt Zegil (NUR), a nurse practitioner with Novant, is building a home on stunning lakefront property he's purchased in Canada.

CLASS OF 1997

Kara Thomas McLeod (NUR) has been married for 16 years and has two children Alex (13) and Lily (6). She lives in Lake Wylie, SC and works as a mother/baby nurse at Carolinas Regional Medical Center in Gastonia, NC.

Jeron (Jeff) Reece (NUR) is leaving Bennettsville, SC, where he's been a hospital CEO for 5 years and moving back to his hometown of Asheville, NC, in April. Welcome back to Tarheel land, Jeff! Jeff will still be employed with Community Health System (CHS).

CLASS OF 1998

Carrie Knight Belk (RT) passed her CT registry exam and works weekends at CMC-Union where she's been for the last 16 years.

Susan Todd King (NUR) lives in Turkey with her family, and though she loves the traveling, she's looking forward to returning to the US in another year.

ALUMNI PATHWAYS

Curtis Petree (NUR, and CMC/UNCC's CRNA MSN) was selected by the graduating CRNA class of 2014 as their graduation speaker. This high honor is reserved for those anesthetists whom students see as wise, caring and excellent in the field of anesthesia.



Curtis Petree (NUR & CMC/UNCC's CRNA MSN)

CLASS OF 2000

Meredith Hirsch (NUR) is enrolled in the nurse practitioner program at Duke and anticipates graduating in May 2016. She was a faculty recipient of the Cato Excellence in HealthCare Education Scholarship.

Class of 2003

Lisa Kowalski Dacey (MLS) welcomed her second son in September 2014.

Laura Johnson (NUR) is a MICU nurse in Charleston, SC.

Brandee Khoshnevis (NUR) received her emergency nursing certification and her BSN.

Delectra "Denise" Starr (NUR) was selected for induction to "The Great 100 Nurses" in North Carolina for 2014.

Mari Templeman (NUR) has been in Saudi Arabia since 2010, working for Johns Hopkins Aramco Healthcare (JHAH), a joint venture between Saudi Aramco (the largest oil exporter) and Johns Hopkins International. Mari was an emergency nurse until last September when she transferred to home health-care. "The patients and their families are lovely and thankful for our services - it is



Delectra "Denise" Starr (NUR)

very rewarding." Mari lives in Ras Tanura on a company compound in the Eastern Province of Saudi Arabia on the gulf. There, she wears western style clothing and drives. Elsewhere, she wears an abaya (long black gown) when off the compound. Says Mari, "While it is hard being away from family and friends, modern technology has helped bridge the distance. This job has definitely been a blessing for me!"

CLASS OF 2004

Melissa Gregg (NUR) received her MSN from the University of Phoenix in 2014. She is a clinical informatics supervisor at Carolinas Medical Center.

Carrie Martin (NUR) (with marriage license in hand!) is engaged to be married this spring.



Carrie Martin (NUR)

Vickie Martin (NUR) is a quality assessment nurse and PRN admission nurse/diabetic educator at Carolinas HealthCare System Pineville.

Joe Vitt (NUR) is the house supervisor for the Betsy Johnson Regional Hospital in Dunn, NC, as of July 2014.

CLASS OF 2005

Laura Capranica (NUR) received her master's in gerontology from UNCC in December 2014.

CLASS OF 2006

Jessica Carter (RT) married Mike DiMicco in October 2013.

Rani Cruz (NUR) married Joseph Castro in 2009. They live in Jacksonville, FL where Rani is the assistant nurse manager of interventional radiology at University of Florida Health and Joseph is in the Navy.

D'Anna Helms (NUR) is expecting a second child in July 2015.

Steve Keller (NUR) has accepted the position of nurse manager at the neurosciences ICU & Carolinas Epilepsy Center.

Lamiaa Tolba (MLS) graduated from Wingate University's Physician Assistant program in 2013 and has completed a fellowship at CHS' Center for Advanced Practice.

