

2013 PATIENT OUTCOMES

To ensure our care ranks among the nation's best, Carolinas Rehabilitation participates in independent studies that gauge performance. Our patient outcomes rank higher than the national average.

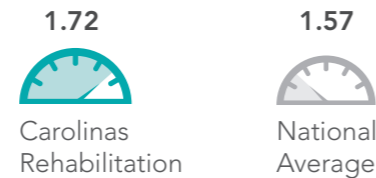
Average Age of Patient



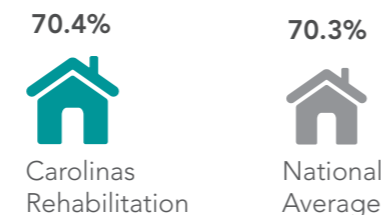
Average Length of Stay



Case Mix Index (larger number denotes higher level of severity)



Percentage of Patients Returned to Community



As one of the largest not-for-profit rehabilitation hospitals of its kind, Carolinas Rehabilitation offers one of the most renowned and effective spinal cord injury programs of traumatic and non-traumatic cases in the Southeast. Developed for adult and pediatric age groups, our program helps patients reach an optimum level of functioning faster so they can return to a more productive lifestyle.

Our national reputation and specialty-certified physicians, therapists and nurses allow us to handle any traumatic case, no matter how severe or complex. Our flagship hospital is located on the campus of Carolinas Medical Center, one of the nation's top ranked acute care trauma hospitals. This connection provides patients access to rehabilitation sooner and gives access to services that help patients and families overcome the challenges of spinal cord injury rehabilitation.

Why Choose Carolinas Rehabilitation?

- Carolinas Rehabilitation is one of the largest not-for-profit rehabilitation providers in the nation.
- We are accredited by The Joint Commission and are CARF (Commission on the Accreditation of Rehabilitation Facilities) accredited in 17 specialized programs, which is more than any other facility in the region.
- With 24 physical medicine and rehabilitation physicians, we house the largest physiatry practice in the Southeast.
- We are actively involved in numerous research and clinical trials, which helps to optimize outcomes and develop and improve treatment for patients across the country.
- We provide the region's most advanced spinal cord injury therapies and programs, including access to robotic-assisted gait training equipment, a para-gym and an indoor therapy pool.
- With multiple inpatient and outpatient locations, we provide an interdisciplinary approach to care.

Carolinas Rehabilitation

1100 Blythe Blvd.
Charlotte, NC 28203

CarolinasHealthCare.org/rehabilitation



Carolinas HealthCare System

A spinal cord injury can affect far more than the physical condition of a patient. It can affect his or her emotional and spiritual well-being, family members, friends and coworkers. To handle the scope of spinal cord injury, you need a healthcare resource that can treat the whole person – not just the injury. You need a trusted resource like Carolinas Rehabilitation.



Carolinas HealthCare System

Specialized Programs and Services

To help prepare patients for independent living, Carolinas Rehabilitation tailors our rehabilitation services to each individual's needs. Due to our long-term record of success and our experienced staff, Carolinas Rehabilitation is often considered for clinical trials and studies that offer new hope and treatment options for spinal cord injury patients. Other specialized programs and therapies include:

- Physical and occupational therapy
- Speech and language pathology
- Respiratory therapy
- Aquatic therapy
- Robotic-assisted gait training equipment
- Wound care
- Specialized psychology counseling
- Neuropsychology
- Wheelchair seating and positioning
- Vocational rehabilitation
- Orthotic evaluations
- Spasticity management
- Diaphragm Pacing System
- Assisted reproduction and sexual dysfunction therapy
- Adaptive childcare training
- Adaptive Sports and Adventures Program

Carolinas Rehabilitation provides a full range of diagnostic services, including pressure mapping for seating systems, electrodiagnosis and a neurology department with a neurologist on staff. We also support a multi-disciplinary skin and wound inpatient/outpatient clinic and the region's only post-polio program dedicated to a disease that affects nearly two million people in the United States every year.

Education and Support

Research has shown that the faster spinal cord injury patients regain independence, the better their overall mental and physical health. Our spinal cord injury program incorporates educational programs that focus on reintegration into society. One of our most successful programs is our Peer and Family Mentor program, where patients learn directly from persons with spinal cord injury who face similar challenges. In addition to learning firsthand how to cope with life's changes, patients benefit from services such as:

- Group therapy and peer counseling
- Adaptive technology training
- Adaptive home-training
- Training for patients in need of a home ventilator
- Weekly spinal cord injury education seminars
- Access to community fitness program
- Community outings

Our interactive programs and support groups also extend hope to families, friends and caregivers who share the challenge of spinal cord injury and related issues. Carolinas Rehabilitation makes a difference in the lives of spinal cord injury patients.



Results

No other regional facility offers more advanced spinal cord injury services, a more accomplished staff or a stronger commitment to helping patients move beyond disability than Carolinas Rehabilitation.

To learn more about our spinal cord injury program or to refer a patient to our spinal cord injury program, call 704-355-3558 or 877-734-2251 or visit us at [CarolinasHealthCare.org/SCI-Program](https://www.carolinashealthcare.org/SCI-Program).