



CONNECTIONS

Fall 2016 Edition

A publication for alumni and friends of Carolinas College of Health Sciences
part of Carolinas HealthCare System

CCHS Welcomes New President

T. Hampton Hopkins, Ed.D.

**Building On The Excellent Foundation
Established At Carolinas College**

By & LARGE



T. Hampton Hopkins, Ed.D.

The future is called 'perhaps,' which is the only possible thing to call the future. And the important thing is not to allow that to scare you. – Tennessee Williams

As I sit in my office on a beautiful fall afternoon trying to think about what I wanted to say in my first official article in Alumni Connections, all I can think about is the future. What will happen in the time following this moment is anyone's guess, but its arrival is certainly inevitable.

As I have settled into my new role, our journey into the future has been on my mind. The changes swirling around me in the many transitions at the college are unusual for us. Such change, while it is often needed for innovation, is never easy. But change is inevitable and new people bring new ideas and new beginnings. It is the newness that we will build upon for our future. So, let me share with you some of my thinking about the future of Carolinas College.

By the year 2020, I anticipate we will be offering baccalaureate degrees in multiple disciplines, including nursing. We will see expanded enrollment in our online offering of classes and in the enrollment of online students. We will have developed even stronger interdisciplinary partnerships across our programs and in partnership with Carolinas HealthCare System.

By the year 2025, we will have a robust offering of baccalaureate degrees and expanded enrollment in these programs. As healthcare programs move toward higher degrees as the entry to practice, we will be in step with these changes and will be offering master's degrees and beyond. We will have innovative and exciting curriculums in multiple disciplines as we respond to the changes in healthcare.

By the year 2030, we will have evolved into a college offering a wide array of degrees in healthcare and ancillary programs such as biology. We will be serving a regional audience in all programs and a national audience in some of the more specialized programs. We will have an enrollment of 1500 students, many of them online.

The year 2030 sounds like a long time, but it will be a short journey to get there. In all of these plans for the future, the one thing that will not change is our commitment to student success and the quality of our graduates. It is the core of who we are as a College and will continue to be our primary focus.

Together we will build on the excellent foundation we have established at Carolinas College to make us into something even better. As Tennessee Williams suggests, perhaps all of these plans will come to fruition through our hard work and commitment... all we need to do is not be afraid to try. I invite each of you to join me on this journey.

T. Hampton Hopkins, Ed.D., President

CONNECTIONS

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Building On The Excellent Foundation Established at Carolinas College

After watching his mother develop X-ray films as a child, Carolinas College of Health Sciences new president wanted to be a photographer. But T. Hampton Hopkins, Ed.D., turned his attention away from developing pictures to developing a career in higher education.



Since assuming the role on June 12, he has focused on the future of CCHS and where we go from here. "It centers on the fact that we are a strong college with great outcomes, fantastic students and excellent faculty," Dr. Hopkins says. "We have a solid foundation, and now we build on it." In five years, Hopkins envisions CCHS offering baccalaureate degrees with a very strong online presence. In 10 years, he wants to see advanced degrees being offered. "In 15 years, I really see us becoming a regional college with expanded enrollment and expanded degree programs," he says.

The future includes offering a bachelor's in nursing degree and possibly in imaging science. "The baccalaureate status will let us determine what is next and be prepared to move with whatever is coming up next in healthcare," he says. "We're looking into developing our own programs and bridge programs to meet the needs that we may not necessarily know at this point."

The problem? He doesn't want to wait years. "My problem is that I want to do it all today," he says with a wry grin.

A FAMILIAR FACE

Dr. Hopkins is a familiar face on campus. He served as the dean of student affairs and enrollment management at Carolinas College since 2001. His job, now, he says is a bit different than previous president Ellen Sheppard, Ed.D., who held the job for 15 years before retiring this year. She rightfully focused on strengthening the college's infrastructure and building successful programs to see students achieve excellent pass rates.

"My job is take us in a different direction on what's next," he says. "My strengths are seeing the big picture and having vision. I believe that's my purpose."

Dr. Hopkins' interest in higher education stems from his undergraduate years at Winthrop University in Rock Hill, SC. He was an active student, involved around campus in student affairs, student government, residency life, fraternities and more.

"I realized I could and wanted to make a career in higher education," he says. After graduating from Winthrop, he went straight to work at the University of North Carolina at Asheville in student activities. From there it was on to a community college in Knoxville, Tenn., before he landed at CCHS.

Since then, Dr. Hopkins has:

- Seen an increase in enrollment by 31 percent since 2001.
- Developed a comprehensive facilities master plan and emergency response plan.
- Developed workforce and career pathways and improved placement of graduates.
- Created the Student Success Center.
- Implemented online student and enrollment management services for new student orientation, registration, transcript requests, student support, and admissions.
- Served on the Accreditation Leadership Team that successfully achieved SACS-COC reaffirmation with no recommendations (2010).
- In collaboration with others, secured external funding via grants, gifts-in-kind, and fundraising in excess of \$390,000.

"While our established reputation for academic rigor and student success has been well documented, we must continue to provide the academic, financial, and social support necessary to ensure students can achieve their goals," Dr. Hopkins says. "We must explore new degree offerings and distinctive opportunities for students to expand their understanding of health care within their chosen program and in an interdisciplinary, team-based environment."

Dr. Hopkins also finds it interesting that his higher education career has taken him to the health sciences field. "My mother spent most of her career as an X-ray technician and taught an X-ray program at Richland Memorial Hospital in Columbia for many years," he says.

While imaging students use digital now, they still have analog for certification exams. And today, when Dr. Hopkins walks into the Carolinas College of Health Sciences film area, those chemical smells still remind him of his mom showing him how to process the film.

That interest did spur him into becoming an amateur photographer in college. He thought that may be his career

path until he was turned down to be a college photographer. Luckily for CCHS, he ended up in higher education.

ALUMNI PLAY A PART

Many who didn't actually graduate from the school feel ownership and "alumni" encompass all who received training from the 1940s when Charlotte Memorial Hospital provided nursing and allied health training. Carolinas Medical Center and Carolinas HealthCare System continue to play important roles in the College's history and reputation. That pride and ownership translates into having very supportive alumni who want the college to be successful and to grow. "I see them as the voice for the broader public," he says. "Those who have graduated and are still active in the work force are influencers. They help direct and guide what's next for us. We are partners."

Even though the College is only 25 years old, the alumni have a strong role. "We've been very fortunate," Dr. Hopkins says. "The alumni have been the foundation of who we are."

T. Hampton Hopkins, Ed.D.

EDUCATION

University of North Carolina at Charlotte,
Ed.D. in Education Leadership, 2007
University of Tennessee at Knoxville,
Master's in Leadership Studies, 1995
Winthrop University, BS in Business Administration, 1989

EXPERIENCE

Carolinas College of Health Sciences, 2001-present
First Union National Bank, Charlotte, 1998-2001
Pellissippi State Technical Community College,
Knoxville, Tenn., 1993-1997
University of North Carolina at Asheville, 1990-1993

Dr. Hopkins also serves as an adjunct instructor for several colleges where he has developed and taught courses at the undergraduate and graduate level. He is the author of numerous professional papers and has presented at regional and national conferences.

CCHS APPOINTMENTS

President's Council, 2001 – present
Leadership Team, 2001 – present
Curriculum Committee, 2001 – present
Environment of Safety Committee, 2014 - current
Planning and Assessment Committee, 2016
Strategic Planning Committee, 2008 – 2015
(Chairperson, 2009 – 2015)
Leadership Development Institute (LDI)

Curriculum Committee, 2009 – 2013
SACS-COC Accreditation Leadership Team, 2008 – 2010
Student Support Team (Chairperson), 2004 – 2009
Charlotte Chamber of Commerce One College Initiative
Planning Committee, 2007
Institutional Effectiveness Committee, 2003 – 2007
Development Committee, 2001 – 2005
(Chairperson, 2003 – 2005)

He has been active in his profession having served on the board of directors of the National Association of Student Personnel Administrators. He has also served on regional and national leadership teams for the National Association for Campus Activities and the Association of College Unions-International.

PERSONAL

Dr. Hopkins and his wife Olivia have a son who attends the University of South Carolina and a daughter in high school. They live in Union County, NC.

Dr. Hopkins is active in the community currently serving on the advisory board for Hawthorne Academy of Health Sciences and having previously served on the board of directors of the Charlotte Area Education Consortium, the Matthews Alive Festival and the Charlotte-Mecklenburg Senior Centers. He previously served on the Charlotte Metro Credit Union Regional Advisory Board, the Transportation Advisory Committee for the Town of Stallings and the Planning and Zoning Board for the Town of Matthews.

School of Nursing

This academic year began with many transitions within the School of Nursing. We said good-bye to Dr. Debbie Blackwell, dean; Cathy Holton, program chair; three faculty members - April Davis, Lynn Jordan, Dana Mangum, and the staff assistant, Claudette Kaveler. These women all brought unique gifts and talents to CCHS, and they will be greatly missed. Their reasons for leaving all varied, but their dedication to the success of CCHS was priority number 1. Change isn't popular, but we all know that change is constant. It's an opportunity for learning and growth, aka an OFLAG!

While we wish them well, their departure has created opportunities for new teammates and assignments. I am currently serving as the interim program chair while a national search is underway for a permanent chair. Dina Khentigan, clinical nurse educator from CHS' Central Division's Women's Service Line, joined the faculty teaching NUR 154 (Maternal/Neonatal) and Saundra Hammond came to us from Carolinas Rehabilitation and joins the faculty teaching NUR 101 (Nursing Fundamentals). We are currently seeking an instructor for NUR 153 (Child & Adolescent Health) as well as a staff assistant position. Despite all this change, the School of Nursing remains dedicated to our students. We graduated 65 students in May and at the time of graduation, 63 of them were placed in positions within Carolinas HealthCare System. Ninety-three percent of the graduates who took the NCLEX-RN licensure examination during the first half of 2016 passed on the first attempt. CCHS will continue to offer an excellent education to all students and ensure they are well prepared to care for the needs of all they serve.

