INPATIENT STROKE PROGRAM

- Largest inpatient stroke rehabilitation program in the Southeast.
- Staffed by a board-certified rehabilitation specialist, who has a sub-specialization in stroke rehabilitation, and a stroke-dedicated interdisciplinary team.
- Team members include the following disciplines: patient and family, medical staff, rehabilitation nursing, OT, PT, SLP, neuropsychology, recreational therapy, clinical social work, clinical care management, dietary, respiratory therapy and pastoral care.
- The goal of our program is to prepare the patient and family for discharge home, either at an independent level or with family support.

Physical Therapy
- Focuses on functional stability and mobility.
- Utilizes neurologically-focused therapy, aquatic therapy and other techniques in combination to assist patient in achieving highest possible functional level.
- Utilizes in-house Seating Clinic and Seating Specialists for appropriate seating system while in the hospital and for discharge if needed.
- Collaborates with orthotist for appropriate orthotics for increased independence with mobility.
- Orders equipment and educates patient and family about needs after discharge.

Occupational Therapy
- Focuses on strategies for ADLs and upper extremity restoration.
- Utilizes neurologically-focused therapeutic techniques in combination with other techniques for upper extremity restoration.
- Addresses visual, perceptual and cognitive deficits.
- Orders bathing and showering equipment and educates the patient and family about the patient’s needs after discharge.

Speech Therapy
- Focuses on swallowing, cognition, voice, motor, speech and language deficits.
- Utilizes Vital Stimulation for swallowing and facial electrical stimulation for facial droop and weakness.
- Leads a Breakfast Club for swallowing deficits as well as addressing attention and cognition.

Advantages of Interdisciplinary Stroke Program
- Stroke Education Class for patient and family led by various disciplines.
- Unit designated for stroke patients with stroke-dedicated nursing staff.
- Weekly Care Team and Rounding meetings.
- Focus on family education for Therapeutic Leave of Absence and discharge.
- Follow-up with board-certified stroke rehabilitation specialist for up to one and a half years post-discharge.
- Frequent continuing education classes and in-services for stroke team members.
- Newly developed Stroke Program Management Team, working to continually advance patient and family education, staff competencies, overall quality of care and all other aspects of the program.