

Occupational Therapy Services

Mastectomy/Breast Augmentation

Patient Symptoms

- Decreased range of motion
- Lymphedema
- Increased scar tissue
- Numbness
- Fatigue
- Increased stress/depression

Occupational Therapy Intervention

- Range of motion
- Lymphedema treatment (*sites limited)
- Sensory reeducation
- Scar management
- Patient education on:
 - Energy conservation
 - Stress management
 - Body mechanics
 - Lymphedema precautions
 - Home exercise program

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Carolinas Rehabilitation- Monroe

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