Our clinical nursing faculty continue to excel in their pursuit of continuing education - Megan Brazelton and Sarah Scibetta, in their respective masters of nursing programs, and Meredith Hirsch, who will soon graduate from Duke University's post-master's family nurse practitioner program.

The summer of 2016 saw another seven nursing students experience Belize with Dr. Susan Patterson. This was the sec-

ond offering of the transcultural nursing elective and was reported to have been an "UnBelizable" experience. Please see the Belize article in this newsletter for more of the highlights.

Carolinas College of Health Sciences has formed a RN-to-BSN Early Entry Option Collaborative Agreement with UNC Charlotte in an effort to increase the number of baccalaureate-prepared nurses in the greater Mecklenburg area. The new early entry option allows eligible students to reserve a spot in the online RN-BSN program at UNC Charlotte and seamlessly transition from associate degree to baccalaureate education. These students do not have to be concurrently taking classes at both institutions as the former RIBN program required. The biggest benefit for the student is that they are enrolled in a BSN completion program as they seek job opportunities upon graduation. UNC Charlotte is looking to accept 20 students each year from CCHS - 10 in the fall and 10 in the spring.

Finally, saving the best for last, the fall of 2016 marked the long awaited approval for Carolinas College of Health Sciences to offer the baccalaureate degree in nursing. This came after many years of hard work and dedication by CCHS administration and faculty. During the spring of 2017, the College will be preparing the necessary documents required by the Southern Association of Colleges and Schools Commission on Colleges (SACS COM) to approve the curriculum for our RN-BSN program. Once approved, the College will move forward with the implementation of this program with the goal of admitting our first cohort in fall 2018.



Catherine Borysewicz
Interim Program
Chair

Radiation Therapy

The Radiation Therapy faculty would like to congratulate the Class of 2016 for their performance on the ARRT national certification exam. All graduates passed the exam on first attempt, with a class average score of 85%. Once again, congratulations to all! Your hard work paid off.

The radiation therapy program held its annual career discovery event on November 4th. This event provided an opportunity for students and graduates of radiography programs to learn more about radiation therapy as a career and

to hear from experts in the field regarding advances in technology and cancer care.



Lee Braswell
Program Chair

Radiologic Technology

The Radiologic Technology program faculty congratulates the 2016 graduates for achieving a 100% first attempt pass rate on the 2016 American Registry of Radiologic Technologists (ARRT) certification examination! In addition to this remarkable achievement, all of the 2016 graduates were hired for employment within three months of graduation. All but two students were hired as radiographers within Carolinas HealthCare System. Of those graduates, one is training with the Charlotte Radiology Group for mammography, one



Level II radiologic technology students attended the NC Society of Radiologic Technologists (NCSRT) Annual Conference

is training in interventional radiology, and another has been hired to work in computed tomography. The remaining graduates are working within the diagnostic realm of radiology.

Thanks to the generous donations of alumni and friends of the RT program, Level II radiologic technology students attended the NC Society of Radiologic Technologists (NCSRT) Annual Conference at Great Wolf Lodge in Concord, NC on April 7 and 8, 2016. They participated in a mock registry exam in preparation for the post-graduation national registry exam. They also attended many presentations including patient care review, equipment operations review, radiation protection, image analysis, resume writing and interview skills, RAD-AID International, and a physics review from Stewart Bushong, author of their physics textbook. The NCSRT Annual Conference provided each student with valuable information and allowed them to see the importance of professional organizations within the radiologic sciences.



Students posing with Stewart Bushong

In January 2016, the radiologic technology program implemented computer-based testing in most of the radiography classes. As of May 2016, every radiography course is utilizing computer-based testing. Graduates and students have provided positive feedback regarding the implementation of this testing method.

Our current Level II radiography students are in their fourth semester and are actively involved in the program. In addition to all of their class and clinical responsibilities, they are serving as mentors to the Level I radiography students. In preparation for clinical rotations, the Level I students are working diligently each day in the classroom and lab.

Cathey Miller, (RT '76) and current program faculty, was selected by the College's Board of Directors as the 2016 Outstanding Educator. Cathey has been a dedicated employee of CHS for more than 25 years. She graduated from the radiologic technology program when it was associated with Charlotte Memorial Hospital and has been a member of the faculty since 2002. Cathey is also a 2016 Carolinas HealthCare System Pinnacle Award Finalist. The Pinnacle Award is the highest recognition within CHS. Her commitment to the College, dedication to the students at CCHS, role as PTK co-advisor, and her investment in the community are invaluable.

Alisha Borchardt (RT '08), clinical coordinator, is enrolled at Fort Hays State University and is working on her master's degree in instructional technology. She was the recipient of a CATO Scholarship, which will aid in her academic endeavors. Alisha has been instrumental in incorporating new technologies into the classroom over the past year. She also updated the CT curriculum to reflect the newly acquired ARRT education requirements. In August of 2016, the ARRT accepted the new curriculum as part of the relaxed education protocol. This provides current students more flexibility upon graduation in regard to CT education and the CT registry examination.

Shannon Sloan, program faculty, is also working on her MBA at Gardner-Webb University.



Jodie Huffstetler
Program Chair

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Shannon's upbeat and positive personality has been a wonderful addition to the radiologic technology program and to CCHS. Shannon's expertise in Level I trauma at Carolinas Medical Center, her years of experience at Levine Cancer Institute, her MRI knowledge, and her relationships within CHS provide students with immense educational opportunities. Although she has only been with the College since

January 2016, Shannon has made an impact on the program and students.

We look forward to seeing what's in store for the remainder of the 2016-2017 academic year. We appreciate all of the support from our radiology colleagues at the various Carolinas HealthCare System clinical education sites and the alumni of the CCHS Radiologic Technology program.

Surgical Technology

Congratulations to the May Class of 2016! Graduates Caitlin Cunningham, Aimee Fullington, Nicole Gaiter, Donald Heath, Ashley Lamb, Kelsey Leggett, Emilee McFalls, Vanessa Ordenes, Shelly Polen, Melissa Rushing and Shayla Wagner have worked very hard to learn all of the common surgical procedures for each body system and complete the required 120 surgical cases. Kudos to the preceptors for assisting us with their skill progression!

Students also had to carve out time in their busy schedules to study for the national certification exam. I am pleased to report that all of them passed the certification exam and can now use the credential, CST (Certified Surgical Technologist). They have accepted positions at Carolinas Medical Center within neurosurgery, general surgery, and on the 8th floor in labor and delivery in addition to private practices such as endoscopy centers and plastic surgeon's offices.

There's an App for that?

Recently, some of our alumni have asked for tips on studying for the certification exam. They were concerned about remembering the surgical concepts that we learned in class. If you are retaking the exam, you will be surprised at the amount of knowledge you have retained by working in the field. For the content areas that you need to reinforce, I would recommend reviewing current textbooks, study guides, and resources online. Students have been utilizing the new AST-authorized study guide app on their mobile devices to assist with exam prep. The app includes six practice exams

(175 questions each) and full explanations to each question. Check the iTunes or Google Play store to download the app to your mobile devices. AST also provides three free CEU's each year to help you reach 60 credits in four years. For more information, go to www.ast.org.

Bridge to an Associate's Degree

Have you considered completing an Associate in Applied Science (AAS) degree in Surgical Technology? Great News! We have recently revised the associate degree curriculum to include an alternative pathway to fulfill the anatomy and physiology requirements. The new curriculum requires BIO 100 (Essentials of Human Anatomy & Physiology) and an additional elective course. AAS students can receive credit for BIO 101 (A&P I) and BIO 102 (A&P II) as an alternative pathway in lieu of BIO 100 and the elective course. If you are a program alumnus, you probably have fulfilled the majority of courses required and may only have a few general studies courses to complete. All of the required non-science general studies courses include an online structure, so many of our bridge students can work full time as they complete the AAS program.

Please contact me or the CCHS Admissions Office for more information.



Kali Simien
Program Chair

Continuing Education

Hello, everyone! This is the first ever article from the Continuing Education Department. Our department offers non-college credit courses and workshops that provide training to help people get started with a career in healthcare or gain additional skill sets that help with patient care.

We want to share some of what's going on in our department:

In the last year, the continuing education departments at Carolinas College and Cabarrus College have joined together. As we move into 2017, you will see more alignment with offerings including a joint calendar.

Two of our most popular courses are Phlebotomy and Nurse

Aide 1. The Phlebotomy program is 200 hours and is offered twice a year. It is approved by the National Accrediting Agency for Clinical Laboratory Sciences. The Nurse Aide 1 course is 144 hours and is offered several times each year: daytime, evening, and weekend. It is approved by the Division of Health Service Regulation (North Carolina). Graduates of both of these classes are ready to go to work as soon as they complete the program. (What a great way to get started in a



Susan B. Thomasson
Director

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healthcare setting!)

We also offer a Nurse Aide II program that adds more important hands-on skills for those working as certified nursing assistants.

And...the following courses are offered several times each year:

Basic Phlebotomy Skills for HealthCare Professionals Workshop (refresher)
Casting Workshop
Healing Touch Levels 1-3

Inhaled Clinical Aromatherapy for Champions
Introduction to Integrative Practices
Introduction to IV Therapy Workshop
Occupational Therapy Assistant Certification Review Workshop (OTA)
Wound Treatment Associate (for nurses)

I look forward to sharing more information about continuing education in future newsletters. We are making a difference in healthcare!

