

## Cognition and Memory After Brain Injury

### **Brain Injury Rehabilitation: Managing Attention Deficits**

#### **HDI Professional Series, Volume 7**

Guare, R. (1996). HDI Publishers

800-321-7037

[www.braininjurybooks.com](http://www.braininjurybooks.com)

### **Brain Injury Rehabilitation: Management of Communication and Language Deficits**

#### **HDI Professional Series, Volume 20**

Ylvisaker, M. (1997). HDI Publishers

800-321-7037

[www.braininjurybooks.com](http://www.braininjurybooks.com)

### **Initiation Problems\***

Kay, R. J. (1994). *Communication Skill Builders, Inc.*

This article may be reproduced for instructional use.

### **Communication: Strategies for Success After Mild Traumatic Brain Injury\*+**

Project STAR (2008)

**877-962-7246**

### **Memory After A Brain Injury\***

Strategies to manage memory problems, information about different types of memory.

Lash & Associates Publishing/Training Inc.

[www.lapublishing.com](http://www.lapublishing.com)

**919-562-0015**

### **Memory Matters: Strategies for Managing Everyday Memory Problems**

West, D., & Niemeier, J. (2005)

National Resource Center for Traumatic Brain Injury (NRC for TBI)

Memory problems are common after brain injury which often leads to frustration as people struggle to perform everyday tasks. Memory Matters describes familiar problem situations and identifies steps to help manage difficulty with memory and new learning.

<http://www.neuro.pmr.vcu.edu/material/2005catalog/memory.htm>

### **Neuropsychological Evaluation\***

National Academy of Neuropsychology, Inc.

[patientinformation.org](http://patientinformation.org)

### **Practical Suggestions for Problem Solving and Social Communication\***

Yohman, R. (Summer 1998). *Brain Injury Source*, Volume 2, Issue 3.

[www.lrssl.com/biaa/bookstore.asp#BrainInjurySource](http://www.lrssl.com/biaa/bookstore.asp#BrainInjurySource)

## Cognition and Memory After Brain Injury

## **TBI Education and Resources**

A planner and organizer for survivors and their families. Binder utilizes sections and strategies to assist with various stages of recovery. Eight sections include schedules, treatments tasks/goals, journals, checklists, reminders, etc.

Lash & Associates Publishing/Training Inc.

[www.lapublishing.com](http://www.lapublishing.com)

**919-562-0015**

**Physical Changes After Brain Injury**

**Post-Traumatic Fatigue\***

*Heads Up*

Carolinas Traumatic Brain Injury Rehabilitation & Research System/NIDRR

**877-962-7246**

<http://www.carolinasrehabilitation.org>

**This is Your Wake Up Call...Sleep Problems After Traumatic Brain Injury\***

*Heads Up*

Carolinas Traumatic Brain Injury Rehabilitation & Research System/NIDRR

**877-962-7246**

<http://www.carolinasrehabilitation.org>

## TBI Education and Resources

### Substance Abuse After Brain Injury

#### **Brain Injury and Substance Abuse: The Cross-Training Advantage\***

Video and supporting manual about cross-training advantages in the fields of brain injury and substance abuse.

Pdf available for download free. Both the video and manual can be copied free of charge.

Toronto ABI Network

[www.abinetwork.ca/bisamanual.htm](http://www.abinetwork.ca/bisamanual.htm)

#### **Screening for Alcohol Problems Among Persons with TBI\***

Bombardier, C. and Davis, C.

*Brain Injury Source*. (Fall 2001). Volume 5, Issue 4.

<https://www.lrssl.com/biaa/bookstore.asp#BrainInjurySource>

#### **Substance Abuse and Traumatic Brain Injury**

##### **Living with Brain Injury (2004)**

*SynapShots*

[www.synapshots.org](http://www.synapshots.org)

#### **Substance Abuse Issues after Traumatic Brain Injury\***

##### **Living with Brain Injury (2004)**

Brain Injury Association of America (BIAUSA)

Booklets available for download or may be purchased for \$3 each.

