

Application Requirements

- Contact program director, David Aiken, for admission deadlines at 704-291-7755 or email david.aiken@carolinashealthcare.org.
- Provide a curriculum vitae reflecting your professional education, postgraduate continuing education, work experience, professional association affiliations and activities, honors and awards, presentations and publications. Work history should include type of facility, most common disorders treated, percent FTE, and additional non-patient care responsibilities if applicable.
- Provide three letters of recommendation. One letter must be from a professional colleague or supervisor. If you are a recent graduate, include a recommendation from one of your clinical instructors.
- Complete an essay addressing your reasons for pursuing a clinical residency and for selecting the program at Carolinas Rehabilitation, and your professional goals subsequent to completion of this residency.
- Selected applicants will be required to visit the campus for an interview prior to final selection.



Orthopaedic Physical Therapy Clinical Residency Program



Carolinas Rehabilitation

Uncompromising Excellence. Commitment to Care.

1100 Blythe Blvd.
Charlotte NC 28203
704-355-3558
www.carolinasrehabilitation.org



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Excellence in Orthopaedic Physical Therapy

Carolinas HealthCare System (CHS) and Carolinas Rehabilitation offer an orthopaedic clinical residency program designed to train physical therapists in advanced orthopaedic physical therapy care in an outpatient setting.

Program Description

Carolinas Rehabilitation's Orthopaedic Physical Therapy Residency is a full-time, one year program that begins in July. Residents are employed by CHS and receive a program-adjusted salary that includes a full benefits package. Residents provide patient care 28-30 hours per week, including 3-4 hours per week co-treating with a faculty mentor. Educational pursuits in a classroom setting, teaching lab, specialty clinics and library or self-study will occupy the resident's remaining time.

The curriculum of this residency program is based on the *Orthopaedic Physical Therapy: Description of Specialty Practice* and provides advanced training in examination, clinical decision-making, medical management and manual therapy-based orthopaedic treatment skills. The curriculum combines didactic learning, mentorship experience and individual study and project completion. One of the primary goals of the program is to seek and achieve APTA credentialing.

Residents will benefit from the wealth of resources available at Carolinas HealthCare System and have the opportunity to work closely with an excellent staff of medical practitioners and physical therapists possessing a wide variety of advanced training.

Completion of this program will prepare you for:

- Advanced orthopaedic physical therapy practice
- Orthopaedic manual physical therapy fellowship
- APTA's OCS examination
- Efficient patient management
- Evidence-based practice

Organization Information

Carolinas HealthCare System includes 32 affiliated hospitals in North and South Carolina. As one of the leading healthcare systems in the Southeast, Carolinas HealthCare employs some 1,400 physicians and serves patients at more than 500 care locations including physician practices, nursing homes, surgical and rehabilitation centers, home health agencies and other facilities. These operations comprise more than 6,300 licensed beds and employ some 44,000 people.

Carolinas Rehabilitation offers the most extensive network of quality rehabilitation care in the Charlotte region. The outpatient rehabilitation division consists of 11 facilities located throughout Charlotte and the surrounding area. Several of these sites emphasize the management of orthopaedic, industrial and sports conditions, while others offer expertise in areas such as neurological diagnoses, pediatrics and women's health. At the forefront of Carolinas Rehabilitation efforts is its Department of Physical Medicine and Rehabilitation, the largest board-certified physiatry practice in the Southeast with its own fully accredited residency program.

Program Mission

Carolinas HealthCare System is dedicated to creating and operating a comprehensive system to provide healthcare and related services, including education and research opportunities, for the benefit of the people served. In accordance with that mission, Carolinas Rehabilitation has developed a post-professional clinical residency program in orthopaedic physical therapy.

The mission of the program is to provide a post-professional clinical education experience that will accelerate and facilitate the attainment of advanced knowledge and skills in orthopaedic physical therapy. The program will emphasize an eclectic approach to patient management in order to develop highly skilled, compassionate, evidence-based rehabilitation practitioners who provide excellent patient management within specialty areas of clinical practice.

Eligibility Requirements

- Hold an entry level physical therapy degree
- Hold or be eligible to obtain a current North Carolina Physical Therapy license
- Meet requirements for employment by CHS as a physical therapist
- Commitment to learning
- New graduates with a demonstrated interest in orthopaedic physical therapy are eligible to apply. Post-entry level clinical experience in outpatient physical therapy is desirable.

To obtain information on licensing, contact

North Carolina Board of Physical Therapy Examiners
18 W. Colony Place, Suite 140
Durham, NC 27705
919-490-6393 / 800-800-8982
Fax 919-490-5106
www.ncptboard.org

Contact Person

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Faculty

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Kristi Maguire, PT, Dip. MDT
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