GRADS ON THE GO!

Erin Parker was born in Charlotte, North Carolina, in the same hospital where her mother worked as a high-risk obstetrics nurse at the time. She grew up in Mint Hill and graduated from the honors program at UNC-Charlotte, Summa Cum Laude, with a bachelor of science degree in biology with a concentration in microbiology. After graduation she took a few years off to do some different things like bartending, waiting tables and becoming a wine representative in Asheville, NC. Eventually the desire to work in a biology-related field led her to Carolinas College of Health Sciences (CCHS) where her mother worked as a nursing instructor and introduced her to the Medical Laboratory Science (MLS) program. She enrolled and was soon accepted in the MLS program where she thrived in all aspects, especially the clinical rotations of the program. Erin states, "I wish there would have been more programs in high school representing this degree. After applying and interviewing with all the amazing MLS instructors, I fell in love with CCHS. It was one of the hardest and demanding years of my life but it was also extremely gratifying."

Upon graduation from the MLS program, Erin started working at Haywood Regional Hospital in Clyde, NC. Her supervisor said she worked as though she had many years of experience versus a new graduate. Erin noted, "I owe that to the dedicated instructors at CCHS and all the lab employees that taught me on the bench." She went on to say that she felt she was taught more than the basics of her discipline; she was taught professionalism, how to advance in her career, and the broad scope of how the hospital should work as a team.

After a few years of doing a little bit of everything in all areas of the laboratory (also known as a generalist) at Haywood, Erin decided that she would like to combine her love for traveling with her love for laboratory science. She found a company that specialized in traveling laboratorians to represent her and the next thing you know she was in California. First things first, she had to get her California licensure and soon thereafter off she went to the redwood country where she became a generalist in a small, critical care hospital. She says she loved the third shift atmosphere because she got to do it all- she drew the samples, ordered them in the computer, processed

them, and then performed the actual tests. She said this is when good organizational skills came into play. She had to prioritize everything and determine what got done and when.

From there Erin moved on to a larger hospital in San Francisco. While much smaller than where she trained at CMC, it was much larger than where she had just come from. This 150-bed hospital was a kidney/liver disease specialty campus, with an emergency department and OB unit. Erin said she became a hematologist here reading more slides in one week than she had ever done in her entire career. She rotated between reading differentials to coagulation to urinalysis and body fluids. Most patients had some type of abnormality so manual diffs and critical calls were the norm. Also, since this hospital served such a diverse population she saw many hematological issues that one would not normally encounter, like malaria and sickle cell crisis.

Currently, Erin is employed by a 250-bed hospital in the North Bay area in Marin County, California, one of the wealthiest counties in the United States. Here she says that all of the equipment she utilizes is state-of-the-art, and the most technologically-advanced. She works mostly night shifts in the chemistry lab to cover for vacations.

Basically, Erin adapts to the facility to where she is sent. Pay is negotiated through her recruiter; housing is supplied and she takes a tax-free stipend. It is the perfect job to learn, to grow, and see the country. She says that everywhere she goes "I carry the core values of CCHS with me and the knowledge of the most amazing MLS instructors!" Erin loves her job but does miss her family, especially her mom to whom she contributes most of her success today.



Erin Elisabeth Parker

Kevin Hindsman, native of Louisiana, has called Charlotte, NC home for the past 16 years and is a 2011 graduate of Carolinas College of Health Sciences School of Nursing. Like many others, nursing was not his first career. Prior to attending CCHS, Kevin worked as an EMT-Paramedic, professional healthcare recruiter, and was the owner of a retail formal wear boutique.

After graduation, his interest and background in emergency medicine led to his first nursing position in the children's emergency department at Carolinas Medical Center (CMC). During his tenure there, Kevin continued his education and received a bachelor's degree in nursing from Winston-Salem State University. Additionally, his increased awareness of quality nursing practice led him to become involved in numerous continuous improvement activities including hospital-wide education on the utilization of intradermal lidocaine for painless IV starts in pediatric patient populations and his collaborative role with Community Care Partners of Greater Mecklenburg focusing on ways to reduce non-emergent utilization of emergency services.

In 2014, Kevin had the opportunity to fully immerse himself into continuous improvement activities and participated as a core team member in a year-long Lean Engagement with the emergency department at Carolinas HealthCare System Pineville. This experience afforded the opportunity to im-

prove patient care throughout in the emergency department and highlighted the significant need for quality improvement across the healthcare system.

In late 2014, Kevin transitioned out of patient care and into his role as a Lean practitioner with the Performance Excellence Center. This role has allowed him to initiate the implementation of the Lean Management System in both clinical and non-clinical departments across Carolinas HealthCare System (CHS). Focusing on improvements in quality, cost, safety, delivery, and teammate engagement, Kevin has worked with leaders and teammates in emergency departments, human resources, billing and coding departments, invasive cardiology labs, and the medical intensive care unit at CMC over the past two years. He completed his master's degree in nursing in 2015 and continues to seek opportunities to learn and advance nursing practices at CHS. Kevin was recently promoted to Lean manager and looks forward to the continued impact of the Lean Management System being utilized at CHS.



Kevin Hindsman

Graham promoted to Assistant Director

Tina Graham, a dual graduate of the radiography ('05) and radiation therapy ('16) programs at CCHS, was promoted to assistant director of radiation oncology at LCI University in May 2016. Until her promotion, she provided care as a radiographer and radiation therapist at various facilities in the Charlotte area. In her role as a radiation therapist, she has spent most of her time caring for patients at LCI Pineville.

Tina recalls her experience at CCHS as exceptional. "The radiography and radiation therapy programs both had great instructors and provided outstanding opportunities to learn at different sites, to learn different ways of doing things, and work with a variety of patients. I felt very well prepared."

Although it's been more than six years since her graduation, Tina has remained connected to the radiation therapy program as a clinical supervisor for the students. She feels the program is thriving. It continues to provide students with the kind of education that allows them to seamlessly transi-

tion into their role as a radiation therapist. I hope that continues for years to come.

As assistant director, Tina oversees the day-to-day operations of the radiation therapy staff at LCI University and ensures that cancer patients are receiving the best care available. Regarding her new role as assistant director, she stated, "I enjoy it; it's different but each day is a new opportunity to grow in knowledge and build on my experiences."

Congratulations, Tina. We're proud of you!



Tina Graham

Radiologic Technology

Michele Hoang was born in Philadelphia, PA and moved to Charlotte in 2006. Soon after moving to Charlotte, Michele started in the radiography program at CCHS. When she was a Level II student, Michele worked as a radiologic technology associate at Carolinas HealthCare System Pineville. She believes this opportunity helped identify who she was as a technologist early on and helped her grow in knowledge and skill. Michele lists this as one of the highlights of her career.

Michele graduated from the RT program in 2009 and worked as a staff technologist at Carolinas Medical Center for two years. In addition to her daily responsibilities in the radiology department, Michele was the lead trainer for new equipment. Her communication and leadership skills in training others set the foundation for her next step as the lead technologist at Carolinas HealthCare System University. Michele worked closely with staff technologists, radiology administration, and radiologists. She was also responsible for performing quality assurance checks for staff technologists' films. During this process, Michele recognized her passion for teaching others. In December 2011, Michele began working at Carolinas HealthCare System Union as the imaging supervisor. During her time at Union, Michele assisted with the execution of Stentor and Canopy "go lives" at multiple CHS facilities.

Realizing that radiology education was her passion, Michele began working as a clinical instructor at Stanly Community College in 2012. In addition to her role as the imaging supervisor, she worked with students in the clinical environment. She facilitated the education process for radiography students and advised students on a regular basis in relation to their academic and clinical progress. Michele also developed a rapport with facility employees regarding student presence and ongoing plans for clinical experiences. Her dynamic leadership approach provided positive changes

within the Stanly radiography program and helped her develop skills for her next position as the College's director of clinical education. This new position allowed Michele to be more hands-on in the classroom with the students. She continued to document student progress and collaborate with clinical instructors and clinical affiliates for student success. During her time as the director of clinical education, Michele was instrumental in helping the College receive national accreditation with the Joint Review Committee on Education in Radiologic Technology (JRCERT).

Most recently, Michele returned to Carolinas HealthCare System NorthEast as the radiology education coordinator. In her new role, she developed and maintains an on-boarding process for new employees for all imaging modalities and coordinates and conducts in-services for radiology personnel, as needed. Michele reviews educational requirements for new regulations and standards while maintaining all certifications and registrations for the department.

In addition to working full-time, Michele completed her Bachelor of Science in Health Services Management from East Carolina University in May 2016. She graduated magna cum laude from ECU and was awarded the Outstanding Senior Award at graduation. Michele loves her dog Addison, a German Shepherd, that she rescued four years ago. When she is not working, Michele spends time at her local CrossFit gym. She says CrossFit has changed her in positive ways and she feels happy, healthy, and confident. These things are very important to her, and she feels helps her to perform well at her job.



Michele Hoang

Alumni Association Officers

President	Kendall Haigh (NUR '01)	Secretary	Nancy Day Hill (NUR '67)
President-Elect	Vacant	Treasurer	Patty McCrary (RT '76)
Past-President	Will Borders (MLS '06)	Young Alumni Council Chair	Jason McLawhorn (NUR '11)

2016 FACULTY AND STAFF ACCOMPLISHMENTS



Cheryl Pulliam

Cheryl Pulliam, institutional research coordinator, presented "Taking the Bull by the Horns: Simplifying the Planning and Assessing Process at Carolinas College of Health Sciences" at the annual conference for the North Carolina Association for Institutional Research in Wilmington, NC.