Jason Mauney (NUR) is pursuing a master's in informatics with a projected graduation date of spring 2016.

Bonnie Phillips (NUR) earned an MSN from the CMC/UNCC Nurse Anesthesia Program and is now a CRNA.



Cara Harrity Wolf (NUR)

Cara Harrity Wolf (NUR) is excited to be back in North Carolina working in Durham as a newly certified nurse midwife! Cara completed her BSN at the University of Alaska and worked there as an L&D nurse while also completing her

continued on pg. 38

ALUMNI PATHWAYS

midwife education through the University of Cincinnati.

CLASS OF 2007

Shane Julian (NUR) has been promoted to an exciting and unique nurse manager position managing the full team of CHS-Central Division nurses who work in radiology, assuring that patient care needs are met throughout complex imaging procedures.

Hope Crisson LaVerde (NUR) welcomed baby boy Miles in 2014 and is finishing up her BSN from UNC Greensboro.

Joey Pham (MLS) recently represented the medical laboratory science profession with Dr. Robert Sautter at the NC Science Festival.

CLASS OF 2008

Kristen Childers (NUR) welcomed daughter Avery Grace in Feb. 2014 and works at Piedmont Medical Center.

Megan Crum (NUR) recently married and moved to Georgia.

Kimberly Davis (NUR) married Andrew Boyd in April 2013 and is working as a travel nurse.

Casey Kreuziger (NUR) was selected as a Carolinas HealthCare System "Notable Nurse" for August 2014. She has moved to Boone, NC. She still works per diem in the ICU float pool at CHS but has taken a full-time position as a cardiac rehab nurse with Cannon Hospital in Linville, NC.

Michelle Meredith (NUR) lives in Georgia and is engaged to Chuck Kimbell with a wedding date of April 2015.



Casey Kreuziger (NUR)

CLASS OF 2009

Lauren Carr (NUR) married Tanner Smith in May 2013. They welcomed daughter Stella in June 2014.

Ashanti Ferguson (NUR) is coordinating an inpatient OB certification review course for labor and delivery for 2015.

Amber Hallgren (NUR) married Travis Green in May 2014, moved to Chapel Hill and is working as a CNIII at NC Children's Hospital.

Kelly Johnson (RT) married Daniel Boughman in August 2014 and works for Riverwood Medical Associates.



Kelly Johnson Boughman (RT)

Eleonore "El" Wanner (NUR) is now living in Hong Kong.

CLASS OF 2010

Paul Hayes (NUR) was recognized with a Daisy Award for outstanding patient care.



Photo of Hong Kong submitted by El Wanner

Amanda Jones (NUR) received her BSN from Winston-Salem State University in Dec. 2014.

Laura Kosloske (NUR) married Ross Howard in August 2014 and is a school health nurse with the Mecklenburg County Health Department while also working PRN at Levine Children's Hospital.

Sarah Ludlow McGimsey (NUR) and husband Matt welcomed baby girl Cathryn Elizabeth in Oct. 2013.



Cathryn Elizabeth McGimsey

Otis Morgan (NUR) received his BSN from Winston-Salem State University in December.

Jennifer Palmer (MLS) was married in October 2014.



Caitlyn Rogers (NUR)

Caitlyn Rogers (NUR) was recognized with a Daisy Award for outstanding patient care.

Kelly Thomas (NUR), a nurse at Dickson Heart ICU, won a DAISY award in November 2014. The DAISY award

ALUMNI PATHWAYS

"honors the superhuman work nurses do for patients and families every day."

Aimee Thompson (NUR) married her high school sweetheart, Michael Culler, in March 2013 and moved back to Ararat, VA.

Jessie Smolin (NUR) is a travel nurse and has traveled all across North America. She highly recommends it: "I've learned a lot and worked with great people."

Van Le Sullivan (NUR) received her BSN from UNCC and will complete her studies for a master's in nursing education from Queens University in December 2015. She joined the faculty at CCHS as a PRN nurse aide instructor in January 2015.

Brandee Winkler (RT) started PA school in January.