**703-761-0750**

[www.biausa.org/aboutbipubs.htm#s](http://www.biausa.org/aboutbipubs.htm#s)

## **Caregiver Support**

### **Brain Injury Rehabilitation: The Role of the Family in TBI Rehab HDI Professional Series, Volume 19**

Guth, M.(1996). HDI Publishers  
800-321-7037  
[www.braininjurybooks.com](http://www.braininjurybooks.com)

#### **Care Notes\***

##### **Project STAR**

Carolinas Rehabilitation  
1100 Blythe Blvd.  
Charlotte, NC 28203  
[www.bianc.net](http://www.bianc.net)

#### **Coping with Brain Injury: An Approach for Spouses\***

Greer, J.A. & Philbrick, P. (Fall 2001). *Premier Outlook*, Volume 2, Issue 2.  
[www.premier-outlook.com/](http://www.premier-outlook.com/)

#### **Planning for the Future\***

##### *Heads Up*

Carolinas Traumatic Brain Injury Rehabilitation & Research System/NIDRR  
**877-962-7246**  
<http://www.carolinasrehabilitation.org>

#### **Additional Resources on the Internet:**

[www.caregiver.com](http://www.caregiver.com)  
[www.thefamilycaregiver.org](http://www.thefamilycaregiver.org)  
[www.caregiverslibrary.org](http://www.caregiverslibrary.org)  
[www.caregiving.org](http://www.caregiving.org)

## TBI Education and Resources

### Military and Veterans

#### Fact Sheet\*

##### **Defense and Veterans Brain Injury Center**

Information about the Defense and Veterans Brain Injury Center (DVBIC) and brain injury. Includes information about services provided by DVBIC.

[www.dvbic.org](http://www.dvbic.org)

**800-870-9244**

#### **Providing Care for Soldiers and Veterans with Traumatic Brain Injury\***

##### **Defense and Veterans Brain Injury Center**

Brochure about the Defense and Veterans Brain Injury Center (DVBIC) and brain injury. Includes information about services provided by DVBIC.

[www.dvbic.org](http://www.dvbic.org)

**800-870-9244**

#### **3 Question DVBIC TBI Screening Tool and Instruction Sheet\***

##### **Defense and Veterans Brain Injury Center**

A screen used by the Defense and Veterans Brain Injury Center (DVBIC) to identify service members who may need further evaluation for mild traumatic brain injury (MTBI).

[www.dvbic.org](http://www.dvbic.org)

**800-870-9244**

#### **Veterans Resources\*+**

##### **Project STAR**

List of resources, information and options available to veterans in North Carolina.

**800-634-2256 ext 51502**

## TBI Education and Resources

### Cultural Diversity

#### **Cultural Diversity in Healthcare\***

SkillPack DHHS/MH/DD/SAS and Project ACCESS.

This article may be reproduced for instructional use.

[www.bianc.net](http://www.bianc.net)

#### **Traumatic Brain Injury in Gay and Lesbian Persons: Practical and Theoretical Considerations\***

O'Dell, M. W. & Riggs, R.V.

*Brain Injury Source*. (Summer 2001). Volume 5, Issue 3

[www.lrssl.com/biaa/bookstore.asp#BrainInjurySource](http://www.lrssl.com/biaa/bookstore.asp#BrainInjurySource)

## TBI Education and Resources

### Resources

#### **Brain Injury Resource Directory**

##### **Project STAR**

Carolinas Rehabilitation  
1100 Blythe Blvd.  
Charlotte, NC 28203

#### **Brain Injury Resource Guide for Survivors and their families\*+**

##### **Project STAR**

Carolinas Rehabilitation  
1100 Blythe Blvd.  
Charlotte, NC 28203

#### **Community Opportunities for Individuals Who Have Experienced Brain Injury and their Families \***

##### **Project STAR**

Carolinas Rehabilitation  
1100 Blythe Blvd.  
Charlotte, NC 28203

#### **Developing Opportunities for Individuals with Traumatic Brain Injury Through Community Partnerships\*+**

##### **Project STAR**

Carolinas Rehabilitation  
1100 Blythe Blvd.  
Charlotte, NC 28203

#### **How to Start A Brain Injury Support Group\***

##### **Project STAR**

Carolinas Rehabilitation  
1100 Blythe Blvd.  
Charlotte, NC 28203

[www.bianc.net](http://www.bianc.net)