Alisha Borchardt

Alisha Borchardt, Clinical Coordinator and CCHS alumna (2008), is enrolled at Fort Hays State University and is working on her master's degree in instructional technology. She was the recipient of the CATO Scholarship, which will aid in her academic endeavors.



Dr. Kristy Williams

Dr. Kristy Williams presented at the ExSim (Excellence in Simulation) Conference, sponsored by the Florida Healthcare Simulation Alliance, in Orlando, FL. Dr. Williams' topic was "Improving Attitudes Toward Interdisciplinary Collaboration Between Nursing and Residents in Simulation."



Lee Braswell

Lee Braswell, program chair for radiation therapy, presented "A Phenomenological Investigation of Student Clinical Education Experiences in Radiologic Sciences" at the North Carolina Society of Radiologic Technologists (NCSRT) Conference.



Dr. Mary Griffin

Dr. Williams and Dr. Mary Griffin presented "Enlightening Nursing Students on the Importance of Physician Nurse Collaboration Through Simulation at the NLN (National League for Nursing) 2016 Education Beyond Boundaries Summit in Orlando FL.



Dr. Lori Bequette

Dr. Lori Bequette, provost, was selected as a Charlotte Chamber of Commerce's "Outstanding Young Professionals" award finalist in the Education category.



Cathey Miller

Cathey Miller, (RT '76) and current program faculty, was selected by the College's Board of Directors as the 2016 Outstanding Educator. Cathey has been a dedicated employee of CHS for more than 25 years. She graduated from the radiologic technology program when it was associated with Charlotte Memorial Hospital and has been a member of the faculty since 2002. Cathey is also a 2016 Carolinas HealthCare System Pinnacle Award Finalist. The Pinnacle



Dr. Misty Collier

Misty Collier, general education psychology faculty member, completed her PhD in industrial and organizational psychology from Capella University.

Award is the highest recognition within CHS. Her commitment to the College, dedication to the students at CCHS, role as PTK co-advisor, and her investment in the community are invaluable.

Carolinas College Is GROWING



Or at least expanding its presence within Carolinas Health-Care System (CHS). Three programs at CCHS now occupy lab space at CMC-Mercy: Histotechnology, Medical Laboratory Science, and Surgical Technology. The histotechnology student laboratory is equipped with instructional instrumentation commonly seen in most contemporary histology laboratories. The availability of this laboratory space has allowed the didactic and laboratory instruction within the program to be integrated and provided in the same location.

This integration promotes enhanced understanding and student satisfaction by correlating theory with hands-on practice. The medical laboratory science program now offers the immunohematology course at CMC-Mercy as well. Similar to the histotechnology program, the usage of this space provides the medical laboratory science program the ability to more fully integrate theoretical instruction with the development of the necessary hands-on skills required in the profession, as well as expand the breadth of exposure

to various laboratory methodologies.

Finally, the surgical technology program now provides laboratory instruction in the Carolinas Surgical Skills Center at CMC-Mercy. The Skills Center provides surgical technology students the ability to practice skills in a space similar to two “mock” surgical rooms. In addition, the lab is fully-equipped with complete surgical instrumentation, affording students the opportunity to practice within a realistic surgical setting prior to entering the clinical environment.

Each of these spaces strongly enhances the learning opportunities available to our students, strengthening their training and skill sets as professionals, in a way that would be challenging to create within the building that houses the College. The College’s strong relationship with and support of stakeholders within CHS have made these expansions possible. Across all programs, students and alumni alike value the benefit of learning in these specialized laboratory spaces.



Dr. Michael Ruhlen presented Ellen with The Order of the Long Leaf Pine

Cheers to Dr. Ellen Sheppard

Celebrations were held this past June to celebrate Ellen Sheppard's retirement and to honor her 22 years of service to Carolinas College of Health Sciences; a retirement dinner at Byron's SouthEnd on June 9 and a drop-in reception at the College on June 10.

Some of the commemorative gifts presented were:

- A proclamation from the CCHS Board of Directors naming Ellen Sheppard, Carolinas College of Health Sciences President Emeritus
- The Order of the Long Leaf Pine: Among the honors and awards the Governor of North Carolina can bestow, none is more valued than The Order of the Long Leaf Pine. Since its creation in 1963, it has been presented to honor persons who have a proven record of service to the State of North Carolina or some other special achievement, and to others as a gesture of friendship and good will; An honor Ellen has long admired.

- Naming of the CCHS Auditorium in Ellen's honor
- Commissioned artwork
- Painted portrait

Ellen with Class of 1944 Alumnus, Elinor Caddell





Ellen and her family

An amazing piece of hand-crafted stained glass artwork was created for Ellen by Tom Masters. Tom is the husband of former CCHS faculty member, Sara Masters. Tom and daughter McKenzie (NUR '13) presented this special piece at Ellen's retirement dinner. Tom explained the thoughtful symbolism of the piece with the CHS tree of life surrounded by laurels, similar to the CCHS logo, a red cardinal to represent Ellen's love of birds (and the NC state bird), and in the tree – a "Boo hole" from the book "To Kill A Mockingbird" to celebrate Ellen's background as an English teacher and her love of literature.



Hampton Hopkins & Kim Bradshaw present Ellen's portrait



CCHS Also Bid A Tearful Adieu To the Following Teammates Who Retired This Summer:

"How lucky I am to have something that makes saying goodbye so hard." -Winnie the Pooh



Sue Roux
Registrar



Nancy Watkins
Student Success
Coordinator



Lynn Jordan
Nursing Faculty



Suzanna Thornton
General Studies
Instructor

CCHS ALUMNI TRIP 2017



Highlights of England, Scotland & Ireland

with CCHS and MSON Alumni

12 DAYS | APRIL 20, 2017

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Journey from England’s cosmopolitan capital to Edinburgh, where the city streets have been declared masterpieces of urban planning. Then, pass through the Lake District and Wales en route to the Emerald Isle, where you’ll grab a pint (or a few) with Dubliners before making your way through the beyond-scenic Ring of Kerry and Cliffs of Moher.

Expert Tour Director • Local cuisine with beer or wine

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cchsmsonalumni.grouptoursite.com

Or call Go Ahead Tours at 800.438.7672 using Reference group #64860531. For more information contact Ruthie: 704.609.1542 / ruth.mihal@carolinashealthcare.org



Check out photos from past trips, traveler comments, trip announcements and more on Facebook.



They say there's nothing like the first time but the second time that Carolinas College nursing students visited Belize was the best so far.

This past summer, a group of seven nursing students and one pre-med student from UNC Charlotte accompanied Dr. Susan Patterson to Belize for a short-term study abroad experience lasting two weeks. The International Medical Outreach program, a partnership between Carolinas HealthCare System and the Heineman Foundation of Charlotte, championed by Dr. Francis Robicsek, continued to be the driving force behind the experience. Months of planning and coordination with Theresa Johnson, director of the Heineman Foundation of Charlotte, as well as contacts in Belize and the nursing students brought this very successful trip to our Carolinas College.

Different from the 2015 experience

The course entitled Transcultural Nursing included both a traditional clinical and a community-health experience designed to allow students the opportunity to gain insight into the health and well-being of individuals and communities in a developing country. In contrast to the 2015 experience, students visited two additional regions of Belize where they organized field clinics in remote villages and participated in two larger scale cardiac health screenings. In preparation for the visit to Belize, the students raised approximately \$1000 through bake sales, t-shirt sales and raffles which provided basic medical supplies for the village clinics. One of the students attending in 2016 had also been on the 2015 trip

to Belize. Dr. Patterson modified the course for her as a "leadership experience," placing this student in charge of fundraising efforts, training others on medical equipment, and organizing the village clinics.

Working side-by-side with Sanger Cardiology

In Belize City, the students returned to Karl Huesner Memorial Hospital for more traditional hospital experiences including the observation of healthcare delivery and clinical decision-making in a non-US hospital environment and participation in nursing activities. The hospital experience was coordinated to coincide with a team visiting from Carolinas Healthcare System's Sanger Heart & Vascular Institute. Students had the opportunity to work alongside Drs. Holhauser and Skipper, and other members of the Sanger team as well as Dr. Coye, cardiologist and medical director of Karl Huesner, as they performed cardiac catheterizations and surgeries.

An opportunity to experience the culture and beauty of Belize

As a transcultural experience, the course emphasized cultural assessment and cultural appreciation. Most meals were typical traditional Belizean cuisine - beans, rice, fried jacks, mango, soursop, and plantains being some of the favorites. Lodging was within the towns of San Ignacio,

continued next page

Dangriga and Belize City. During their stay in the Cayo district, students enjoyed a presentation by Mr. Harry Guy, a well-known folkloric medicine healer and while in Belize City, heard a presentation by Dr. Jamal Elio on folkloric practices or “bush medicine” in the Toledo District. As a course assignment, each student performed a cultural assessment of an individual and of a population covering the five major cultural groups of Belize - Mayan, Garifuna, Mennonite, Creole, and Mestizo.

The trip was not all work and no play however, as excursions to the Lamanai Mayan Ruins, snorkeling in Caye Caulker, visits to the Mennonite ice cream parlor in Spanish Lookout, and a trip to the Belize Rum Museum provided for team building, fun, and good memories.

In the student's own words

Dr. Patterson stated that this year's trip was even better than the year before. "I think we took what went well last

year, what the students loved the most, and tried to expand on it. We had incredible support from the Heineman Foundation and our dear friends in Belize."

What did the students say? Well here are just some of the comments from student evaluations:

"There aren't enough words to express how wonderful this opportunity was!"

