

CENTER FOR ADVANCED PRACTICE Quarterly Re-CAP

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What Can CAP Do for You?

The Center for Advanced Practice (CAP) is committed to establishing Carolinas HealthCare System as the best professional choice for Advanced Clinical Practitioners (ACP). We strive to promote an innovative care delivery model that optimizes the role of the ACP across the System, while providing cost effective and superior care to our patients.

The Association of American Medical Colleges estimates a physician shortage of 63,000 by 2015, and a shortage greater than 100,000 by 2025. This means the role of the ACP is more valuable than ever! And, the team at CAP wants to know:

What can we do for you?

Our team of professionals has worked diligently to identify areas in which ACPs could benefit. First, we want to provide our ACPs with better quality on-the-job training so that you feel more prepared for various clinical situations. Second, we want to develop a unified means of communication with our ACPs across the system so that everyone feels connected. Next, we believe that promoting ACP/MD clinical partnerships will provide added value to your workplace and will assist in optimizing your role as a valued provider to our patients, allowing you to practice at the top of your license and provide services in a variety of settings. We also recognize the power of knowledge and education and want

to provide our ACPs with the resources to enhance your awareness of what is available to you. Further, CAP wants to provide you with the opportunity for career/educational mentoring, as well as professional development.

Help Us Help You

We invite you to share your thoughts and ideas with us. We are interested in the voice of our ACPs.

- *How can we help you feel more connected?*
- *How can we help you feel more prepared in the clinical setting?*
- *What are your ideas for optimizing the role of ACPs across the system or in your specialty?*
- *Or, do you simply have valuable information that you feel could benefit the ACP community if shared?*

This is your opportunity to help us help you! Please feel free to send your thoughts and ideas to:
Shelly.Williamson@CarolinasHealthCare.org.

Thank you for all you do...for Carolinas HealthCare System, for our patients and for our community. Know that you are greatly appreciated and valued for your dedication and hard work.

ACP Noteworthy News

Mark Your Calendars

In September, CAP will host a system-wide ACP appreciation event and we want YOU there! Stay tuned for more information regarding date and location.

Did You Know?

There are currently nine ARC-PA programs in North and South Carolina, and there are seven new programs in the making!

Food for Thought

31.7 million is the number of estimated newly insured Americans in 2014.

ACP Fellowship Program

The ACP Fellowship Program is off and running! The initial cohort finished their core intensive care rotations on January 13, and will move into their specialty training for the final nine months of their program. This group of post-graduate learners has been participating in inter-professional education through interactive didactic sessions with various departments and specialty providers, including expert physicians, nurses, respiratory therapists, case managers, social workers and pharmacists.

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What Can CAP
Do for You?

Program Updates

Spotlight is On:
Tina Hayes, CNM

Announcements



Spotlight is on...

Tina Hayes, CNM: Carolinas HealthCare System Midwives Becoming More Mainstream



Tina Hayes, CNM
Piedmont GYN/OB

More and more women in the United States are considering a certified nurse midwife for obstetric care. In fact, *Time Magazine* recently reported that eight percent of all deliveries are performed by a certified nurse midwife (CNM). As this practice becomes more mainstream, Carolinas HealthCare System practices, such as Piedmont GYN/OB, Charlotte OB/GYN, Shelby Women's Care and Concord Women's Specialty Care, are adding more midwife providers. Union OB/GYN also offers

midwifery services through their laborist who delivers at Carolinas Medical Center-Union.

"Most families will find that both traditional obstetricians and midwives provide care that is personalized and based in clinical best-practices," Tina Hayes, a certified nurse midwife with Piedmont GYN/OB, said. "Midwives are an appealing option for women who want a less routine approach to childbirth, including non-medicated labor." CNMs are trained in both nursing and midwifery and are certified by the American College of Nurse-

Midwives. To be certified, a CNM must be formally educated in midwifery through an accredited program affiliated with an institution of higher learning, demonstrate clinical competence and pass a rigorous national certifying exam. Typically, patients in good health can opt for a midwife." If a patient has a medical condition that requires the care of an obstetrician or perinatologist, we will help transition their care and possibly continue to be part of the care team," Hayes said.

"My fellow midwives feel very fortunate to work for a system like Carolinas HealthCare System that puts patients first, always, and believes that patients should have choices when it comes to their providers. That culture allows for close partnerships between midwives, obstetricians and the hospital team. We work as One care team to do our best to honor the wishes of our families."

Midwives are important providers throughout the System, offering women a full range of services, including routine gynecological checkups, family planning, prenatal and postpartum care, and, of course, delivering babies.

ACP Fellowship Update *Continued...*

The Center for Advanced Practice has developed a crucial research study as a means to better understand ACP transition to practice.



This initial cohort plays a vital role, as the focus of the study is to evaluate how effective the program is in preparing the ACP for practice in his or her specialty based

on subjective perceived preparedness and objective knowledge-based assessment in a simulated environment.

In December, the fellows participated in charity work through Operation Christmas Child. Each fellow donated gifts and packed shoeboxes for disadvantaged children around the world. This provided a wonderful opportunity to come together to spread cheer and make a difference in a number of precious children's lives.

