



# Carolinas HealthCare System

## IMPORTANT INFORMATION REGARDING CHANGES ASSOCIATED WITH NON-MEDICARE PHYSICALS

Carolinas HealthCare System practices comprehensive medical care focused on prevention as well as evaluation and management of your diseases, complaints and concerns.

Insurance companies now dictate how physicians code and therefore bill for these services. There are two visit types that you need to be aware of that define office encounters, Preventive Physical Exams (Annual Exams) and Office Visits (Evaluation and Management Encounters, E&M Services)

### A. Preventive Physical Exams (Annual Exam)

<p>This is usually a visit/encounter to review preventive health issues such as:</p> <ul style="list-style-type: none"> <li>• Past Medical History</li> <li>• Interim medical history since last physical exam (including last colonoscopy/mammography)</li> <li>• Immunizations</li> <li>• Health habits/Diet</li> <li>• Sleep pattern</li> <li>• Pertinent Family History</li> <li>• Review of Systems</li> <li>• Thorough physical exam including Pap Smear and necessary lab work</li> <li>• Birth control counseling</li> </ul>
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This visit **is not** designed to address specific complaints or to manage known medical problems. It's designed to educate you on changes you can make to live a healthier life and to identify potential health problems early.

### B. Office Visits (Evaluation and Management Encounters, E&M Services)

<p>This encounter is designed for the evaluation and management of single or multiple complaints or disease processes (existing and/or new) such as:</p> <ul style="list-style-type: none"> <li>• Headaches</li> <li>• Gynecological Problems</li> <li>• High Blood Pressure</li> <li>• Thyroid problems</li> <li>• Decreased Libido</li> <li>• Smoking Cessation</li> <li>• Insertion of IUD or other intradermal birth control</li> <li>• Depression</li> </ul>
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If during your preventive physical exam, you and your physician decide to include management of your existing and/or any new medical problems, **you will likely be charged for both the preventive physical exam and the office visit.** Depending on your insurance benefit, you may be required to pay the higher specialist copay and/or these charges may be applied to your out-of-pocket expenses such as deductible or co-insurance.

You will be responsible for any services rendered today that are not covered by your insurance carrier. It is important for you to understand your individual insurance benefit coverage because each carrier processes claims differently.

Thank you for choosing Carolinas HealthCare System as your healthcare provider, please let us know if you have any questions.

Patient's Name (Printed) \_\_\_\_\_ Date \_\_\_\_\_

Patient's Signature \_\_\_\_\_