



Carolinas Rehabilitation

# Brain Injury Services & Research

*B*rain injury services and research are part of Carolinas Rehabilitation, a nationally recognized healthcare network that provides comprehensive rehabilitative inpatient and outpatient services throughout the region. Research efforts at Carolinas Rehabilitation focus on generating knowledge that will support the integration of individuals with traumatic brain injury (TBI) disabilities into their communities.



**WITHIN  
YOUR  
REACH**





## Support Within Reach

Patients affected by a brain injury are cared for throughout their lifetime at Carolinas Rehabilitation. In addition to inpatient and outpatient therapy programs, research and development programs such as the TBI Model System and Project STAR exist to assist individuals affected by brain injury and enhance their quality of life.

## Model Systems Within Reach

Research efforts at Carolinas Rehabilitation focus on generating knowledge that will support the integration of individuals with TBI disabilities into their communities. Carolinas Rehabilitation is honored to be one of 16 centers in the United States named a TBI Model System by the National Institute on Disability and Rehabilitation Research. This involvement allows access and participation in a national database for the purpose of sharing knowledge about recovery following TBI, long-term problems and TBI-related medical issues. The result of such research and access to information helps to improve rehabilitation outcomes among the TBI population. Participation in this research

is voluntary, confidential and offered at no additional cost to the patient.

## Project STAR Within Reach

Project STAR is a community-based program that provides information, referrals, education, training and community programs to individuals with TBI and their families. It extends the expert services of Carolinas Rehabilitation beyond the hospital and into the community. The major focus areas of this program include:

**Education** – Project STAR provides information on brain injury to individuals with TBI and their families. Education and training regarding TBI and the effects of the injury is provided for service providers and other professionals in the community. And, an information and resource library is available with TBI-related information.

**Support and Advocacy** – Project STAR assists individuals affected by TBI and their families with becoming aware of and accessing resources in their communities. We also advocate for services and opportunities for those affected by TBI at the local and state level.

**Community Collaborations** – Project STAR develops and supports community-based programs for individuals with TBI.

We provide assistance to community agencies interested in serving the TBI population with developing programs and



opportunities for those with TBI. Several agencies have received Project STAR assistance, including community parks and recreation departments, community colleges and Vocational Rehabilitation Independent Living. Active programs include:

- Life enrichment programs
- Volunteer programs
- Computer loan programs
- Community living classes

To access available support and services in North Carolina, contact the following:

Project STAR at Carolinas Rehabilitation  
704-355-1502  
Brain Injury Association of North Carolina  
1-800-377-1464  
NC Division of Developmental Disabilities  
919-715-2774

Brain injury services and research are *within your reach* at Carolinas Rehabilitation. For more information, call 704-355-1502.