Though the initial cohort is keeping CAP busy, the fellowship team is also preparing for the next cohort set to begin April 7, 2014. CAP received a pool of 56 applicants for this second cohort, and 41 interviewed for 22 positions! The national pool of applicants ranged from New England to California. We are excited to announce the fellowship program will expand in April 2014, to offer primary care specialty tracks in family medicine, internal medicine and pediatrics. This expansion will increase our

fellowship by six fellows. With our expansion, comes the need for guidance and leadership in the primary care world, and we gratefully welcome Darlyne Menscer, MD, to our team as our co-medical director for CAP.

And finally, we are pleased to share with you that on September 18, 2013, CAP hosted a national summit at Carolinas Medical Center, led by our own Britney Hagy, DNP, ACNP-BC. This summit provided an opportunity for various leaders of post-graduate programs across the country to address the lack of an accrediting body for nurse practitioner programs and to initiate the development of a collaborative group to advocate for an accreditation process.



Watch this Video

to learn more about CAP's Fellowship Program.

Help Wanted

The Center for Advanced Practice is dedicated to providing opportunities for clinical education to aspiring ACPs. Our office works to coordinate all facets of clinical placements so that you can focus solely on training your student. The current need for ACP clinical placements is greater than our resources. We need your help! If you would like to participate in this rewarding opportunity to teach ACP students in the clinical setting, please contact:

Elizabeth Yocom, Clinical Placement Coordinator
Center for Advanced Practice
Carolinas HealthCare System
Elizabeth.Yocom@CarolinasHealthCare.org
704-446-5185

Adult-Gerontology Acute Care Nurse Practitioner Program

(a partnership between UNC Charlotte and Carolinas HealthCare System)

The media's abuzz about Carolinas HealthCare System's commitment to ACP education!

On Thursday, November 21, Michael Tomsic, reporter from WFAE, Charlotte's national public radio station, spent an afternoon with Cyndy Shierts and Sheena Shaw, registered nurses enrolled in the UNCC/Carolina HealthCare System's Adult-Gerontology Acute Care Nurse Practitioner (AGACNP) program. Tomsic shadowed the nurses through the afternoon, asked why they chose the program and what they hope to get from it. He even accompanied Shierts and Shaw to their Advanced Pathophysiology class. With the help of UNCC's communication department, Tomsic recorded some of the pathophysiology lecture to serve as background audio for the story.

After gaining a first-hand understanding of the AGACNP program, the journalist plans to continue following the two AGACNP students throughout their program, possibly expanding the story to include the fellowship and the full CAP initiative.

New: Post-Masters Acute Care Certificate Option

For traditional graduate nursing students seeking a career in acute care nursing, the AGACNP concentration offered by UNC Charlotte, in partnership with Carolinas HealthCare System, is ideal. Traditional graduates are well prepared to pass the national certification exam, earning a first graduate degree. However, not all students fit that mold. Some who seek an acute care NP career already hold an advanced practice credential, such as family, adult, gerontology, midwifery or even nurse anesthesia. Thanks to the AGACNP post-masters option, these students don't have to start from scratch. This year, for the first time, the University's admissions committee will consider applicants for that option.

"There are advanced practice nurses in the area who went the route of family or adult nurse practitioner because there was no acute care program available. Now the post-master's option opens a new door, while valuing the high-caliber graduate work they've already completed. It's a wonderful win-win situation both for our area's nurse practitioners and for acute patient care!"

Ellen Sheppard, EdD
President, Carolinas College of Health Sciences

AGACNP Students Receive Warm Welcome and Support from Carolinas HealthCare System

Starting a new educational venture is stressful, expensive and full of challenges. The 12 new AGACNP students were reminded of that in August as they began to balance school, work, family and the many other demands life puts on adult students. In light of this, Carolinas HealthCare System and the CAP initiative sought ways to demonstrate their support.

In September, assistant vice president of CAP, Dennis Taylor, DNP, ACNP-BC, FCCM, visited the students at UNC Charlotte, treating them to pizza and offering encouraging words. A few weeks later everyone was invited to the home of Britney Hagy, co-director of the CAP fellowship and a nurse practitioner, for a barbecue with CAP staff and fellows. As one student left the event, she said, "I'm surprised and delighted to feel so much support from Carolinas HealthCare System. I can tell they really care about my success."

Record number of students from Carolinas College of Health Sciences learn about AGACNP



Expanded educational credentials are vital in today's complex healthcare world, and Carolinas College of Health Sciences (CCHS) routinely helps its students and alumni explore those options. On September 24, CCHS hosted representatives from 12 colleges and universities. Mercy School of Nursing students also joined the event along with several dozen Carolinas Medical Center RNs. David Langford, PhD, RN, CNE, interim associate director Graduate Division School of Nursing, UNC Charlotte, provided information about degree completion options and graduate nursing programs, including the AGACNP program.

Upcoming Local CME Opportunities

February 21 - 22	Utilization of Ultrasound in Obstetrics and Gynecology 2014
February 22	A Primary Provider's Guide to Navigating the Successful Treatment of Allergy and Asthma Sufferers
February 22	Levine Cancer Institute Breast Symposium 2014
Mar 19	38th Annual Internal Medicine Conference
Mar 29	Practical Updates in Bone and Soft Tissue Pathology

Regional or Nationwide CME Opportunities:

aanp.org/education/continuing-education-ce/ce-opportunities
ncapa.org/index.php/conferences/cme/