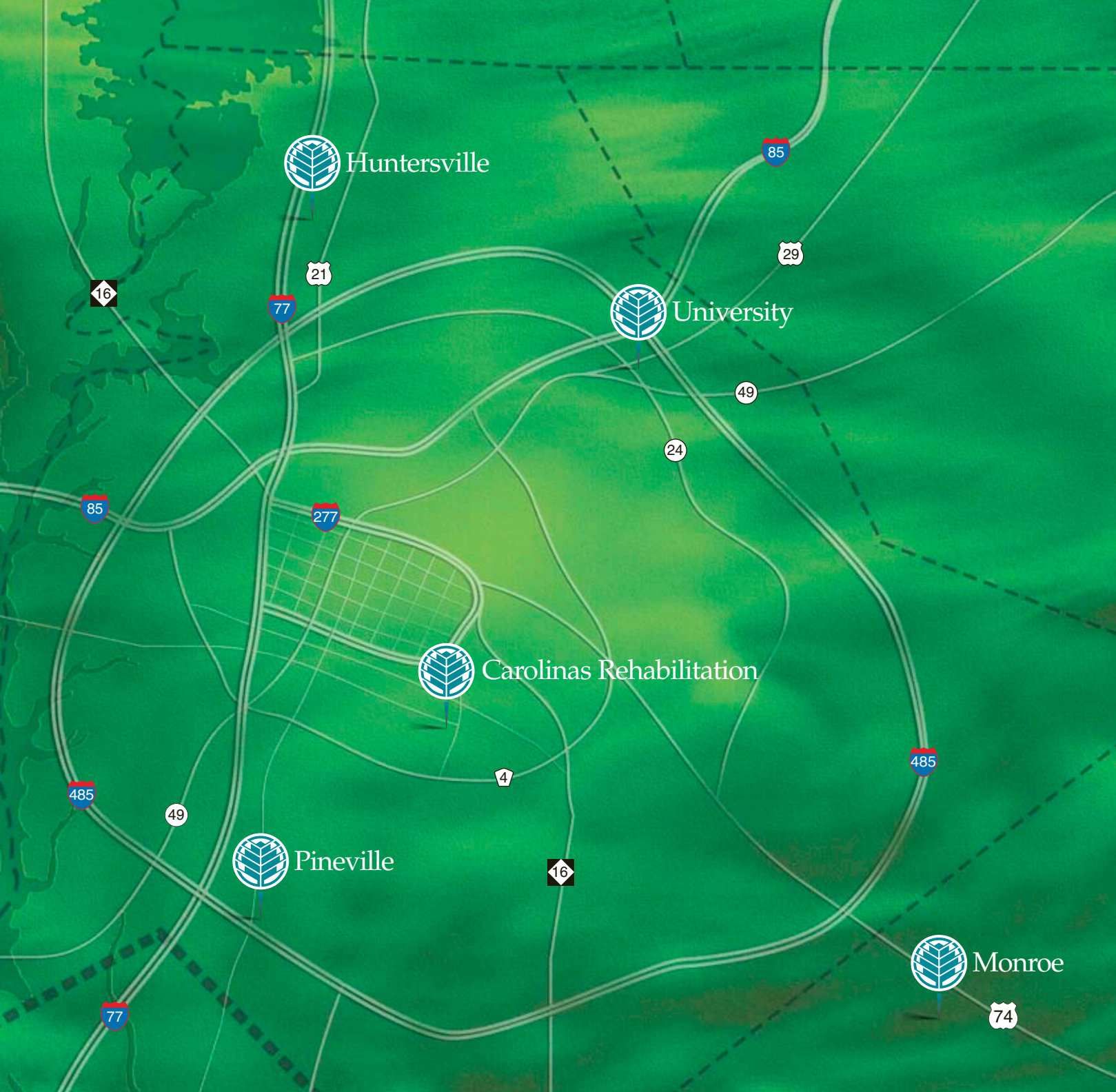




Carolin Rehabilitation

Occupational Therapy



Carolin Rehabilitation
1100 Blythe Blvd.
Charlotte, NC 28203

Monroe
1106 Reynolds St.
Suite 200
Monroe, NC 28112

Pineville
10620 Park Rd.
Suite 200
Charlotte, NC 28210



Carolin Rehabilitation

704-355-3558
1-877-REHAB51 (1-877-734-2251)
www.carolinasrehabilitation.org

Huntersville
16455 Statesville Rd.
Suite 300
Huntersville, NC 28078

University
101 W.T. Harris Blvd.
Suite 5304
Charlotte, NC 28562

Carolinas Rehabilitation Occupational Therapy

Occupational therapy is part of Carolinas Rehabilitation, a nationally recognized healthcare network that provides comprehensive rehabilitative inpatient and outpatient services throughout the region.

Treatment Within Reach

Occupational therapy helps people gain back lost independence in routine living – mentally or physically – after experiencing

an illness or injury. At Carolinas Rehabilitation, we place emphasis on the social, emotional and physiological effects of an illness and injury to help our patients resume their lives interrupted by such conditions.



Occupational therapists treat a variety of conditions, including hand and work-related injuries; repetitive stress injuries; stroke or brain injuries; chronic conditions such as arthritis and multiple sclerosis; birth injuries; learning problems or developmental disabilities; burns; spinal cord injuries; amputation; fractures or other injuries from falls; sports injuries or accidents; and vision or cognitive problems threatening the ability to drive or perform daily activities.

Expertise Within Reach

As highly skilled and trained professionals, Carolinas Rehabilitation's therapists assist their patients in achieving independence in all aspects of their lives. To become an occupational therapist, a bachelor's, master's or doctorate degree must be earned and a professional license is required.

Personal Care Within Reach

On an initial visit to the occupational therapist, patients receive a complete and thorough evaluation of the critical areas affecting their daily functional activities. During the course of an occupational therapy session, patients receive personal care and attention from their occupational therapist. Therapy sessions are customized to help patients improve their abilities to perform daily activities, such as cooking or cleaning. A treatment program may



include manual techniques in conjunction with exercises and supplemental therapeutic methods such as ultrasound, electrical stimulation, heat or ice. Any treatment administered at Carolinas Rehabilitation includes education in therapy management of problem areas.

Frequently Asked Questions

How long is a typical appointment?

The first appointment is usually the longest because the occupational therapist conducts a thorough evaluation to determine the

extent of the patient's problems. This appointment may last up to an hour. Most additional treatment sessions will last only 30 to 45 minutes. The time sequence may vary depending on the complexity of the diagnosis and treatment.

How long does occupational therapy treatment last?

Each individual's case and circumstance is different; therefore, the length of time in therapy treatment depends upon what the individual needs to gain independence.

On the first visit, the therapist discusses which treatments his or her patient needs

and how long they should expect to be in therapy. Generally, patients are seen two to three times per week during a three to 12-week period.

Is occupational therapy covered by insurance?

Carolinas Rehabilitation accepts most major insurance plans. As with a visit to any physician, many insurance plans require a co-pay for each visit to an occupational therapy session. This co-pay varies according to individual insurance plans. A Carolinas Rehabilitation account representative verifies patient insurance benefits before beginning treatment.

Occupational therapy is *within your reach* with convenient locations throughout the region. For more information about occupational therapy, call Carolinas Rehabilitation at 704-355-3558 or 1-877-REHAB51 (1-877-734-2251).