#### **Resource Book**

Brain Injury Association of North Carolina (BIANC)

**800-377-1464**

[www.bianc.net](http://www.bianc.net)



**Resources**

**Additional Resources on the Internet:**

- **Brain Injury Association of America**  
[www.biausa.org](http://www.biausa.org)
- **Family Support Network of North Carolina**  
[fsnc.med.unc.edu/](http://fsnc.med.unc.edu/)
- **Social Security Administration**  
[www.ssa.gov](http://www.ssa.gov)
- **North Carolina Council of Community Programs**  
[www.nc-council.org/](http://www.nc-council.org/)
- **North Carolina Guardianship Association**  
[nc-guardian.org](http://nc-guardian.org)
- **North Carolina Department of Social Services**  
[www.ncdhhs.gov/dss](http://www.ncdhhs.gov/dss)
- **North Carolina Division of Vocational Rehabilitation**  
[dvr.dhhs.state.nc.us](http://dvr.dhhs.state.nc.us)

## TBI Education and Resources

### Brain Injury Support Groups\*\*

\*\**Support Group information is subject to change.* Please contact one of the **Brain Injury Association of North Carolina Family and Community Support Offices** for additional information.

<u>Asheville</u>	<u>Charlotte</u>	<u>Greenville</u>	<u>Raleigh</u>
1-866-890-7801	1-877-962-7246	1-800-697-3115	1-800-377-1464

<b>Anson County (Wadesboro area)</b>	<b>704-694-3156</b>
<i>Anson County BI and Cognitive Disability Group</i>	<b>704-695-3233</b>
Nancy Capel/Cynthia Furr	

<b>Asheville</b>	<b>828-277-4868</b>
<i>Smoky Mountain Brain Injury Support Group</i>	
Karen Harrington	

<b>Cary</b>	<b>919-231-3325</b>
<i>Cary Hospital Support Group</i>	<b>919-460-9094</b>
Leslie Johnson/David Baack	

<b>Chapel Hill</b>	<b>919-966-8813</b>
<i>UNC Rehabilitation Brain Injury Support Group</i>	
Karla Thompson	

<b>Charlotte, NC</b>	
<i>Carolinas Rehabilitation Inpatient/Outpatient Family Care</i>	<b>704-355-1502</b>
Peggy Philbrick	

<i>Charlotte Area Brain Injury Association</i>	<b>704-355-1502</b>
Carolinas Rehabilitation	
Sally Rickard	

<i>Couples Night Out Support Network</i>	<b>704-355-1502</b>
Peggy Philbrick	

<i>Spouse Support Group</i>	<b>704-355-1502</b>
Peggy Philbrick	

<b>Cleveland County</b>	<b>704-434-5624</b>
<i>BI Support Network</i>	
Carolyn Costner	

<b>Concord, NC</b>	<b>704-888-4110</b>
<i>Concord Area Brain Injury/Spinal Cord Injury Support Network</i>	
Margaret Love/Gayle Pittman	

## TBI Education and Resources

### Brain Injury Support Groups\*\*

\*\**Support Group information is subject to change.* Please contact one of the **Brain Injury Association of North Carolina Family and Community Support Offices** for additional information.