"I think that there was a great balance between hospital time and clinic time, but the clinic was by far my favorite. It allowed us to get outside of our comfort zones and really step into a nurse's role and care for the patient holistically."

"The trip was absolutely amazing!!!!"

"This course was EXTREMELY effective...and I enjoyed it more than any other course thus far!"

So, same time next year?

ALUMNI TRAVEL



The Hills Were Alive....

The 2016 alumni trip took 23 travelers throughout Alpine Europe – and what an amazing journey it was!

One traveler, Julie, shared the following in a Facebook post, "I have never felt more blessed than I did exploring the snow-capped mountains of Switzerland, the flower-filled walkways of France, the cobblestone streets of Germany, and even cruising on the purest of blue lakes in Italy. Yes, I am one lucky woman to have gone on such an amazing adventure but what's even better are the people I met to share it with. I fully expected to enjoy the sights all by myself.

Never in a million years would I have expected to meet such amazing people as I did on this trip."

Similar sentiments were shared by another traveler, Melinda, who said, "This trip was life changing for me. A group of folks that were from different walks of life and education, yet the common bond was the thirst for adventure, the unknown and the world abroad. Singles, married, widowed, divorced and never married, all ages had a thirst for seeing the world!"

Join us in 2017 for your bucket list trip!

Please share what's new in your life with a phone call or email to Pat.Lewis@Carolinasc.edu (704.355.2029) or Ruthie.Mihal@Carolinasc.edu (704.609.1542) or a message to <http://www.carolinasc.edu/healthcare.org/cchs-alumni-contact-form>.

CLASS OF 1954

Marie Burns Robeson (NUR) says, "These past few years have not been very good ones for me. I have had a number of health problems, but I still try to stay active. Nursing has been a very good life for me and I am definitely pleased that I attended Charlotte Memorial."

CLASS OF 1958

Edith (Edee) Poston Larsen (NUR) reports, "This past April 2016, six of us gathered at Louise Long Cashion's home on Lake Norman. The sleep over and fellowship was enjoyed by all. We sorely missed Linda Patton Nance, who passed away Mar. 12, 2016. She was our "secretary" who kept all of us (26 classmates) up to date. It sure would be nice to see more of our classmates next year. We are gathering again at Louise's home on April 23-25, 2017. If anyone is interested, please call Louise at 704.975.3085 for directions."

CLASS OF 1959

Dorothy Simmons Fodel has moved to a memory unit at an assisted living

in Pineville, North Carolina.

CLASS OF 1963

Sallie Coley Johnson (NUR) and husband Butch are the proud grandparents of Ava Elizabeth Hall, their first grandchild, born in September 2016.

Carolyn Caskey Rotman (NUR) is in remission. The latest PET scan at the end of June was clean! She hopes to get to Charlotte, NC to spend Christmas with family.

CLASS OF 1977

Jamie Holland Bray (RT) no longer works in X-ray. She is now working for a real estate/property management company in Texas.

CLASS OF 1994

Holly Callahan Hardison (NUR) is now an empty-nester. Said Holly, "My youngest daughter is a freshman at ECU. My son is a senior at UNCC. My oldest daughter works for FedEx and has three children (two boys and a girl). So I am a Grammi! I have been nursing for 22 years and am making a major career change. I entered Sherman College of Chiropractic Medicine in Oct. 2016 to study for four years to learn to be a chiropractor. I hope to specialize with animals and special need individuals."

CLASS OF 1996

Anna Hicks (MT) is engaged to Christian Evangelista as of October 2016.

Karen Metler (NUR) shared this, from her home in Winter Haven, Florida, "I attended St. Petersburg College and received my BSN, then Maryville University for family nurse practitioner. I live in Florida and practice at Auburndale Family Health Center as a nurse practitioner (ARNP-C). It's wonderful!

Thank you for letting me into nursing school in 1994! I donate to the alumni fund, knowing my success all started with CCHS!

CLASS OF 1998

Laura Dennis (NUR) married Jeffrey Coulman in August 2016.

Debra LaRosa (NUR) accepted a new position with Humana as a nurse case manager, working from home with members on healthy lifestyles such as weight loss, tobacco cessation, diabetes, etc. She completed a John Hopkins University certification course on tobacco cessation in October 2016.

CLASS OF 1999

Emmala "Ryan" Parthemore Shonce (NUR) has assumed the role of President of APGNN (Association of Pediatric Gastroenterology and Nutrition Nurses) and planned a nursing conference during the World Congress of Pediatric Gastroenterology in Montreal in October 2016,

CLASS OF 2001

Christy Leyland (NUR) became the new nurse manager for the PDU/ECMO/Surge Pool teams at CMC on May 1, 2016. In announcing the promotion, Christy's manager said, "Christy has demonstrated strong leadership skills and a commitment to providing quality care to all patients and teammates." She began her MSN program in January, 2016 and will be graduating in December, 2017. Said Christy to Dr. Ellen Sheppard shortly before Sheppard retired, "I love what I do and want to make a difference in every aspect of work I am afforded the opportunity to do. I love to serve others in all capacities and am lucky I get to do this regularly."

continued next page

Kelly Spencer Williams (NUR) graduated with an MSN as a family nurse practitioner in February 2016 (not 2017 as reported in spring 2016 magazine) and passed AANP FNP boards in March 2016.

Brooke McGill Whitaker (MT) is currently enrolled in a clinical doctorate program at Rutgers University.

CLASS OF 2002

Nicole Mohrmann (MT) is now working in IT as a clinical informatics specialist for the laboratory at Mission Health in Asheville.

CLASS OF 2004

Carrie Martin Berry (NUR) and husband Jeremy welcomed son Paxton Robert Berry in July 2016.



Carrie Martin Berry (NUR)

Ingrid Kemp (NUR) is enrolled in the psychiatric nurse practitioner master's program at Gonzaga University. Anticipated graduation date is December 2017.

CLASS OF 2005

Cathy Dewart (NUR) is a nurse manager at Spartanburg Medical Center (SC) on a 28-bed post-surgery floor that specializes in bowel obstructions.

CLASS OF 2006

Ryan Blanton (MLS) married Jonathan Allred in October 2016.

Janet Bowen (NUR) is the practice administrator for Guilford Neurologic Associates in Greensboro, NC.

Jason Mauney (NUR) is a nurse manager on LCH 8 as of June 2016. Jason began his career as a new graduate RN on 7 Tower and will celebrate 10 years with CHS in June. When Levine Children's Hospital opened, Jason joined the progressive care unit and then as the clinical nurse educator. He received a BSN from Western Governors University and recently completed a master's in health informatics from the University of Colorado. When not working, Jason enjoys teaching folk dance and especially dancing with his wife Amy and children – Isabelle (4) and Charles (2). Jason and Amy are also expecting their third little dancer in January of 2017! Congratulations Jason!

Christy Wills (NUR) graduated from Creighton University in May of 2015 and is now a nurse practitioner with the University of Minnesota after a recent relocation to Minneapolis. Says Christy, "My nursing career only continues to become more fulfilling and reward-

ing! Our children, now 10 and 6, are growing up (too) fast and keep us busy between school, music, and athletic activities. It is an exciting time of life."

CLASS OF 2007

Nishita Desai (MLS) moved to Covington, LA and has a new job as the lab supervisor at Ochsner Health System in New Orleans, LA.

Joey Pham (MLS) has a new job as a patient safety coordinator.

Joshua Stiles (NUR) and wife Lee Ann (Mercy SON) proud parents of Adelaide (born in 2014), welcomed daughter Cordelia, on August 30. Said Josh, "She is healthy and beautiful. We're currently in Greenville, SC while I work as an ICU travel RN. In other news, I have recently been accepted at Duke for their master's program for health informatics."



Jonathon and Lauren Jackson and their dog Cooper

Jonathan Jackson (RT/RTT 2010) Graduated from Radiological Technologies University in April 2014,

continued next page

with a BS in Medical Dosimetry. Said Jonathan, "After three years of clinical experience, I was eligible to sit for my MDCB (Medical Dosimetry Certification Board) on Aug 11. I am now a certified medical dosimetrist, working at Levine Cancer Institute in radiation oncology. I also got married on 9/3/16 in the mountains of Sylva, NC. It was an absolutely beautiful ceremony at an amazing venue. My wife's name is Lauren, and she is a radiation therapist at LCI. Man I tell ya, between studying for those boards, planning a wedding, and juggling all of life's hassles, it has been a little overwhelming! But definitely worth every bit of sacrifice. All the hard work has paid off, and I couldn't be happier!" Congratulations, Jonathan and Lauren!

Rebecca Tarte Taylor (NUR), and her husband, and two boys (4.5 & 2.5) welcomed a third in July '16. Rebecca completed her BSN and has been working at Children's Hospital of Michigan as a certified pediatric nurse. Her husband's firm took them to Michigan in 2009, but his new extension office in Ballantyne will allow them to return to Charlotte this year, for good! In wishing Dr. Sheppard farewell Rebecca added, "I loved CCHS! Great memories, and I always recommend it to anyone thinking about nursing."

CLASS OF 2008

Sherene Banawan (MLS) is currently in the physician's assistant program at Wingate.

Meredith Cole (NUR) completed a family nurse practitioner program in spring 2015.

Elizabeth Rosa (NUR) says, "I continued my education and in May 2015 became a family nurse practitioner

after graduating from Indiana State University. I'm currently working at a CVS/MinuteClinic, and I love it! While I often joke that I took the "scenic route" to get here (12 years of school and 4 total degrees), I am incredibly grateful for my journey. I remain indebted to CCHS for providing the strong foundational basis for my nursing career. While I have no idea where my career will take me, I will always hold my head high as a proud CCHS alumni."

