



## Carolinus HealthCare System

### Testing For Diabetes In Pregnancy

The O'Sullivan test is a screening test for gestational diabetes (diabetes in pregnancy). It is routinely performed at 24 to 28 weeks of pregnancy, and is strongly encouraged by your doctor.

The O'Sullivan test can be combined with one of your routine office visits, but requires a separate lab appointment. The test takes one hour to complete. Although, there are no diet restrictions in preparation for this test, we recommend that you do not eat or drink anything for two hours before the test is to start. Our goal is to ensure that every precaution has been taken to yield the best results for your test. You may drink water.

When you arrive at the office, please inform the receptionist that you are having the O'Sullivan test performed so the lab can start the test before you see the doctor. You will be given a drink containing 50 grams of sugar. After the one hour wait, the lab will perform a finger stick to check your glucose and iron levels.

Keep in mind this is a basic screening test. Should your blood sugar read too high, you will be counseled about further diagnostic testing.