CLASS OF 2011

Jennifer Autry (MLS) married her high school sweetheart, Mark McCormick, in August 2013.

Jessica Carter (RTT) married Mike DiMicco in October 2013.



Meghan McManus Wilson's baby, Ella

Meghan McManus Wilson (NUR) and husband welcomed baby girl Ella Blake on November 3.

Karey Digh (NUR) received his BSN from Winston-Salem State in Dec. 2013. He and wife Stephanie expect their first child in June.

Peter Dombrowski (NUR) was selected as a Carolinas HealthCare System "Notable Nurse" for June 2014.

Erin Flynn (NUR) married Eric Babbitt in April 2014. She works in hematology/oncology at Levine Children's Hospital

Kimberly Whitworth (MLS) is engaged to Matt Shaw and works in the lab at Levine Cancer Institute.

CLASS OF 2012

Erin Parker (MLS) is a traveling medical laboratory scientist. She received her California license and is on her way to her first assignment.

CLASS OF 2013

Jeanette Atherley (NUR) received her BSN from Adelphi University in August and works on the cardiac telemetry floor at Mercy Medical Center in Rockville Centre, NY.

Michael Dougherty (NUR) moved to Florida and works on a cardiac surgical stepdown unit at Bayonet Point Regional Medical Center.

Jennifer Finn (NUR) loves working on a progressive care unit at Carolinas Medical Center.

Ashley Fraley (RT) married Robert Stover in August 2013, moved to West Virginia, and now works at Valley Health Urgent Care.

Dawn Froneberger (NUR) welcomed son Landon on October 3. Said Dawn, "One of my classmates (Megan Lashua) was my OR nurse! I was so happy to see a familiar face and I knew I would receive excellent care from her. She did a great job!"

Kristen Guido (NUR) and husband Chris welcomed daughter Averi Jane in January 2015.

Ebony Petersen (MLS) is engaged.

Lesley Rowland (NUR) works in the OR at Carolinas Medical Center.

Briana Savage (NUR) works at Myers Park Pediatric Clinic.

Upcoming Alumni Events

April 12 to 24

Alumni Trip to Greece

Friday, May 1

Alumni Spring Get Together
6:30 p.m. hosted by alumnus Lee Callicutt Abbott (NUR '63) Bring a guest, if you like, and your favorite covered dish (grilled tenderloin of beef and beverages will be provided).

Friday, May 8

Graduation
7:00 p.m. at Pritchard Memorial Baptist Church
Speaker John Santopietro MD

Friday, May 8 and Sat. May 9

50th, 60th, and 70th Reunion Celebrations for the Classes of 1945, 1955 and 1965

Tuesday, May 19

Alumni Association Meeting
6:30 p.m. at CCHS
If you'd like, bring along a new, unwrapped toy to donate to the Levine Children's Hospital Toy Chest.

Tuesday, August 25

Alumni Association Meeting
6:30 p.m. (Location to be determined.)
If you'd like, bring along school supplies for the annual School Tools Campaign to benefit Classroom Central.

Friday, October 9, and Sat. Oct. 10

CCHS Homecoming: For All Alumni and All Classes Friday and Saturday activity schedule to be announced. Watch for your Save the Date.

Thursday, October 29

Scholarship Reception
Reception for scholarship principal donors to meet their student recipients
By invitation

Tuesday, November 17

Alumni Association Meeting
6:30 p.m. (Location to be determined.)
Bring along stocking stuffers for children ages 9-11 to benefit The Salvation Army.

Friday, December 18

Graduation
3:30 p.m. at Pritchard Memorial Baptist Church
Speaker US Senator Thom Tillis



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Send life and career updates to: Publications Manager, CCHS, P.O. Box 32861 | Charlotte, NC 28232.
Or update profile information at CarolinanCollege.edu. Click on Alumni and then Alumni Update Form.

Reconnect with your class and CCHS

Return to campus in October, 2015. See page 28.

Are you a Nurse Practitioner?

We need you. See page 23