CLASS OF 2009

Chris Kincaid (MLS) has taken a new job with the lab at Levine Cancer Institute in Ballantyne.

Kayla Pope (NUR) received her BSN (summa cum laude) from Lees-McRae College in 2015. She married Kyle Phillips in January 2016 and is the nurse manager of Same Day Surgery and Recovery at Frye Regional Medical Center in Hickory, NC.

CLASS OF 2010

Jennifer Fritz Gelpi (MLS) and husband Wes welcomed Claire Elise in March 2016.

Lindsey Hrichak (NUR) graduated in August 2015 with a master's in health administration from Pfeiffer University and got engaged to Danny Lima in December 2015.

Lauren Sullivan Kimbrell (NUR) works as a cardiac progressive care RN at Carolinas HealthCare System Pineville; in April she welcomed her second baby to the family. Lauren looks forward to one day again traveling with the CCHS alumni travel group!

Leah Ostroff (MLS) is the CLN group leader at the CMC core lab.

Jennifer Palmer (MLS) married Jerome Connor in 2014.

CLASS OF 2011

Brandon Goings (NUR) received a BSN from Winston Salem State University in 2013 and in spring of 2016 passed the medical/surgical certification exam and became a clinical supervisor on 11 Tower at Carolinas Medical Center.

Brittini Hollingsworth (MLS) is working on her master's in health service administration at Strayer University.

Heena Nagarji (NUR) was recognized as a "CHS Notable Nurse" in May 2016. Said Heena, "I am proud to be a CCHS alumnus, and attribute my nursing foundation and skill to that school. I recently graduated from Queens with MSN-CNL, and I am continuing to work at CHS."



Lauren Sullivan Kimbrell (NUR)



Molly Hamilton (NUR)

Molly Hamilton (NUR) was recognized as a "CHS Notable Nurse" in March 2016.

Lisa Reeves (NUR) was sworn in as a flight nurse in the NC Air National Guard in September 2016. Said Lisa, "I am so extremely honored and excited to have this opportunity!"

Hine Vang (MLS) and wife Sonya welcomed Summer Dejong in August 2016.

Kimberly Whitworth (MLS) married Matt Shaw in May 2016.

CLASS OF 2012

Dadrienne Hinson Johnson (MLS) and husband Andrew welcomed Elizabeth Julia in August 2016.

Danielle Nelle (NUR) completed her MSN degree from Duke University in

May 2016, specializing in adult/gerontology primary care nurse practitioner. She has since moved to Seattle, WA where she works as a hospitalist nurse practitioner.

George Vuong (MLS) is working in the lab at the Charlotte Medical Clinic.

CLASS OF 2013

Aline Gaines (NUR) celebrated her 50th wedding anniversary on Sept. 10 and her 70th birthday on Sept. 11.

Kristen Glasspoole Castle (MLS) and husband Daniel welcomed Natalie Paige in October 2016.

Bobbie O'Hal (NUR) married Dr. Jarrod Sheatsley in June 2016 and is now living in Ocean Isle Beach, NC.

Rachel Perry (MLS) will graduate from the University of Leeds England in December 2016 with a master's in epidemiology and biostatistics. Said Rachel, "I have also accepted a job offer and started work as a cross-cutting epidemiologist for the Arizona Department of Health Services in Phoenix."

John Pineda (NUR) shared "Life has been great since graduating from CCHS. I am an oncology research nurse specialist working as a coordinator for clinical trials for Levine Cancer Institute."

Kristen Richardson (MLS) and Nelson Woods welcomed son Kai Jaxson Woods in September 2016.

Wesley Shover (MLS) and wife Courtney welcomed Story Charlotte in August 2016.

CLASS OF 2014

Brian Childers (MLS) and wife Rachel

welcomed Delaney Leann in May 2016.

Lexi Ivey Jorgensen (NUR) now has her California nursing license, is starting a BSN completion program, and has a new job in CVICU at Rady Children's Hospital in San Diego.

Christi Milledge (NUR) now works on the 5th floor (pre-op/PACU) at Levine Children's Hospital.

CLASS OF 2015

Georgia Kontos (MLS) has taken a job at Novant's blood bank.

Martha Marks (MLS) moved to Durham, NC and is working at Duke University Hospital's blood bank.

Chasity Mullins (RT) is now working at Carolinas HealthCare System Pineville in the radiology department.

David Owens (NUR) was featured in CHS' Every Monday Matters. "When David started with CHS, he took the ADVANCE track, one of three nursing residencies available to new graduates. David's residency took him to the emergency department at CHS University. He rode around with MedCenter Air to experience a patient's journey from helicopter pickup to ED admission. He also participated in code preparedness training and an actual code."

Hallie Sanchez Sparrow (NUR) married Dan Sparrow May 2016.

Sarah Walters Schafer (MLS) is working at Wake Forest Baptist Health.

Kaci Schenk (NUR) married Cody Phillips on 10/22/16 in Boone, NC, in October 2016.

Susan and Marty McLaughlin

The McLaughlins have an interesting story about how they came to decide to support CCHS on an annual basis.

Their son Bryan is a 2014 nursing graduate of Carolinas College and from Bryan's first day Marty and Susan were extremely impressed with the students, the college, and the nursing program as a whole. However, it was during dinner one evening while Bryan was a student that he shared the story of a fellow nursing student who was in a near-fatal car accident. Marty recalls, "It was heartbreaking to us to hear that she was an outstanding student and mother but was in jeopardy of not graduating due to this accident and the financial burden placed upon her."

The following morning Marty placed a call to then president of Carolinas College, Ellen Sheppard, and asked what they could do to help. They decided upon a financial gift that was called the "Points of Light Special Gift," and it was presented to this student at the 2014 CCHS Scholarship Reception with the following description: "Sometimes unique and dire needs arise; needs which - like dark walls - seem impossible to scale. At those dark moments, those blessed by providence may find Points of Light glowing around them." Martin and Susan McLaughlin were her points of light that year, assisting with her educational and medical expenses at a time of dire need.



But the McLaughlin's generosity didn't end there. They decided to continue this as a family tradition and contribute a gift annually to a student in need. Their son Bryan, who has since graduated and now works in the medical intensive care unit at Carolinas Medical Center, plays a role in the process each year as well by interviewing candidates and deciding upon the recipient.

As Marty explained, "Susan and I have always had a deep appreciation and admiration for the nursing profession. Nursing has been good to our family and after meeting these fine students and staff at Carolinas College, it is an honor to be able to contribute to their future success as well as the programs. CCHS students show great character and passion for their field and are some of the finest and brightest individuals that we have had the honor of being associated with."



BE A PART OF THIS LEGACY GIVING CIRCLE ...

In 2015, Carolinas HealthCare Foundation announced the founding of the 1940 Society, a legacy giving circle established to recognize and celebrate those who have generously and thoughtfully included Carolinas HealthCare System in their estate plan.

1940
SOCIETY
BENEFITING



Carolinas HealthCare Foundation

For more information visit:
givecarolinas.org/legacygiving

In Memoriam

Barbara Baumgardner Aycock	NUR '51
Katherine "Kitty" Carpenter Byers	NUR '64
Carrie Hartsell Campbell	NUR '47
Mary "Ellen" Sloan Hinson	RT '57
Mitzi Parrish Warfel	NUR '59
L. Ann Howell Mosteller	NUR '59
Margaret Wikle Plyler	MT '50
Hazel Solomon	Nursing Faculty
Tonia Zimmerman	NUR '98

HONOR ROLL...

The list below includes those who've given – or pledged to give – without thought of personal gain. The College recognizes, appreciates, and honors the generosity of these individuals. If your gift(s) arrived after November 1, 2016, it will be listed in our next edition. If your gift is not listed or is listed incorrectly, please contact Pat Lewis at 704.355.2029 or Pat.Lewis@CarolinasCollege.edu so we can correct the error with our next publication. Thank you!

...OF OUR GENEROUS ALUMNI AND DONORS

KEY

EMS	Emergency Medical Science
HT	Histotechnology
MLS	Medical Laboratory Science
MT	Medical Technology
NUR	Nursing
RT	Radiologic Technology
RTT	Radiation Therapy
ST	Surgical Technology

2016 DONORS

Susan Poston Stricker was inadvertently omitted from the Donor Honor Roll in the last edition of Connection. We apologize for this error.