<u>Asheville</u>	<u>Charlotte</u>	<u>Greenville</u>	<u>Raleigh</u>
1-866-890-7801	1-877-962-7246	1-800-697-3115	1-800-377-1464

**Durham** 919-529-1241  
*Durham Brain Injury Support Group*  
Shani Cohen

**Fayetteville** 910-486-1101  
*Fayetteville Brain Injury Support Group*  
Ellen Sherling-Morales

**Fort Bragg** 910-907-7898  
Beth Thomson

**Gaston/Lincoln County** 704-884-2500  
*To Be Included*  
Shirley Moore

*Brain Injury and Stroke Support Group* 704-671-5738  
Tracy Iradi

**Goldsboro** 800-697-3115  
*The Overcomers*  
*Brain Injury Rehab That Helps*

**Greensboro** 336-832-7450  
*Greensboro Brain Injury Support Group* 336-319-2214 (pager)  
Lucy Hoyle

**Greenville, NC** 800-697-3115  
*Down East Survivors*  
Cynthia Asby/Darlene Wetzel

*Pediatric Support Group* 252-847-6971  
*for the Brain Injured Child and their Families*  
Montigne Hassett

**Henderson** 252-738-0707  
*Kerr Lake Brain Injury Support Group*  
Mike Scott

## TBI Education and Resources

### Brain Injury Support Groups\*\*

\*\**Support Group information is subject to change.* Please contact one of the **Brain Injury Association of North Carolina Family and Community Support Offices** for additional information.

<u>Asheville</u> 1-866-890-7801	<u>Charlotte</u> 1-877-962-7246	<u>Greenville</u> 1-800-697-3115	<u>Raleigh</u> 1-800-377-1464
------------------------------------	------------------------------------	-------------------------------------	----------------------------------

**Hickory** **828-304-9096**  
*Catawba Valley Brain Injury Association*  
Crystal Podger/Pat Benfield

**High Point** **336-887-0745**  
*Brain Injury Alliance of High Point* **336-885-7627**  
John Peeler/Kitty Barringer

*Brain Boosters Support Group* **336-889-7922**  
Diane Rankin

**Jefferson** **336-246-4542**  
*High Country Brain Injury Support Group*  
Wylene Taylor

**Lenoir/Caldwell County** **828-758-0463**  
*Foothills Area Brain Injury Support Group*  
Please call Pam Gilbert

**Lincolnton**  
*Lincolnton Brain Injury Support Group* **704-735-5633**  
Melody Thompson/Ruby Vincent

**Mooresville/Lake Norman** **704-224-6069**  
*Lake Norman Brain Injury Support Network*  
Sylvia Whitmire

**New Bern** **252-514-2918**  
*Coastal Brain Injury Support Group* **252-670-6625** cell  
Amy Davis

**Raleigh** **800-377-1464**  
*Triangle Brain Injury Support Group*  
Monica McGrath

## TBI Education and Resources

### Brain Injury Support Groups\*\*

**\*\*Support Group information is subject to change.** Please contact one of the **Brain Injury Association of North Carolina Family and Community Support Offices** for additional information.

<b><u>Asheville</u></b> 1-866-890-7801	<b><u>Charlotte</u></b> 1-877-962-7246	<b><u>Greenville</u></b> 1-800-697-3115	<b><u>Raleigh</u></b> 1-800-377-1464
-------------------------------------------	-------------------------------------------	--------------------------------------------	-----------------------------------------

**Rocky Mount** **252-451-3704**  
*Over the Bridge Brain Injury and Stroke Support Group*  
Emily Ellis, LCSW

**Stanly County** **704-485-2483**  
*BITS of Stanly County*  
Oakboro, NC  
Margaret Owen

**Statesville** **704-528-0399**  
*Surviving Angels*  
Kim Munro

**Sylva** **828-497-5786**  
*TBI of the Mountains*  
Joy McMillan

**Union County** **704-355-1502**  
*Union County Area Brain Injury Support Network*  
Peggy Philbrick

**Wilmington** **910-815-5618**  
*Wilmington Brain Injury Support Group* **800-778-7033**  
Vance Williams/Jayne Sanderson

**Winston-Salem** **336-718-3407**  
*Back On Track* **336-718-5736**  
Robin Alexander/Lilana Hines

## TBI Education and Resources

HRSA 2008

14

\*Indicates printed copies included in packet

+Indicates article included in attached folder, *TBI Information*

