

## Lactation Services at Carolinas HealthCare System Pineville

Board-certified lactation consultants visit nursing mothers during their hospital stay to answer questions related to breastfeeding and to give support and assistance as needed. If you need additional help after leaving the hospital, please call our lactation center to schedule an appointment with a lactation consultant.

### SERVICES PROVIDED

- Breastfeeding consultation while you are in the hospital.
- Outpatient appointments for feeding difficulties or special needs.
- Back-to-work classes.
- Telephone help.
- Newborn weight-check appointments.

### Lactation Center Contact Information

**For more information or outpatient assistance, contact:**

Carolinas Lactation Center  
*Carolinas HealthCare System Pineville*  
**704-667-1390**

### CALL THE LACTATION CENTER FOR HELP IF:

- You do not feel that breastfeeding is going well.
- Your breasts are engorged.
- Your baby is three days old and you do not think that your milk has “come in” yet.
- It is difficult to get your baby on the breast for a feeding.
- Your baby cries and/or sleeps at the breast and does not nurse for more than a few sucks.
- Your breasts or nipples hurt.
- Your baby is four days old and does not have six to eight wet diapers each 24 hours.
- Your baby has had a weight check and is not gaining well.
- Your baby is not calm, happy and sleepy after feedings.
- You feel the need to give your baby something more than your milk.
- Your baby sleeps most of the time. You think your baby would rather sleep than eat.
- Your baby is gaining less than one half ounce a day, or has not regained birth weight by 10 days.
- You have any questions about breastfeeding.

## Breastfeeding Support & Resources

Lactation Support at Carolinas HealthCare System Pineville  
704-667-1390      *Call for a lactation appointment*

Back to Work Class at Carolinas HealthCare System Pineville  
704-341-2500      \*Registration is required

Club Milk at Destination Maternity

\*Provided by Carolinas HealthCare System

704-355-2229      3<sup>rd</sup> Thursday of each month      10:30AM

Carolina Community Maternity Center Breastfeeding Group  
803-802-9494      2<sup>nd</sup> Saturday      10:00AM  
2848 Pleasant Rd Ft. Mill, SC

La Leche League of North Carolina – Charlotte Area  
Ballantyne:      3<sup>rd</sup> Saturday      10:00AM  
Earth Fare 12235 N. Community House Rd  
Margaret 704-971-5250  
Melanie 704-553-9314  
Melissa 980-404-9481

Charlotte North      3<sup>rd</sup> Wednesday      10:00AM  
Assurance United Methodist Church  
9700 Mt. Holly-Huntersville Rd. Huntersville, NC 28078  
Amy 704-609-6276

Charlotte South      4<sup>th</sup> Thursday      10:00AM  
Messiah Lutheran Church: 8300 Providence Rd (modular building)  
Heather 704-845-4508  
Shannon 704-340-3975  
Priscilla 703-962-1616 (fluent in Spanish)

Cotswold      3<sup>rd</sup> Wednesday      10:30AM  
Scottish Rite Temple: Randolph Rd  
Laura 704-365-4047  
Cynthia 704-643-5401  
Erin 704-333-3805

Lake Norman

Check Facebook page for LaLeche League of Lake Norman for information about this group

Matthews 2<sup>nd</sup> Monday 10:00AM  
Morningstar Lutheran Church: 12509 Idlewild Rd. Matthews  
Charlene 704-847-5845

Rock Hill Every Tuesday 10:00-11:00am  
Piedmont Medical Center- Women's Tower  
803-329-1234, ext. 2

Mothers of Multiples- [newmomssupport@charlottemultiples.com](mailto:newmomssupport@charlottemultiples.com)

Women Infant Children Program (WIC)

Mecklenburg Co. 704-336-6464  
Union Co. 704-296-4899  
Lincoln Co. 704-735-3001  
York Co. 803-909-7350

ZipMILK.org- find local resources and support in North Carolina by zip code

**Breast Pump Sales and Rental Services**

Carolinas Home Medical Equipment, Inc.

901-K Sam Newell Road, Matthews, NC  
704-846-7911

An authorized DME provider that can bill patient insurance for a breast pump (*NC Medicaid does not reimburse for breast pumps.*)

Babies R Us

9575 South Blvd, Charlotte, NC 28273 10AM-9:30PM  
704-643-2229

The Milky Way

1419 East Blvd. Suite B Charlotte, NC 28203 M-F 10AM-6PM/ Sat 10AM-5PM  
704-374-9200

Lactation Concierge Services

5127 Boulware Ct. Charlotte, NC 28277 Open 24 hours  
704-578-6323

Walgreens #04842

1008 Oakland Ave. Rock Hill, SC 29732 Open 24 hours  
803-980-1350

Ameda- [www.ameda.com](http://www.ameda.com) Medela- [www.medelabreastfeedingus.com](http://www.medelabreastfeedingus.com)