LEGACY OF EXCELLENCE (\$1,000+)

Anonymous
Phlebotomy Scholarship
Anonymous
Virginia Stuart Cloer Scholarship
Mr. & Mrs. R. DeWitt Black
Helping Hands Scholarship
Christy A. Leyland NUR '01
Catherine L. Miller RT '76
Charles H. Stone Trust
Stone Scholarship
Susan Poston Stricker RT '60;
Susan Stricker Scholarship;
Rad Tech Conference & in honor of
Ellen Sheppard

PRESIDENT'S CIRCLE (\$500 - \$999)

Hazel Tuttle Borders NUR '51
Katherine Harrell Bruce NUR '64;
Katherine Bruce Scholarship
Louise Long Cashion NUR '58;
In memory of Linda Patton Nance
Vance C. Crawford
Friend of CCHS; Wilma Wright Crawford
Memorial Lending Library
Dr. Eve B. Hoover
Friend of CCHS; Kathleen Revel Nursing
Scholarship & In honor of Ellen Sheppard
Mr. & Mrs. Martin J. McLaughlin
Friends of CCHS; In honor of
Ellen Sheppard
Sara T. Munday NUR '05
Cathy C. Putnam
Wilma Wright Crawford Memorial
Lending Library & in memory of
Barbara Baumgardner Aycock
Mary E. Theiling
Friend of CCHS; In honor of
Betty Anderson

BENEFACTOR (\$250 - \$499)

M. Ann Corl Beaver NUR '55
Kristina A. Earle NUR '96
Trisha L. Garcia NUR '12
Jodie Huffstetler RT '05;
Susan Stricker Scholarship & In honor of
Ellen Sheppard
Lila Gilbert Kuehnert NUR '47;
In honor of Debbie Kuehnert &
Ellen Sheppard
Mr. & Mrs. Timothy L. Ludwig RT '94;
Susan Stricker Scholarship Fund
The North Carolina Baptist Foundation, Inc.
Shirley Black Scholarship (Mercy SON)
Linda F. Perkins NUR '67;
In honor of Ellen Sheppard
Susan Bannister Thomasson MT '76;
In honor of Ellen Sheppard
William E. Whitley RT '05

SPONSOR (\$100 - \$249)

Catherine Tucker Ashley NUR '61
Martha Karriker Baker NUR '57;
In memory of Joseph M. Baker
Cathy N. Battle NUR '96;
In honor of Ellen Sheppard
Cynthia Allen Bean MT '81;
In honor of Betty Anderson
Louise Beeson Biby NUR '63;
In honor of the Class of 1963
Letitia Bivens NUR '12
Dr. Susan A. Bliss, Friend of CCHS;
In honor of Ellen Sheppard
Mary Gwaltney Bonk NUR '50;
In memory of Gay Hoffman Menscer
Mary Frances Coffey Bussey NUR '64;
In memory of Ann Wheeler Saline
Elinor B. Caddell NUR '44;
In honor of Ellen Sheppard
Laura S. Capranica NUR '05;
Ellen Sheppard Scholarship
Jeanette DeWitt Carr NUR '60;
In memory of C.R. Carr
Peggy Harrill Cherry NUR '63;
In honor of Ellen Sheppard

Bertha Barber Chisholm MT '71
Virginia Stuart Cloer NUR '51;
Ellen Sheppard Scholarship
Laurie B. Crookenden NUR '01;
In honor of Ellen Sheppard
Brooke B. Crutchfield NUR '07
Daphine Matthews Davis NUR '54;
In memory of James C. Davis, Sr. &
in honor of Ellen Sheppard
Cara J. Devine NUR '12;
In memory of T. D. Swenson
Wayne P. Diggs, Friend of CCHS;
Marilyn Gaffney Scholarship
Katherine E. Dorminey NUR '04
Terri Drum NUR '09
Ceres B. Feagans NUR '01
Wendy Felker NUR '11
Rosemary A. Ferguson NUR '65
Virginia Robinson Fesperman NUR '48;
In honor of the Class of 1948
Frances "Kay" Plyler Fischer NUR '66
Erin Ashley Flitt NUR '97
In honor of Catherine Tucker Ashley
Barbara Gregory Gabriel NUR '66;
General Scholarships
Dr. & Mrs. Bryant L. Galusha
Friend of CCHS
Gina Goss NUR '00
Nan Scarborough Ham NUR '60
Cindy Haynes NUR '95;
In honor of Ellen Sheppard
Jim & Nancy Day Hill NUR '67;
In honor of Nancy Day Hill
Cyndie James Hobson MT '78
Ann Thornley Holland RT '80;
Susan Stricker Scholarship
Stacey L. Holman NUR '10
Dr. T. Hampton Hopkins, CCHS Teammate;
In honor of Ellen Sheppard
Nathaniel Huggins NUR '96
Mr. & Mrs. Arthur Istrico, Friends of CCHS;
Marilyn Gaffney Scholarship
Lynn Jordan CCHS Teammate;
In honor of Ellen Sheppard
Scott W. Kerr, Friend of CCHS;
In honor of Ellen Sheppard

Meredith W. Large NUR '05
Edith Poston Larsen NUR '58;
Elinor Caddell Scholarship; In memory
of Linda Patton Nance & in honor of
Ellen Sheppard
Patricia E. McCrary RT '76;
Susan Stricker Scholarship
Susan M. McGann RT '13
Jo Ann Shoaf Miller NNUR '54;
In memory of Hazel Solomon
Karen Hill Miller, CCHS Teammate;
In honor of Ellen Sheppard
Brice B. Mitchell RT '10
Debra Plousha Moore, Friend of CCHS;
In honor of Ellen Sheppard
Phyllis Walters Mork NUR '61;
In honor of Ellen Sheppard
Janice McNeely Morrison MT '75
Barbara F. Morton RT '66
Patti Moughan RT '13
Christine Gibson Nance NUR '58;
Elinor Caddell Scholarship in memory of
Linda Patton Nance
Evelyn Stutts Owen NUR '03
Marjorie Reynolds Pappaioanou NUR '63;
In memory of Ann Wheeler Saline
Hilda Hine Patterson NUR '54;
Elinor Caddell Scholarship & in honor of
Ellen Sheppard
Christine Lane Potts NUR '64;
In memory of Ann Saline & in honor of
Ellen Sheppard
Mary Faye Williams Proctor NUR '56
Gail Falls Rogers NUR '56;
Elinor Caddell Scholarship
Susan E. Roux, CCHS Teammate;
In honor of Ellen Sheppard
Mary Ann Selzer Sanford NUR '50
Alva Goodman Sells NUR '58;
In memory of Janice Blount Smith and
Linda Patton Nance
Kelly D. Shirley, CCHS Teammate;
In honor of Ellen Sheppard
Timothy S. Sigmon RT '83
Elizabeth "Kit" Sluder NUR '93;
In honor of Ellen Sheppard
Carol McAdams Smith NUR '63
Brandy N. Smith NUR '07
Shelia Smith MT '83
Rebecca T. Taylor NUR '07
Gretchen Mortimore-Thill NUR '14
Valerie G. Thomas, Friend of CCHS;
Marilyn Gaffney Scholarship in honor of
Ellen Sheppard
Eleonore H. Wanner NUR '09
Swannika Ward NUR '12
Louise Lee Warren NUR '53;

In honor of Ellen Sheppard and
Mary Blake Warren
Ellen Young Watson NUR '50
Kristin M. Watson ST '12
Brenda F. West NUR '62;
In honor of Ellen Sheppard
Deborah S. Wheeler, Friend of CCHS;
In honor of Ellen Sheppard
Frances Bass White NUR '50; In honor of
Ellen Sheppard
Jeanette Blount Williams NUR '58;
In memory of Janice Blount Smith and
Linda Patton Nance
Conelia Williams Zeedick NUR '58;
In memory of Linda Patton Nance

SUPPORTER (UNDER \$100)

Myriam A. Adams NUR '14
Elaine Alexander, Friend of CCHS;
Rad Tech Conference
Barbara Porter Allred NUR '63
Michelle Alwerdt NUR '14
Dianne S. Audette NUR '05
Patricia E. Baker MT '71;
In honor of Kathleen Yount
Barbara Howie Blankenship NUR '67
Sallie Baker Beam NUR '64;
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Patsy Welch Black RT '66
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In honor of Sue W. Thorton
Vicki M. Blaney NUR '14
Vicki L. Blazer RT '74;
In honor of Ellen Sheppard
Carrie Boggess NUR '14
Drew Bolyard NUR '13
June Lashmit Booth NUR '57
Alisha J. Borchardt RT '08;
Susan Stricker Scholarship in honor of
Susan Stricker, Patty McCrary,
Lucy Davison, Doug Frankenburg
MK Brennan NUR '96;
In honor of Ellen Sheppard
Jane G. Bridges NUR '05
Faye Cloninger Bridges NUR '59
Audrey Greer Bridges NUR '51;
In honor of Ellen Sheppard
Alisha Brinkley NUR '14
Peggy Phillips Burdiss NUR '62;
In memory of Carol Thornburg Drum
Barbara J. Busey, Member,
CCHS Board of Directors;
In honor of Ellen Sheppard
Beth M. Caber NUR '94
Nikki M. Carter NUR '09
Betty Crider Chastain NUR '54;
Elinor Caddell Scholarship

Tatyana Chechun NUR '09
Pamela D. Christian, CCHS Teammate;
In honor of Ellen Sheppard
Celeste C. Colcord, Friend of CCHS
In honor of Ellen Sheppard
Libby Lewter Cole NUR '59
Jennifer Connor MT '10
Jean Huffman Connor NUR '57;
In honor of Ellen Sheppard
Lois A. Cook, CCHS Teammate;
In honor of Ellen Sheppard
Kyle D. Cook RT '11;
Susan Stricker Scholarship
Pamela M. Cornell NUR '11
Ann F. Cox NUR '67
Nicole M. Cracknell NUR '09
Mozelle Long Crawford NUR '53;
Ellen Sheppard Scholarship in memory of
Hazel Solomon
Letitia C. Crite NUR '02
Sandra Dendy Cross NUR '67
December Daugherty NUR '03
Betty McAbee Davidson NUR '54;
Connie Anderson Scholarship and in
honor of Ellen Sheppard
Gardenia C. Davis ST '03
Helen C. Deal NUR '52
Lucy T. Dean, Friend of CCHS;
In honor of Ellen Sheppard
Kimberly S. Denbroeder NUR '00
Barbara DeSilva, Friend of CCHS;
In honor of Ellen Sheppard
Cathy T. Dewart NUR '05
Jane W. Disher NUR '57;
In honor of Ellen Sheppard
Katherine J. Dodson NUR '14;
In honor of Ellen Sheppard
Ruby Keller Dover NUR '64;
In memory of Hazel Solomon
David A. Drevlow NUR '05
Katie A. Baron-Duncan NUR '12
Elsie Deese Dye NUR '54
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of Ellen Sheppard
Magda Echeandia NUR '12
Elizabeth A. English NUR '07
Loudivene W. Eubanks NUR '58;
In memory of Linda Patton Nance
Kim E. Eul NUR '98
Amy J. Faile RT '05;
Susan Stricker Scholarship
Angela M. Ferrell RT '01
Lauren E. Fiederlein NUR '11
Joseph W. Forquer, Friend of CCHS;
In honor of Ellen Sheppard

