



Treatment Philosophy

CMC-Randolph is committed to an evidence based, systematic approach to the ECT-assisted management of mental illnesses, monitoring and recording information about results and involving patients, families/supporters and referring practitioners in the decision-making process.

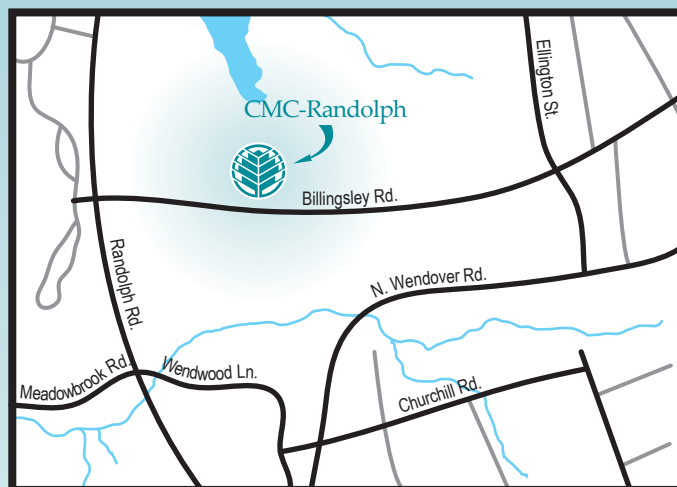
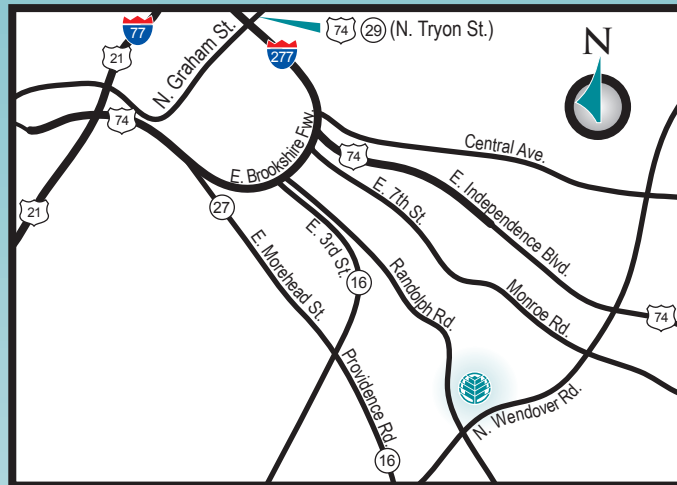
Patients will typically continue to see their referring providers while undergoing ECT treatments; our department functions primarily in a consultative role.

Our ECT staff work collaboratively with internal and external referral sources to ensure excellent communication between referring providers and our team, and to allow for a smooth transition upon discharge from the ECT service.

Commitment to service excellence and quality care for our patients, their families and their referral sources is our standard – not the exception.

Referrals and Admissions

Referrals may be made by primary care physicians and psychiatrists. Referrals and admissions may be made by calling **704-358-2927**.



Behavioral Health Center
CMC - Randolph

Uncompromising Excellence. Commitment to Care.

501 Billingsley Road | Charlotte, NC 28211
704-358-2927
www.cmc-randolph.org



CMC-Randolph ECT Services

Compassionate, comprehensive support
for persons with treatment-resistant
psychiatric conditions and their families



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CMC-Randolph ECT Services

Our Electroconvulsive Therapy (ECT) Program provides state-of-the-art evaluation and treatment for individuals with severe or treatment-resistant psychiatric conditions in the safe and secure environment of CMC-Mercy.

Program Features:

- Initial ECT evaluation by an ECT-trained psychiatrist
- Multidisciplinary team approach
- Board-certified psychiatrists with specialized training in ECT
- Psychiatric nurses with specialized training in ECT
- Anesthesiologist's evaluation of all patients and monitoring of all treatments. Other specialists consultation as needed. Services billed separately.
- Inpatient and outpatient (ambulatory) treatment
- Nursing assessments and interventions
- Patient and family education support
- Liaison with community psychiatrists and therapists
- Objective depression and memory testing
- ECT provided in a safe, secure and monitored environment



A team approach, consisting of psychiatrists, anesthesiologists, nurse anesthetists, ECT nurses and recovery nurses is used to ensure excellent service.

ECT at Carolinas HealthCare System is offered in a monitored setting using the most modern ECT equipment available. It is provided by specialists who hold advanced degrees and have broad experience and training. ECT services are often covered by Medicare, Medicaid and most insurance plans.

Advanced techniques such as stimulus titration and EEG monitoring are used to ensure the best possible outcomes while other modern techniques are used to reduce discomfort and memory loss to improve efficacy.

Treatment Options

Patients are referred by their current physician who contacts the ECT referral line and completes a simple one-page history form. Our multidisciplinary team will evaluate the patient to determine the recommended treatment course and any modifications to the treatment plan.

Physical examination, EKG, a comprehensive panel of laboratory assays and other tests are performed. Treatment recommendations are individualized to patient needs, preferences and any medical or psychiatric comorbidities.

We offer acute (or “index”) treatment for patients who are acutely ill, as well as continuation or maintenance ECT for relapse prevention.