Dorothy B. Fowler NUR '11;
In memory of Bill Ballard
Stephanie L. Frey NUR '08
Dawn M. Froneberger NUR '13
Michael L. Fusco NUR '07
Aline M. Gaines NUR '13
Heather A. Gaines NUR '14
Elizabeth C. Garmon NUR '93;
In memory of Dianne Corder
Rachael M. George NUR '11
Vivian Auman Gilliam NUR '54;
In honor of Ellen Sheppard
Teresa Greene NUR '16
Melissa A. Gregg NUR '04
Shelby Grimm NUR '13
John L. Gundel NUR '14
Nancy Coffey Haas NUR '55
Margaret Joyce Harmon NUR '58;
In honor of Ellen Sheppard
Lindsay B. Harris RT '06;
Susan Stricker Scholarship
Alexandra Harrison NUR '13
Carolyn Baker Hefner NUR '57
Kristina Henderson NUR '07
James H. Hermann, Jr. NUR '03
Helen McMichael Hester NUR '52
Michelle S. Hicks NUR '03
Kayla Hill NUR '15;
Wilma Wright Crawford Memorial
Lending Library
Meredith S. Hirsch NUR '00
Lieu N. Hoang NUR '11
Jill Hobbs NUR '13
Doris Little Honeycutt NUR '50
Emma Almond Culp-Houston NUR '57
Victoria Al-Hussaini NUR '62
Christina James NUR '15
Sue Hege Jones NUR '67
Karol White Jones NUR '64;
In honor of Ellen Sheppard
Sally Prevatte Jones NUR '58
Brenda Herman Kanipe NUR '61;
In memory of Caroline M. Alderman
Whitney S. Kau NUR '13
Ann M. Keathley, CCHS Teammate;
In honor of Ellen Sheppard
Kelia G. Keeling MT '95
Stacey T. Kern NUR '14
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Hope C. LaVerde NUR '07
Megann N. Lay NUR '10
Lucy G. Lee MT '82
Janette Smith Lowman NUR '60;
In honor of children - Darell, Karen,
Cheryl, Suzy
Jennifer L. Mabry MT '94
Leslie M. Manley MT '94
Pamela C. Mason NUR '05
Tiffany C. McArthur NUR '06
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In honor of Ellen Sheppard
Ruth C. Mihal, CCHS Teammate;
In honor of Ellen Sheppard
Kelly F. Miller, Friend of CCHS
Peggy Carter Moore NUR '56;
In memory of Hazel Solomon
Shelby Kiser Moore NUR '61
Margaret Thomas Morgan NUR '58
Kristy L. Morley NUR '12
Marion Berryhill Morrow NUR '64
Barbara Snuggs Mosley NUR '64
Faye Cloer Mullis NUR '56;
In memory of Hazel Solomon
Hana M. Munkittrick NUR '15
Catina Murphy NUR '11
Nancy E. Murray NUR '54;
Elinor Caddell Scholarship
Ruby Poole Nance NUR '48
Grace McCarter Neinast NUR '45
Deronda Sellers Newsom NUR '55;
In honor of Ellen Sheppard
Robert Newton ST '13
Sally J. Osterhout NUR '96
Margaret Yongue Painter NUR '57
Amy G. Patrick NUR '05
Elizabeth Stinson Patterson NUR '55;
In memory of Ruth V. Pugh
Joseph C. Payne NUR 11
Joey H. Pham MLS '07
April Hager Phillipi NUR '58,
Elinor Caddell Scholarship;
In memory of Linda Patton Nance
Kayla P. Phillips NUR '09
Peggy Snow Piccioli NUR '53
Rae G. Ploutz RT '07
Jill M. Powell, CCHS Teammate;
In honor of Ellen Sheppard
Marina Prannik NUR '10
Lynnette M. Pritchard RT '60
Cheryl L. Pulliam, CCHS Teammate;
In honor of Ellen Sheppard
Wade H. Putnam, III NUR '94;
In honor of Ellen Sheppard
Mandi H. Raines NUR '14
Lucia Resende NUR '11
Heather L. Rimmer NUR '08
Jennifer Rivituso RT '14
Deborah R. Robinette NUR '05
Courtney Rosenthal NUR '12
Carolyn Caskey Rotman NUR '63
Myra Stewart Rounds RT '67
Atha Tucker Russell NUR '49
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Hallie Sanchez Sparrow NUR '15;
In honor of Ellen Sheppard
Linda C. Santiago, Friend of CCHS
Natalie Savoie NUR '14
Alberta Wright Scoggins NUR '59
Sarah W. Shaffer, Friend of CCHS
Kimberly M. Shaw MLS '11
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Mary Ann Jordan Simpson NUR '60;
Elinor Caddell Scholarship
R. Jared Smith, CCHS Teammate;
In honor of Ellen Sheppard
Lauren C. Smith NUR '09
Matthew H. Smith NUR '12
Stephanie M. Smith RT '14
Melissa M. Smith NUR '14
Vera Thompson Smith NUR '60
Amber N. Smith NUR '02
Dr. Dianne O. Snyder, CHS Teammate;
In honor of Ellen Sheppard
Emily P. Spencer NUR '13
Kristin N. Stapleton NUR '15
Cathleen A. Stenger NUR '14
Mary Ann Dillard Stewart NUR '51;
Elinor Caddell Scholarship
in memory Barbara B. Aycock &
in honor of Ellen Sheppard
Van L. Sullivan NUR '10
Cassandra M. Swiger NUR '14
Alicia S. Tardugno NUR '07
Holly Thomas NUR '15
Alison M. Thornburg NUR '13
Jena S. Tisdale MLS '14; Scholarships
Alan Tobias NUR '05
Katherine Stewart Townsend NUR '51;
In honor of Mary Ann Dillard Stewart,
in memory of Barbara Baumgardner
Aycock; Ellen Sheppard
Alumni Assoc. Scholarship
Garett C. Trumpower NUR '94
Angelia K. Turner NUR '94
Ashley M. Vernatter MT '07
George Vuong MLS '12
Sandra F. Wallace RT '61
Mary Ann Earley Watson NUR '62
Janet L. Watson RT '05;
In honor of Susan Stricker
Sue McRee Watson NUR '53
Elizabeth Webb NUR '13

2016 DONORS (continued)

Margaret P. Westmoreland MT '71;
Mauney Scholarship
Lexine Allen White NUR '53;
In memory of Emma Allen Gupton
Whitney White RT '09
Amy W. Williams NUR '15
Vivian Bailey Williams MT '63
Ellen Beam Wilson NUR '53

Victoria E. Wilson RT '96;
In honor of Susan Sticker
Gail S. Wilson RT '14
Stacey W. Wilson MT '95
Jennifer S. Wilson NUR '07
Scott M. Winslow NUR '96
Katie Harper Wittbrodt NUR '58
Sarah Sparks Womack NUR '48

Alice Hallyburton Wood NUR '56;
In honor of Ellen Sheppard
Janice Gibson Wright NUR '51
Teresa R. Wyatt MT '04
Tonia D. Zimmerman NUR '98;
In honor of Ellen Sheppard

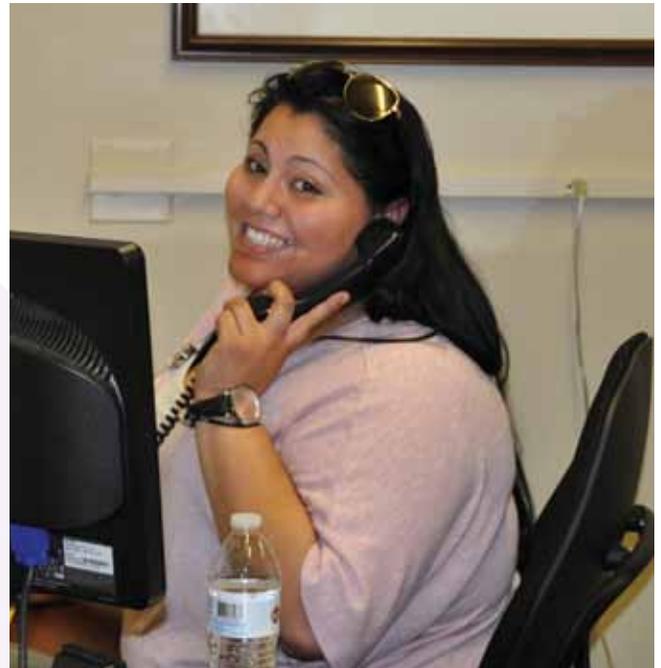
Phone-a-thon Progress Report

The 2016 spring phone-a-thon is proving to be one of the best ever!

While donations are still coming in – we project our total by year-end to be over **\$19,000**. This is all thanks to our generous alumni.

THANK YOU

– We truly value your support!



ALUMNI EVENTS

2016

December 16

Graduation

3:00pm at Pritchard Memorial Baptist Church

2017

February 21

Alumni Association Event – Let's Do Dinner!

Location to be Determined

Rather than have our regular February Alumni Association meeting - let's do dinner instead! We'll reserve a private area at a local restaurant for an informal, self-pay dinner. Stay tuned for more details...

April 20

Alumni Trip: Highlights of England, Scotland and Ireland

For more information, see page 16.





Carolinan College of Health Sciences

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f | 704-355-5967

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